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Green Wizardries:

Elecampane

By Maxine Rogers

I got the flu the other week. I went to bed with a headache and muscle aches and woke up the next morning feeling much worse. There was a great deal of fatigue too. I had to take part of the day off from work but luckily, I was not too ill to enjoy reading in bed. Alas, the time off was not to last.

You see, I had a bit of elecampane syrup already made up in the fridge along with some elderberry syrup made from my first crop of elderberries last year. I had several tablespoonfuls of each syrup over the course of the day. I also made some tea from chamomile flowers which was recommended to me by one of my friends who was raised by her Grandmother who was a wise woman from the Balkans. One of her Grandmother's remedies for flu is chamomile tea with homey. Chamomile is very anti-inflammatory.

The next morning, I woke up, early, feeling fine and bounced out of bed and went off and did my first chores of the day. Such is the power of herbs to treat our illnesses. Elecampane is native to Europe and Western Asia but it grows very well on the Coast as it likes our acidic soils. It is a stately plant reaching six or seven feet tall in my garden and it is crowned with a bunch of large yellow flowers. Elecampane is related to the sunflower family. Its leaves are huge and are favoured by small children who wish to dress up as faeries as the leaves make very good, huge wings.

It is the roots that make the medicine for curing lung problems. The autumn is the time to harvest the roots of a two to three-year old plant. This means digging the whole very large plant up and washing the root ball to get rid of the soil and to see what you have. Then, the roots are peeled, chopped and can be used fresh to make a tea to counter colds and flu and is even used to treat asthma and other lung complaints.



One plant gave me several pounds of roots to work with. To make a tea, I put 6 to 8 tablespoons of chopped elecampane roots into a saucepan and add one quart of cold water. The potion must be simmered on a low heat for 30 to 45 minutes. To make a stronger decoction, I set the hot pan on a mat and swaddle it in towels or a tea cozy and leave for several more hours or overnight. I can tell you it did wonders for my flu.

Another way to preserve the roots is to make a

continued on P.4...

Shipbreaking in Baynes Sound: A Deepening Environmental Crisis

Introduction

By Concerned Citizens of Baynes Sound

Baynes Sound, a crucial part of the marine ecosystem off the coast of British Columbia, has recently become the center of an environmental controversy involving shipbreaking activities. This area, known for its ecological sensitivity and importance to marine life, is now facing significant threats from industrial practices that may be compromising its environmental integrity. Despite multiple inspections, warnings, and a detailed report from the Environmental Appeal Board (EAB), acute toxic discharges continue to pollute the waters, raising concerns among local communities and environmental groups. This article delves into the shipbreaking situation in Baynes Sound, examining the ecological implications, regulatory challenges, and the ongoing legal and administrative proceedings.

The Ecological Importance of Baynes Sound

Baynes Sound is a biodiverse region home to various marine species, including shellfish, which thrive in its nutrient-rich waters. It is also the largest and one of the last remaining herring spawning areas on the British Columbia coast, making it essential for the survival of herring populations that are critical to the marine food web. The sound is integral to local fisheries and the aquaculture industry, particularly oyster farming, which relies on the clean and healthy marine environment for sustainable production. This area also serves as a habitat for birds and other wildlife, making it a key ecological site that supports both biodiversity and local economies.

Shipbreaking Activities and Environmental Concerns

The controversy centers around the operations of Deep Water Recovery Ltd., a company engaged in the maintenance and recycling of marine vessels in Union Bay, part of Baynes Sound. The practice of shipbreaking, or dismantling old ships for parts and scrap, inherently carries environmental risks due to the hazardous materials involved, including heavy metals like copper, lead, and zinc. These materials, when not properly managed, can leach into the surrounding waters, posing significant risks to marine life and water quality.

Inspections and Warnings

The site operated by Deep Water Recovery Ltd. has been subject to numerous inspections and warnings from environmental authorities. Since early 2022, evidence has accumulated indicating that effluent discharged from the shipbreaking site contains heavy metals at concentrations exceeding the British Columbia (BC) Ambient Water Quality Guidelines. These discharges, which have been documented through regular sampling, show levels of copper, lead, and zinc significantly above what is considered safe for marine life, suggesting ongoing pollution that threatens the ecological balance of Baynes Sound.

The Environmental Appeal Board Report

The Environmental Appeal Board (EAB), an independent body that reviews decisions made under the BC Environmental Management Act, has been involved in this case. A key report from the EAB highlights the gravity of the situation. According to the report, Deep Water Recovery Ltd. was issued a Pollution

TIDE TABLE

• Secondary Tidal Station Ford Cove •
• Source: tides.gc.ca •

2024-09-05 (Thu)

Time	PDT (m)	(ft)
02:05	2.3	7.5
07:40	3.9	12.9
13:38	2	6.6
19:59	4.6	15

2024-09-06 (Fri)

Time	PDT (m)	(ft)
02:33	2.1	6.7
08:26	3.9	12.8
14:06	2.4	7.7
20:16	4.5	14.9

2024-09-07 (Sat)

Time	PDT (m)	(ft)
03:01	1.9	6.1
09:15	3.9	12.8
14:35	2.7	8.9
20:33	4.5	14.6

2024-09-08 (Sun)

Time	PDT (m)	(ft)
03:32	1.7	5.6
10:11	3.9	12.8
15:10	3.1	10.1
20:52	4.4	14.3

2024-09-09 (Mon)

Time	PDT (m)	(ft)
04:08	1.6	5.2
11:21	3.9	12.9
15:54	3.4	11.2
21:14	4.2	13.9

2024-09-10 (Tue)

Time	PDT (m)	(ft)
04:52	1.5	5
12:53	4	13.1
17:00	3.7	12.1
21:42	4.1	13.5

2024-09-11 (Wed)

Time	PDT (m)	(ft)
05:50	1.5	4.9
14:28	4.1	13.6
18:57	3.8	12.5
22:25	4	13.1

2024-09-12 (Thu)

Time	PDT (m)	(ft)
07:01	1.4	4.6
15:37	4.3	14.1
20:42	3.8	12.4
23:47	3.9	12.8

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...continued from P.2 tincture. I filled a glass quart jar within a few inches of the top with the fresh herb. The plant material must be covered with vodka two or three inches above the level of the herbs and put it away in a cool dark place where it can be shaken every day and left to tincture for four to six weeks. Strain and bottle the tincture. For colds and flu, I take a couple of teaspoons full two or three times a day. It is really important to label containers at every step of the production as a bottle of tincture that cannot be identified must be thrown out.

I like to take elecampane as a syrup as it has an odd taste that I find better sweetened. To make a syrup, I chopped up a large quantity of the fresh roots and put them in a saucepan with a quart of water. I simmered the roots gently for several hours until the fluid was reduced by half. I strained the roots out, measured the decoction I had left and added half as much honey which I warmed gently until it was melted. The finishing touch was a quarter cup of dark rum to make the syrup keep better. I bottled it, labelled the bottle and put it in the fridge.

I have a lot of fresh roots right now so I cut some of the roots up into short lengths and put them on a cool setting in the dehydrator. The dry roots can be used later to make tea, syrup or tincture but fresh is best when making tinctures. The early autumn is a good time to harvest elecampane roots. I have several plants growing in my garden that will produce seed which I will be happy to give to anyone interested in growing this herb either as medicine or just to add interest to the back of the border.

Herbal medicines made at home out of plants grown locally are inexpensive for us to make and so much less energy intensive and less polluting than commercial pharmaceuticals. 🌿

SPECIAL INTEREST

Denman Audio Arts Collective

By Kevin Mitchell

For folks who may not know, the Denman Audio Arts Collective (DAACS) is still hosting the highly successful and entertaining open Stage the third

Wednesday of every month (excluding Dec and July). For many years the Denman Community Backhall has witnessed performers of all stripes and genres.

In 2023 there were 137 performers, ranging between 12 and 80 years old. We would also like to thank the many volunteers and concessioners that have helped over the years, to make this such a success.

Every month is so unique, with new performers, travellers, and always a few surprises. For the price of \$4 it is still a great deal, with friendly neighbour's and the outstanding concession courtesy of Bee Balm. Please note that show starts at 7:30 (7 pm doors open for sign up). Depending on the night we play 2 or 3 songs. 🌿



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...continued from P.3

Abatement Order in March 2024, which mandates the cessation of discharges containing high levels of heavy metals and requires the company to develop a comprehensive Effluent Sampling and Management Plan.

The EAB's findings are alarming, as they indicate that the discharges from the site are not only above acceptable environmental thresholds but are also **acutely toxic**. This term refers to the immediate harmful effects on marine organisms, which can lead to long-term ecological damage if not addressed. Despite Deep Water Recovery Ltd.'s request for a stay of this order, arguing that compliance would cause irreparable financial harm, the stay was denied. The company continues to appeal the decision, highlighting ongoing tensions between environmental protection efforts and industrial interests.

Regulatory and Legal Challenges

The enforcement of environmental regulations in Baynes Sound has proven challenging. While the Pollution Abatement Order is a critical step, the appeal process is ongoing, with the EAB balancing the company's economic concerns against the pressing need to protect the public interest and the environment. The board's decision-making process is guided by the principle that the public's right to a safe and healthy environment takes precedence over individual business interests, especially when evidence suggests significant ecological harm.



Impact on Human Health and Local Residents

The toxic discharges from shipbreaking activities not only pose a risk to marine life but also have significant implications for human health. Heavy metals such as lead and zinc, found in the discharges, are known to accumulate in the tissues of fish and shellfish. This bioaccumulation can enter the human food chain, potentially causing serious health issues, particularly for children, who are more vulnerable to the toxic effects of these substances. Long-term exposure to these heavy metals can lead to neurological problems, developmental delays, and other chronic health conditions.

Concerns are heightened by the close proximity of the shipbreaking operations to residential areas. One particular family, with small children, lives near the site and is directly exposed to potential contamination from air and waterborne pollutants. This situation raises urgent public health concerns, underscoring the need for stringent environmental regulations and proper containment measures to protect vulnerable populations.

Results of Toxic Discharge and Impact on Marine Life

Sampling data from various points around the shipbreaking site have shown disturbing levels of heavy metals. For instance, copper concentrations in the discharge points have been found to exceed the chronic exposure guidelines by up to fifteen times. Such levels pose serious risks to marine organisms, which are sensitive to even low concentrations of these metals. Chronic exposure can lead to physiological stress, reproductive failure, and increased mortality rates among fish and shellfish, thereby disrupting the entire food web in Baynes Sound.

Community and Environmental Advocacy

Local communities and environmental advocacy groups have been vocal in their opposition

continued on P.6...

...continued from P.5 to the shipbreaking activities in Baynes Sound. Groups such as the Concerned Citizens of Baynes Sound (CCOBS) have raised awareness about the environmental degradation caused by industrial discharges. They have called for stricter enforcement of environmental regulations, better monitoring of industrial activities, and greater transparency from both the government and the companies involved.

CCOBS is also working to implement governance measures that would protect the coastline and advocate for Canada's adoption of international shipbreaking regulations, including the Hong Kong Convention for the Safe and Environmentally Sound Recycling of Ships and the European Union Ship Recycling Regulation. These frameworks emphasize that shipbreaking should occur in heavy industrial, deep-water ports with full containment measures and strict regulatory oversight to prevent environmental contamination.

Conclusion

The shipbreaking situation in Baynes Sound represents a complex interplay of environmental, economic, and regulatory factors. While shipbreaking is a necessary industry, especially for recycling valuable materials, it must be conducted responsibly to protect sensitive ecosystems. The findings of acute toxic discharges into the waters of Baynes Sound are a stark reminder of the potential ecological and human health costs of inadequate environmental oversight.

Moving forward, it is imperative that all stakeholders—government bodies, environmental groups, local communities, and industry players—work together to ensure the protection of Baynes Sound. Strict adherence to environmental guidelines, coupled with proactive monitoring and enforcement, will be essential in safeguarding this ecologically valuable region and its residents for future generations.

The Concerned Citizens of Baynes Sound (CCOBS) <https://concernedcitizensofbaynessoundorg.wordpress.com/> 🍷

SPECIAL INTEREST

Kevin & Steve to play the Guesthouse

By Kevin Mitchell

On Fri Sept 20, at 6:30pm Kevin Mitchell and Steve Ireland will take the stage at the local Denman Island Guesthouse.

With 7 full length albums recorded and produced by Corwin Fox (Cumberland) and Marc Atkinson (Hornby), the craft of songwriting has slowly matured, with the promise of many albums to come.

These original songs that take you on various journeys through small prairie towns, vast expanses of forest and the hearts and minds of the Canadian psyche.

For the last number of months Kevin has teamed up with Denmans' itinerant musician and all round good guy, Steve Ireland. With his bass playing and harmonies, Steve adds a depth and focus that compliment the songs perfectly.

There is a chance of another special guest (TBA) Look forward to it!

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Shucking Oysters: I'll Drink to That

By Alex Allen

Warning: Please do not read the following if you are pregnant, operating machinery or driving a car.

I like drinking. I like the buzz. What I don't like is when I don't eat enough and get a little too buzzed. Which, thankfully, is few and far between. Perverting our sense of decorum is a very normal thing. In fact, getting buzzed helped humans advance civilization.

UBC philosophy professor, Edward Slingerland, author of *Drunk: How We Sipped, Danced, and Stumbled Our Way to Civilization*, and self-confessed "philosophical hedonist," reminds us to never lose sight of one of the greatest contributions of intoxicants to human life: "sheer hedonic pleasure." Alcohol releases us from the stress of being conscious of ourselves.

Slingerland points out that, "while it is socially acceptable to talk in purely aesthetic terms about our interest in fine wine, micro-brewed beer, or designer cannabis, we remain uncomfortable talking about our need for embodied pleasure for its own sake....This is the hang up we need to get over." People masturbate. People get high. People drink. Why? Because they find it enjoyable and pleasurable. If they're not harming anyone or being an a-hole, so what?

Today, alcohol is still seen through a "medicalized lens" of addiction and public health impacts. The prejudice against chemical intoxication is deeply seated in our popular consciousness. We have no problem with people altering their mood by watching a cute puppy video, going for a jog in the woods, or dare I say it, taking antidepressants. Why is your neighbour, who meditates an hour a day, a better person than you, even though you can achieve the same result by drinking a couple of glasses of wine?

In 2023, Canadian experts recommended two drinks per week versus the previous two drinks per day. Australia's quota, published in 2020, recommends a maximum of 10 drinks a week. France the same. The US recommends no more than two drinks a day for men and one for women, while the UK suggests around six glasses of wine, or pints of beer per week. Australia, France and the UK base their alcohol guideline recommendations on a one in 100 mortality risk limit. Canada's are based on a one in 1,000 chance of premature deaths related to alcohol which is two standard drinks per week, while the one in 100 risk limit is six standard drinks per week. Complicated.

Am I a hedonistic anomaly? An outlier? Apparently not. "Modern Drunkard Magazine" answered my wet bar dreams. Put out by a group of functioning alcoholics, from novelists and English gentlemen, to barflies and comedians, the magazine celebrates all that is boozy. Their goal is to "return drinking to the glorious Rat Pack/Jackie Gleason Era." I won't quibble, but I am surprised they mention Jackie, and not Frank or Dean. Fun fact: The most prolific writers, artists and journalists of history drank before, during, and after work. One of the editor's shared, "Personally, I'm amazed that magazines are produced by sober people." Indeed.

One celebrity interview in "Modern Drunkard" was with 90s punker, Lydia Lunch, who, quote, "knocks a backhand of defiance into the face of the status quo like a shot of tequila spat into a gaping wound. Without apology, comparison or compromise, she blazes a multimedia trail of eloquently slung insults, revelations and seductions into the waiting glass of anyone thirsty enough to swallow her harsh, ferocious and intoxicating truth." How about that for an intro?



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Lunch explains her drinking philosophy: “In America, so many of my friends, if they have to go to NA or AA they have to go, and it has saved some people’s lives. Personally, I don’t understand ‘all or nothing.’ I’m for all and something more. All of this and more. One of them asked me, why don’t you have to go? I figured it out: because I don’t hate myself. I love myself; I am my biggest fan, and I don’t call that narcissism. I am self-ish. I think if more people loved themselves, they wouldn’t have to get blackout drunk.”

“Modern Drunkard” offers a wealth of information from Wino Wisdom, Helpful Hints for Hoochers to a Guide to Manly Drinks. For the uninitiated, manly drinks must be clear and brown. Vodka or gin. Better bourbon or whiskey. “If it’s brown, suck it down, if it’s pink, don’t you drink.” The name should never be trendy, clever, or have sexual innuendos in it. Even if your drink is a mixture of bourbon, bitters and Tabasco sauce; if it’s called a Fuzzy Slipper it’s not manly. A Rusty Nail or a Boiler Maker are good manly drinks. “It’s a cocktail, not a punch line.”

From weddings to wakes, and everything in between, alcohol plays a huge role for many people to experience the phenomenon of fun. The Sociologist website explains: “Fun is more than a laugh or smile; it is a euphoric sensation that temporarily removes any concerns and allows one to feel psychologically free.” Having a few drinks leads to more enjoyment, better sociability and less pressure.

Some may say, the fact that alcohol is required for many people to experience fun is a sad reality. But hey, fun is serious business, in moderation. 🍷

UNION BAY NEWS

Court Orders Sale of Union Bay Estates Developer Kensington Island Properties

By Keith Porteous

A court has ordered the sale of Kensington Island Properties (KIP) as a result of \$100 million in debt. As of December 31, 2023, the total amount due and owing to the Petitioners, pursuant to their Loan B Agreement, their Loan B Security, and their Forbearance Agreements, was \$78,867,149.52, plus interest of 30% per annum, compounding monthly. This development proposal has been stalled for many years as the developer was not able to fulfill promises made to the Union Bay community, and requirements of the CVRD relating to sufficient water supply, and investments in sewage and other public infrastructure.

It’s important to note that this may not be the end of the story for this massive development project that was slated to be built over many years, starting with a “200 slip marina” and a residential village, a hotel, and large retail amenities. The primary creditor is listed as Fox Island Development Ltd., owned by Advanced Venture Holding Co. Ltd., which may find a way to reorganize the project and debt, and attempt to continue with this project, but would be subject to the water and sewage regulations pursuant to the the Province, the CVRD and the Union Bay community.

Significantly, Kensington Island Properties had also made commitments to K’omoks First Nation, in an agreement to share the cost of public infrastructure, all of which are now in doubt. (original reporting by allthingsunionbay.com) edited by TIG. 🍷



NATO – Not A Tenable Option

By Sally Campbell

This great acronym came from the book *NATO: What You Need to Know*, 2024, by Medea Benjamin & David Swanson, co-founders of Codepink and World Beyond War, respectively. NATO was the subject of a 4 week book club through World Beyond War that completed last week.

I've been interested in NATO for some time now, primarily wondering why they were continuing to grow, why their "terrain" seemed to be spreading so far beyond the North Atlantic region, why Trump repeatedly chastised NATO nations for not contributing "their fair share" to NATO and leaving the "burden" to the US. His declaration that NATO nations were required to spend 2% of their GDP on their militaries (and most weren't doing so) was a total surprise to me. I certainly don't remember Parliament formalizing any such commitment into Canadian law. Who made that decision for us? At the time (2020), our government was spending 1.3% of our GDP on the military and that amounted to plenty. 2% of GDP would mean an increase of \$11 Billion for 2020 alone. I decided to investigate NATO and I learned that several groups were working hard at opening our eyes to the realities behind this seemingly benign alliance – Just Peace Advocates, Canadian Voice of Women for Peace's No to NATO campaign, Global Women for Peace United Against NATO, to name a few.

I had some questions: Why did NATO go to Kosovo? Why Afghanistan? Libya? Why were Canadian soldiers in Latvia doing war drills before Russia invaded Ukraine? And why is NATO now in the South China Sea for heaven's sake? It's a big learning curve and I'll be on it for awhile. Here is some of what I've learned this last while and why we need to rethink our blind allegiance to this war-making organization.

One of the most disturbing aspects of NATO is that it is utterly controlled by the US. Ever since its inception, exactly 75 years ago, the head of NATO's military branch has been a US General. He (yes, always a man) is known as the Supreme Allied Commander Europe, and he is simultaneously, the Commander United States European Command. Go figure. NATO's Secretary-General (now Jens Stoltenberg) plays an administrative, public relations role and is always a European.

As I wrote earlier in *The Grapevine* (Letter to Trudeau, 11th May, 2020: Canada's Membership in NATO), NATO's original purpose in Europe was: "to keep the Soviet Union out, the Americans in, and the Germans down" (Lord Hastings Lionel Ismay, NATO's first Secretary General). NATO according to David Swanson, "gives cover" to US interventions, as many think NATO is part of the UN, or its actions at the very least, to be authorized by the UN.

Article 5 of the NATO Charter states that any armed attack against a NATO member is considered to be an attack against all members, and all members will take the actions deemed necessary, including the use of armed force, to assist the Ally attacked. (www.nato.int) NATO members have intervened militarily in Kosovo, Libya, Iraq and Afghanistan although none of those nations have attacked a NATO member.

Going back to the 90's, when the USSR disbanded, the Warsaw Pact which was established as a response to NATO 6 years after its founding, was dissolved. Swanson & Benjamin write that "according to declassified US, Soviet, German, British & French documents posted in the National Security Archive at George Washington University, Western leaders gave multiple assurances to Soviet President Mikhail Gorbachev and other Soviet officials throughout the process of German unification that NATO would not



Polish soldiers hold a NATO flag after a training demonstration with the NATO multinational battle group eFPon at the Orzysz training ground on July 03, 2022 in Orzysz, Poland. GETTY

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move toward Russia's borders." US Secretary of State James Baker's famous promise of "not one inch eastward" was only one of these promises. (NATO @ 25) Shamefully, those promises were all broken, and NATO quickly expanded to Eastern Europe, taking in Poland, Hungary and the Czech Republic as members in 1999, followed by Bulgaria, Estonia, Latvia, Lithuania, Romania, Slovakia, and Slovenia in 2004. NATO troops (including 20,000 Canadians) began conducting war drills on Russia's very borders. The US is now in the process of constructing its largest European base - on Romanian land, right up against Russia - which will house nuclear weapon capability planes, missiles and drones.

Russia's invasion of Ukraine was a great gift to NATO. Since then, formerly neutral Finland and now Sweden have joined, and the NATO countries have significantly increased their military budgets, which means they are buying more (mostly US) weapons. Ukraine, which could easily have opted for neutrality and avoided a grinding war on its soil, still wants in. Surprisingly, NATO's Secretary General Jens Stoltenberg, in a NATO conference opening remarks September 7, 2023, claimed outright responsibility for provoking Russia's invasion. He said that in the fall of 2021, Putin sent a draft treaty he wanted NATO to sign, promising no more NATO enlargement in Europe. "It was a precondition for not invading Ukraine. If course we didn't sign that, he said. "We rejected that. So he [Putin] went to war to prevent NATO, more NATO, close to his borders". (NATO @ 100) What clearer statement of NATO provocation could there be? Yet NATO (and that includes Canada) and the US' massive propaganda machines have labelled this tragic and unnecessary disaster: "The Unprovoked War". This in no way excuses the Russian invasion of Ukraine, but it does invite reflection on our role in the current cycle of "endless wars". Militarism breeds militarism. Is this our vision for a peaceful world?

(To be continued next week) 🍷

Do Something Every Day To Help De-Normalize The Abuses Of The Empire

By Caitlin Johnstone

August 31st, 2024

One very important task we can undertake as citizens of the western empire is to help de-normalize the tyranny, murderousness and savagery that the imperial propagandists work to normalize. To help other westerners see the freakishness and depravity of the empire with fresh eyes.

If we lived in a healthy, harmonious society, and then all of a sudden the status quo changed to the one we have right now, people would scream their fucking lungs out. They would scream and scream and scream in abject horror and gut-wrenching grief at what they were seeing. It would feel like the end of the world to everyone.

Our task is to try to give our fellow westerners a taste of that experience. To help people viscerally experience the vast contrast between what we have now and what an acceptable status quo would actually look like. To show them the immense suffering, brutality and psychopathy of the empire in all the ways it shows up from day to day, in ways that the normality manufacturers in Washington, New York and Hollywood have been trying to keep them from seeing.



The job of the empire propagandist is to normalize the empire. Our job as healthy human beings who care about the world is to do the exact opposite—to denormalize it. To find new and creative ways to help people see that these things we've been conditioned to accept as normal are actually shocking and unacceptable.

Denormalize poverty.
Denormalize injustice and inequality.
Denormalize the ruined buildings and ruined bodies in Gaza.
Denormalize the nuclear brinkmanship with Russia.
Denormalize the destruction of

Continued on P.11...

...continued from P.10

our biosphere in the ravages of ecocidal capitalism.

Denormalize the surging authoritarianism we're experiencing as the empire works

frantically to stomp out dissent.

Denormalize the war machinery rolling out around the world, and the increasingly militarized police forces in our streets.

Denormalize the psychopathy of the politicians and government officials who cheerfully serve the empire in facilitation of these horrors.

Denormalize the way media and government institutions controlled by the powerful work to manipulate the way we think and perceive every day of our fucking lives for the benefit of the powerful.

One of the advantages the empire propagandists have over normal people is that these things are all we've ever known. We've never experienced a healthy world, so we don't experience the shock and outrage we'd otherwise experience at what these pricks are stealing from us by keeping that healthy world from us.

But one thing we have that the empire propagandists do not is creativity, and the ability to capture the human imagination. We can use these things to find ways of making the evils of the empire stand out against the background of normalization, and to help people envision a world without those completely unnecessary evils.

There's always something we can do on this front. Our votes might not matter. Our peaceful protests might get ignored by those in power. Our rights might be getting steadily eroded as the empire managers work to reinforce the bars of our cage. But we can always work to open the eyes of our fellow citizens to the reality of our situation, and to how completely unacceptable it is. And to the urgent need to change it. And to the truth that, if enough eyes can be opened, the power of our numbers will place such change within our grasp. 🍷



250-335-9143

theislandsgrapevine@gmail.com

ADVERTISING SERVICES & PRICING

Prices effective as of Sept.5th, 2024
All prices include GST

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- 4 weeks • \$34.52 (\$8.63/wk)
- 5 weeks • \$40.95 (\$8.19/wk)
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- 8 weeks • \$62.16 (\$7.77/wk)

\$5.18/week for each
additional 30 words

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Please contact us to find out
how many you should print.

- OR -

we can print it:

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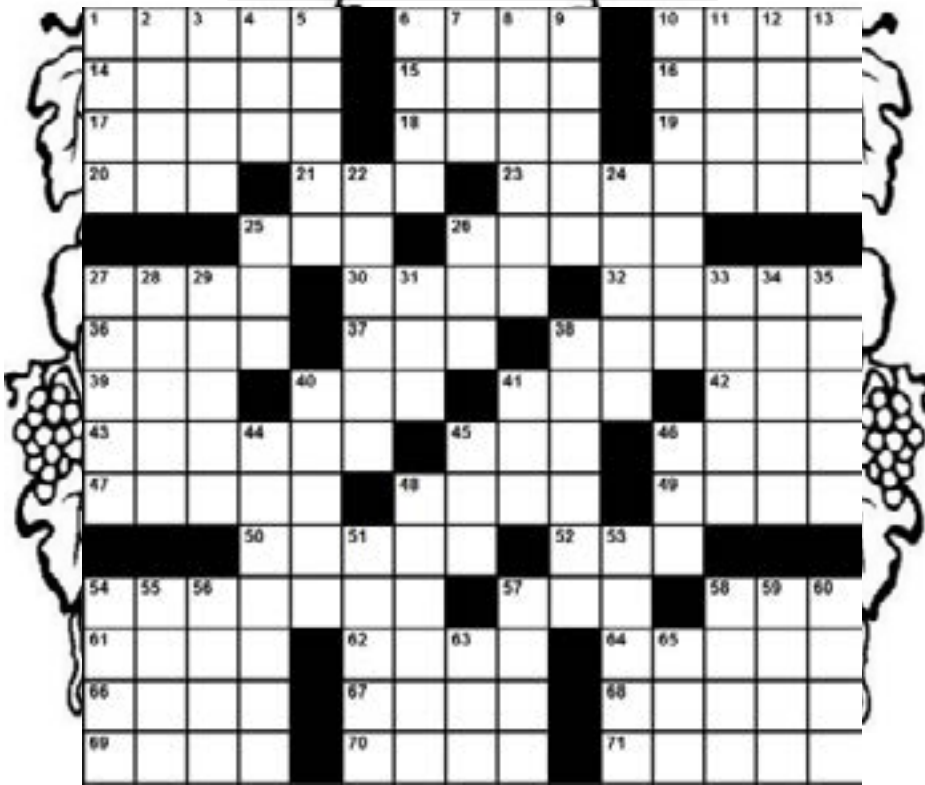
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below for actual ad sizes. We cover
everything from a small 1x1 to full
page.

• GRAPEVINE CROSSWORD •



• ACROSS •

1. Burdened one of myth
6. Mandolin's cousin
10. Amatory writing
14. Tibetan capital
15. A ways off
16. D.C. denial
17. Junkets
18. Capitol topper
19. A dash of dash
20. Belonging to us
21. Blue above
23. Role seeker
25. Cleansing agent
26. Amend
27. Asian garment
30. Broadway show
32. Harebrained
36. Balm ingredient
37. Agree silently
38. Charge, in a sense
39. Pick-up-sticks game
40. Animal abode
41. Drop the ball
42. Angora call
43. Bristly plant
45. Certain Asian
46. Formal addresses
47. Cancel out
48. Threadbare
49. 90-degree heading
50. Important one
52. 1040 entry

54. Act up
57. Arctic surface
58. Dismissing comment
61. Musical medley
62. Bouquet
64. Crack a puzzle
66. Brief note
67. Foulard's place
68. Presume
69. Steer flesh
70. Angelico and Diavolo

• DOWN •

1. A chorister
2. By way of, for short
3. Cave home
4. African serpent
5. Like minxes
6. Chatterley or Windemere
7. Craft of sci-fi
8. Hacienda hot meal
9. Not on all fours
10. Invade
11. Editor's order
12. Depot info
13. Father's lads
22. Found holder
24. Caruso, for one
25. Avoid the truth
26. Additionally
27. Annual traveler
28. Extra terrestrial
29. Androcles, e.g.
31. Atom fragment
33. Fibula's neighbor
34. Despotic ones
35. Fermenting agent
38. Having a funny twist
40. Holds off for
41. Anvil setting
44. Car top opening
45. Badminton stroke
46. Adriatic, e.g.
48. Be curious

51. Famous long knife
53. Amber source
54. Barbershop prop
55. Helm position
56. Hoarfrost
57. Gets under one's skin
58. Code word for A
59. Affirm positively
60. Milady's
63. Andean tuber
65. Any person

• TEST YOUR MATH SKILLS •

				1	9	3	
		3	9	7			4
	5		3				
	6			9		5	4
	4		1	3		9	
	9	7		5			1
				2		7	
7			4	9	3		
	3	8	7				

• Last Week's Answers •

4	8	5	7	3	6	2	9	1
3	6	1	5	2	9	7	8	4
9	7	2	1	8	4	5	3	6
6	2	4	8	7	3	9	1	5
7	5	3	4	9	1	6	2	8
1	9	8	2	6	5	3	4	7
5	4	6	9	1	2	8	7	3
8	3	9	6	4	7	1	5	2
2	1	7	3	5	8	4	6	9

GRUMPISM

“ I saw an advertisement for a really quiet harp on eBay. No strings attached. ”



• LAST WEEK'S ANSWERS •

T	S	P			V	I	A			T	W	A			
R	A	I	D		A	I	S	L	E		B	O	H	R	
E	R	N	E		E	R	N	I	E		E	R	I	E	
K	I	E	V		G	E	T			K	W	A	N	Z	A
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L	A	D	I	E	S		N	O	I	S	I	E	S	T	
I	M	I	D	E		C	A	P	O		E	A	C	H	
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A	U	T	O		E	P	I	C		S	C	E	N	T	
C	R	O	U	P	I	E	R		C	H	O	R	E	A	
					T	O			L	I	E	F			
F	R	A	P	P	E		G	O	V		F	A	U	N	
L	U	L	U		O	K	A	P	I		E	L	S	E	
A	B	U	T		N	A	V	E	L		E	T	A	S	
G	Y	M				Y	E	S			O	F	T		

• SERVICES •

Exterior cleaning service. Offering cleaning solutions for your windows, gutters, roofs, decks, driveways, chimneys, siding, awnings, etc. Reasonable rates with professional results. Call or text Bjorn for free estimate. 250 465 8645

GUTTERS seamless, supply and install also repairs, for free estimate contact Kevin at 250 335 1986 or cell at 250 667 3233. Serving All Areas.

MR. FIX-IT PLUMBING & All household major and small appliances. All large and small machinery. Yard machinery, chainsaws, outboards, automotive, sharpening, welding and fabricating. Call Rick Graham 335-0954.(HI)

WICKED FABRICATION
Servicing Denman, Hornby and the Comox Valley Mobile unit available --250-207-6904

- Custom truck decks, bumpers & headache racks
- Heavy equipment attachments and repairs
- Sea can modifications, fire pits and grills
- Custom gates, staircases & hand railings
- Animal Shelters, chicken tractors & firewood sheds
- Driveway signs and privacy screens
- Aluminum boat repairs and more..

BC A Pressure/ CWB Certified - CNC Plasma Table

• CLASSIFIED ADS •

• FOR SALE •

ALPACA fleeces for sale. 2024 shear. ALPACA YARN. ALPACA SOCKS & MITTS 335-1117 Rose - Denman Island

Denman Island local cedar kindling sales. Wildcrafted. Artisanal! Damn Cheap! Your fire will thank you! By burning!!
DISCLAIMER: "Denman Island natural cedar kindling" is not intended to diagnose or treat any medical condition. For external use only. 250-897-8184

+APPLIANCES FOR SALE. Ranges, washers, dryers, fridges, dishwashers, gas/electric range. All fully restored and come with a full six month warranty. Call Rick Graham 335-0954.

WAGNER FIREWOOD. 2 cords to Denman, \$680 plus GST. Hornby, \$720 plus GST. Text or call Scott at 250-334-7323

• FOR RENT •

27 ton log splitter for rent . \$60/day \$200/week, delivered. 2507025933

• COMMUNITY NOTICES •

COMOX VALLEY TRANSITION
SOCIETY EMERGENCY CRISIS LINE:
250-338-1227 or Text: 250-218-4034 For more info visit <https://cvts.ca>

HIRRA meetings back at the Hall: Wed., Sept. 11, 7:30pm. Hybrid meeting

in-person at the Community Hall and also by Zoom. AGENDA: Core Services and Property Management 2025 Budgets for approval (view drafts on <https://hirra.ca>), updates from: Ferry Advisory Committee, H.I. Fire Rescue, Water Stewardship, Hornby Farmland Trust. New members welcome. Volunteers needed! E-mail office@hirra.ca.

• ACCOMODATION •

Carpenter Handyman currently living in Qualicum, being Reno-evicted Dec. 1st, seeking permanent live in caretaker position on Denman/Hornby. Willing to work off portion of rent. Skills include carpentry, painting, drywall, flooring, tile, minor plumbing/electrical. Numerous personal and professional references available upon request. Paul 604-807-4465

• FOUND •

Found pair of eyeglasses for female at 9551 Reginald Road, Denman Island. Contact Boyd MacKean, 250-335-1608 or bmackean@telus.net

ISLANDS GRAPEVINE EDITORIAL POLICIES

Opinions expressed in the Grapevine do not necessarily reflect that of the Publisher.

Inciting violence, hate speech and pejorative language will not be tolerated.



Whether covering events that entertain us, presenting issues that concern and affect us or highlighting the many interesting and gifted people we call neighbour, the Grapevine celebrates the diversity and inclusivity of our shared island life. The following is our policy on content:

- Profiles of individuals, history, reviews and op ed are published free of charge.
- Literary content including poetry, stories, belle lettres are published free of charge.
- Promotional content for products, services, programs, and events will be published at going advertising rates.
- Public service announcements, notices of meetings, and news releases will be published for a fee. Exceptions will be made for emergencies where the public is immediately endangered.
- With regret, no exceptions can be made for non-profit status.
- Letters to the Editor are published free of charge.

The Grapevine is happy to provide an open, public forum for all islanders to speak and be heard. We are steadfast in our commitment to uphold freedom of expression.

As the record of our times, every issue of the Grapevine is a compilation of that week's submissions. We do not editorialize content, nor do we censor. We ask that writers moderate their own content. The Grapevine reserves the right to edit for brevity.

We are open to contributions from all Denman & Hornby Islanders. If you've something to say, send it our way! No copy and paste submissions. In your own words, please!

BUSINESS DIRECTORY •

• (H) Hornby • (D) Denman • (UB) Union Bay •
• (FB) Fanny Bay • (C) Courtenay/Comox •

• ACCOMMODATIONS & RENTALS •

- Denman Activity Centre (Seniors) Rentals 335-3027 (D/H)

• REAL ESTATE • INSURANCE • FINANCIAL SERVICES •

- Jordan McDonald • Oakwyn Realty • 604-616-1137 (D/H)
- Tuele Group, Royal LePage in the Comox Valley,
Jenessa & Donna 250 335 1720

• BUILDING • CONSTRUCTION •

- DB Excavations • 250-465-1889 • dbexcavations@gmail.com
- Shel Brodsgaard • Excavation & Services • 250-703-3898 (D/H)
- Excavator/Backhoe/Tandem Gravel Truck & Transfer Trailer
Kenny Mather • 250-703-6512 (All) • John Isbister • 250-335-2565 (D)
- Tandem Gravel Truck & Transfer Trailer • Lora Mercieca
• 250-650-9986 (D/H)
- Ray Ulovec • Backhoe/Excavator, Septic Installation • 335-3145 (D/H)
- Wicked Shovel Excavating & Landscaping • Doug Schmidt •
250-222-8076 (All)
- Landscape Construction & Gardening Services • Beech and Cedar Home
Maintenance • (Kane) 250-327-1073 (D/H)

• SERVICES •

- Peter T. Mason • Land Surveying 757-8788 (All)
- Able & Ready Septic Pumping Service • 250-338-8822 (D/H)
- Home Town Shredders • Document Shredding • 334-7111 (D/H)
- Tree Service • Darian Chase • Arborist 218-0404 (All)
- Antoine's Tree Service • Certified • Insured • Local 250-207-3884
- Bottled Water Delivery • DenmanWater.ca • 250-228-7161 (D/H)

• HEALTH & WELLNESS •

- Acupuncture • Margot Davey, R.Ac. • 778-992-0165 (D)
- Physiotherapist • Acupuncturist • TCM Herbs • Carmen RPT, RTCMP
335-2260 (D/H)
- Massage Clinic • 2796 Northwest Rd. • Leyah Kelly 335-2584 (D)
- Acupuncture • Jenny McCartney, R.Ac. • 250-508-8160
• www.heartwoodacupuncture.ca (D/H)



FORTNIGHT EVENTS

THURSDAY 5

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30pm-6pm



FRIDAY 6

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

SATURDAY 7

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FREE STORE 9-Noon
- FARMERS MARKET Old School 9:30-12:30
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 8

MONDAY 9

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

TUESDAY 10

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 11

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm
- HIRRA Hybrid Meeting 7:30pm HI
Community Hall/Zoom
- Gyrokinesis 9:30-10:30am D.I. Arts Centre

THURSDAY 12

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30-6pm
- Contemporary Dance Class 5:30-6:30pm
D.A.C.



FRIDAY 13

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

SATURDAY 14

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FARMERS MARKET Old School 9:30-12:30
- FREE STORE 9-Noon
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 15

MONDAY 16

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

TUESDAY 17

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 18

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm
- DAACS Open stage 7pm Back Hall
- Gyrokinesis 9:30-10:30am D.I. Arts Centre

THURSDAY 19

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30pm-6pm
- Contemporary Dance Class 5:30-6:30pm
D.A.C.