

Denman COVID-19 Response Updates, April 16

Denman Medical Clinic

250-335-2260

Open Monday – Friday, 9:30 – 4:30. Call in advance. Most visits conducted entirely over the phone. Either Dr. Wilson or Dr. Brine are on duty (except Tues and Thurs mornings).

Physical distancing is strictly practiced. One patient in the clinic at a time. Patients are asked to wait in their cars after they've checked in until called.

If you are showing symptoms of COVID-19, please call the clinic for an assessment. You may be referred to the Comox Valley Hospital for a test. This will help protect the Denman population.

As of writing, there are no known cases of CV19 on Denman Island.

Hornby and Denman Community Health Care Society

lori@hornbydenmanhealth.com

250-898-0248

Home Care: this program continues but service has been modified to reduce direct contact when possible and to increase other supports. Call 250 792-5889.

Child, Youth and Family Services: Meredith, Mike and Sara are available to assist parents and youth with phone and online services. Call 250 898-0247 or check their facebook page.

Public Showers

The Guesthouse is offering showers. \$5.00/person. 9:00 a.m.– 5:00 p.m.

Ima's Kitchen—Bakery

imaskitchenbc@gmail.com/250-650-8037

Ima's is keeping the Denman Island General Store stocked with their breads (delivery days are Tuesday, Thursday, and Friday) and are happy to take orders for pick-up or delivery.

DICES—Community Programs

dices.communityprograms@gmail.com

250-335-2058

Computer and Internet Access: Contact DICES if you:

- Need a computer or tablet
- Need financial assistance to access internet
- Have a computer or tablet to donate
- Can offer technical support to reset computers

The CAP-site in the portable at the school is open Wednesday and Saturday 3-7 pm. There you can access computers, Wi-Fi and printer, and also our seed library.

Hampers

We deliver food hampers every Wednesday. To sign up for a hamper visit www.dices.ca or fill out a form outside the portable next to the school.

Food Bank

The food bank is located in the portable next to the school and is open for clients and food donors on Thursdays 3-7 p.m. To get a delivery from the food bank contact Community Programs by 7 p.m. on Wednesdays.

Donations

You can donate to DICES' COVID-19 response efforts, including the food bank, by e-transfer to dices.director@gmail.com, via www.canadahelps.org or at the General Store.

DICES would like to thank Wolfgang Rieder who generously supports its hamper program. It is reassuring that there is such generosity in our community.

Two Roads Farm

info@tworoadsfarm.ca/250-218-7623

The Farm Stand is closed; however, spring greens are available at The General Store and at the Old School on Saturdays from 9:30 a.m.-12:30 p.m. Kale, radishes, and carrots coming soon!

COVID-19 best practices: presanitized greens; hand washing station; one person at a time per tent at Old School. Also delivering to the Hornby Co-op. Contact Two Roads to order.

Denman Hardware Store

denmanhardware@gmail.com

Open 9-1 Monday to Friday and 10-1 Saturday; this is being assessed daily.

Hardware items and gardening supplies. No customers allowed in the store. Customers must maintain 2-metre/6-ft. distancing from one another, and from staff. Payment by card only, by tap through the glass. Email orders and requests are encouraged.

Earth Club Factory Store

store.earthclubfactory@gmail.com

250-335-2688

Open 8 a.m. - 1 p.m. daily (first small building beside the parking area).

Organic and non-organic baking supplies, dry & canned goods, juice, vegan & regular dairy, wellness products. Advance order by phone or email for pick-up, or drop by. Gloves and hand sanitizer available. Norie's Sushi available on Fridays. **Payment** by cash, debit or e-transfer. Donna uses gloves and mask as she pre-packages for pickup.

Also, you can order bulk items in advance; select from the catalogue at <https://www.horizondistributors.com/>. Pricing: Full item add 20%; smaller quantities, add 30%.

Outdoor coffee cart will launch this Friday!

Corlan Vineyard

250-335-9132/text 250-650-3534

Winery is open. Phone to arrange pick-up or delivery. Also available: some organic eggs; herbs, shrubs, trees and vines. Social distancing is being practiced.

The Shack N Wagon Take-out

250-335-2278

Open Friday, Saturday and Sunday, noon – 7:00 p.m. Call ahead to place your order. Menu is on-line on the Shack N Wagon Facebook Page. Cash only; exact change required. Physical distancing and proper hygiene are being practiced.

Grab N Go by Lee Andra

leeandra58@icloud.com/250-335-1802

Grab and go! Samosas, gyozas, kale rolls, salads, almond shortbread, fruit fritters. Order in advance & pick up prepackaged at Recycling on Saturday morning. Payment options: cash, cheque or e-transfer.

Yoga Online with Josey Slater

wildyogastream@gmail.com

Weekly yoga classes online via Zoom. Free. Contact Josey to register.

Tuesdays 10 am: Yoga for Strength and Balance

Wednesdays 6:30 pm: In Depth Yoga

Thursdays 11:45 am: Gentle Somatic Yoga

Help with Digital Tools

780- 906-9198/somupaz@gmail.com

Transitioning to work-from-home? Wanting to use video conferencing to stay in touch with family? Sonia Murillo can help you get set up with the right digital tools. By donation.

Info About Financial Support

Information about financial support for individuals and businesses affected by the COVID pandemic is compiled on the DenmanWORKS website at <https://denmanworks.wordpress.com/>.

The Denman COVID-19 Response Update is a free service offered by the Grapevine. It is not intended to be a complete list for the Island. Please see other parts of the Grapevine for other CV-19-related local news. We do our best to verify all information but in these uncertain times can't ensure 100% accuracy.

To submit information about your organization, business, or offering:

Contact: Laura at 250-218-3216 /

lbusheikin@islandstrust.bc.ca

Deadline: Mondays, 5:00 p.m.

Thank you, Denman Islanders, for all the ways you are being neighbourly, kind, adaptable and generous! Please continue to support local businesses, food security, and social cohesion! Stay healthy, happy, and connected...from a safe distance.