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THE ISLANDS Grapevine

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Cover image: Deep Water Recovery ship breaking, Union Bay.
photo used with permission

THE ISLANDS GRAPEVINE

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COMMUNITY INFO

Community Soup Nights this Winter!

By Leticia Gardner



When: Saturday November 25th and December 9th (future dates TBD)

Where: The Gathering Place (Denman Island United Church)

Time: 6:00pm-7:30pm

If you'd like to contribute food or volunteer we are very happy to have extra hands! Or if you have any questions please contact Leticia: leticia.gardner@gmail.com or 778-992-0616

Ship-Breaking in Baynes Sound

By Team TIG

the beach for the value of the metal, and the huge amount of toxicity contained in these old ships threatens the waters of Baynes Sound and the people who live here, in the highest producing aquaculture area in the Province. Deep Water Recovery has no social licence in Union Bay, and this is an issue that brings residents together from across the ideological spectrum. All residents of the Baynes Sound region have a stake in the health of the ocean.

The Comox Valley Regional District (CVRD) considers Deepwater Recovery in violation of land use bylaws, but has not been able to stop work on the site, pending a Provincial Court date to determine whether the CVRD jurisdiction and their bylaws are enforceable in this case. According to CVRD Area A Director Daniel Arbour, if the CVRD loses this case, the Province and Federal governments will be forced to decide whether

AUTUMN can be a time where many of us begin to retreat into the comforts of our home, a time of respite after the hurriedness of summer events and outings. But for some of us, it can also be a time of isolation and overwhelm at the tasks of preparing for the winter ahead. As the days grow colder, let us come together around a warm pot of soup to reconnect, check in on one another, and celebrate local food!

Everyone is welcome and invited to the Community Soup Night. Dinner is by donation if you are able, sliding scale \$0-\$10 per person.

Dinner will feature a variety of local ingredients to support and recognize our local farmers, and there will always be a gluten free and vegan option. The Gathering Place has recently renovated their air circulation system to prevent Covid risk, if it isn't raining we will have outdoor seating available for those who'd prefer to eat outside. We ask that you please not attend if you are feeling ill or have been in close contact with people who are currently ill- if you need a soup delivery please contact Leticia (info below).





SPECIAL
INTEREST

Phoenix Riting!

By Phoenix Bee

restroom to crumple toilet paper into my ears. Please, dear bands, if you must play so loudly (and they all seem to insist on it), it would be excellent of you to provide a basket of earplugs at the door. Still, the TP (mostly) did the job and I boogied myself into exhaustion to some seriously excellent rock 'n roll.

For this Zeppelin fan, it was brilliant. As a teenager, I loved that band. I played the two albums I owned, 'Led Zeppelin IV' and 'Houses of the Holy' over and over again. Sadly, I don't have the same bottomless energy I used to have; I powered out before the show was over. Having left it all on the dancefloor, I dragged myself home in a stupor of exhaustion and bliss.

Note: if I act or talk like a crazy person on such occasions, please forgive me. I do get weird on dancing. I plant myself right up front because there's the most space and also it's where the band is. There I go unapologetically mad. I do this to get sane and to heal my body and soul. It may look weird but I recommend it! It's a perfect healing modality, done right. And the music was so good. The band wailed and pounded and drummed up a storm of epic proportions and I lost myself in it.

There is more to come, Hornby! David Gogo told me he and his band will be playing our Hall on November 11. All I can say to that is, "Whee!" In addition--I have heard that there will be a house concert with The Bills somewhere on the island, sometime soon. It will be advertised, and when it is, I imagine tickets will sell out. House concerts are lovely and intimate and what a fabulous opportunity that will be. I can't wait. Good music makes fall and winter less dark and dreary. We are so lucky here! I am still floating on a soft bed of endorphins, oh yes.

Fall is the season of classes and regular activities here on the island. One of my favourite activities are the classes located at New Horizons or through Zoom, sponsored by New Horizons. In Cornelia Hoogland's Creative Writing group, we were recently assigned a poem called "Where I'm From." I thought I'd share my offering with you all here now, so you can get to know me a little better. I hope you enjoy it! Please also enjoy this glorious autumn and the abundant explosion of mushrooms we are currently blessed with.

Where I'm From

*I am from paradox, bare walls and plywood boxes
I am from discarded possessions pared to fit one pickup
I am from shotguns picking off packrats in the next shack we never moved into
I am from one shining star, packed precious in tissue
I am from bears in the yard, from cold dishwater and Coleman lanterns
I am from rough men, whisker rubs that pink my skin, shoulder rides, alcohol, secrets and sweat
I am from a mother who needed a son to give meaning to maternity
I am from family reunions, murmurations of cousins, ecstatic surrender to like kind, belonging for a time
I am from moosemeat and huckleberry pie, steak and pancakes for breakfast*

TIDE TABLE

• Secondary Tidal Station Ford Cove •
• Source: tides.gc.ca •

2023-10-26 (Thu)

Time PDT (m)	(ft)
04:07	4
10:09	1.9
16:36	4.8
23:17	1.7

2023-10-27 (Fri)

Time PDT (m)	(ft)
05:16	4.2
11:02	2.2
17:05	4.8
23:57	1.3

2023-10-28 (Sat)

Time PDT (m)	(ft)
06:21	4.4
11:53	2.6
17:35	4.8

2023-10-29 (Sun)

Time PDT (m)	(ft)
00:36	0.9
07:21	4.6
12:43	2.9
18:05	4.7

2023-10-30 (Mon)

Time PDT (m)	(ft)
01:16	0.6
08:17	4.8
13:34	3.2
18:36	4.6

2023-10-31 (Tue)

Time PDT (m)	(ft)
01:55	0.5
09:11	4.9
14:27	3.5
19:08	4.4

2023-11-01 (Wed)

Time PDT (m)	(ft)
02:34	0.5
10:03	4.9
15:26	3.6
19:39	4.2

2023-11-02 (Thu)

Time PDT (m)	(ft)
03:14	0.7
10:55	4.9
16:38	3.7
20:10	4

continued on P.4...

...continued from P.3 I am from canned peas and powdered milk, and don't leave the table until you're done

I am from wild woods wanderings alone, red dirt scraped raw

I am from blackflies swarming up nostrils and scabbing necks

I am from whisky nights by lantern light, songs and stories, my own voice singing, music played in the dark without a spark

I am from pioneers who fled to the west, then north, then west again

I am from brown people who belonged where they stood, who were good to me and my family, who became my relations

I am from a culture I never knew but which shaped my worldview

I am from camping all summer, from lakes accessed only on foot

I am from winter, huddled and hiding, go out and play you're driving me crazy

I am from slow wanderings on frozen creeks, icy clefts and caverns more mysterious than fantasy

I am from dreams seamlessly blended into waking, speaking with faeries, visiting alien starships, breathing under the sea

I am from books, fantastical worlds with pioneer children like me, girl detectives and cowboys, wicked Queens, talking animals and ever darker themes

*I am from sunday school because everyone goes,
and there is no god, and nobody knows*

That's what I think! What do you think? Email me at phoenixhornby@gmail.com 🍷

SPECIAL
INTEREST

Green Wizardries, Happy Samhuinn or Halloween to the Uninitiated

By Maxine Rogers

THIS is my daughter's favourite holiday. She loves dressing up and has been known to wear different costumes to different events on the same day. I lack her gifts at making costumes.

Indeed, my celebration of Samhuinn is not so party-centric as most peoples' but I enjoy it in my own way just as

much. It is a pity that children nowadays do not have the same trick or treating opportunities that I had as a young child. Some ladies would make trays of toffee apples to give out and that was the best and most sought-after treat going. Other ladies made us popcorn balls, rice-crispy cakes and cookies. We collected pillowcases full of candy swag.

That did not generate enough commerce so the press started publishing stories of poisoned candies being handed out. The truth was, some children were poisoned at Halloween but it was always deliberate poisoning by their relatives. There is a lovely saying in the Balkans that the neighbours may throw stones at you but only your own family kills you.

Stories were circulated of toffee apples with razor blades inserted in them so that treat went away forever. People began to buy commercially-produced candy which was far more expensive and not nearly as nice. Trick or treating seems to have gone the way of the dodo here on Denman and I think that is a shame. I hope people with children will consider making some of the old Halloween favourites for their children and young friends.

For Druids, and most other religious people, Samhuinn is a serious time to pray to the ancestors as the veil between the worlds is thin at this time. In fact, time stops completely for a few days and the spirits can visit the Earth to see friends and family. Some people like to leave out the favourite food for the spirits they hope to attract and a comb, bowl of water and mirror so the spirits can freshen up after their

long journey back to Earth. It is helpful to make a small altar with candles and photos of the beloved lost ones you hope to attract to your house. Seeing their photo reminds them of happy times and lets them know they have found receptive family members.

Death is seen by Druids as a transformation, rather than an ending. Evergreen branches, particularly cedar, the tree of life, are the chief symbol of this festival. To be born in the afterlife, you have to die here. To come to the Earth, you have to die in the afterlife. Nothing lasts forever, not even death.

The land dies every year at this time, only to be reborn in the glorious exuberance of spring greens and spring flowers. The fields go brown as the grass bleaches out and all nature slows down with only the hardiest animals and birds left but we all know that spring will return, carried under the wings of the returning birds. Life is just the same. We die and go away for a while and then we return.

With that in mind, we may all want to consider how we can leave the Living Earth better for our stay here as we will be coming back to a world that is more despoiled and polluted every year. People think they don't have to worry about what the world will be like in three hundred years but I think that is exactly what they should be worried about.

So, this year, I hope some of you will consider praying and meditating out of doors, after you have made your young friends a tray of toffee apples of course. Speak aloud to your ancestors and departed friends and ask them for their counsel, their favour and their benevolence. This year has turned quite tricky due to world politics taking a violent turn and I feel we need all the help we can get.



Build a little bonfire and tell stories about departed family members and friends. This is also a great time to tell ghost stories but they should only be about real ghosts and supernatural experiences that have happened to the teller. Ghosts are not scary, at least not the ones I have met. They are still the same people they were when we knew and loved them on the Earth. Take

some time to honour them. They need our help as we need theirs.

The veil between the worlds becomes thin, and the ancestors come close to us. Their voices whisper in the autumn winds. As we stand among the falling leaves and the grey and golden light, let us remember the past and its lessons, and gather a harvest of wisdom to bear us through the winter to the new spring to come. 

SPECIAL
INTEREST

Shucking Oysters: F Bombs

By Alex Allen

BOTH my parents swore a lot when I grew up. In fact, my mother was more prolific than my father. This can be explained by the fact that my mother was a bit of a klutz (as I). She couldn't open the kitchen cabinet without hitting her head. Sh*t! Trip on the carpet and drop something. Sh*t! I would hear this expletive often as my mother carried on her day. "Damn" was my father's favourite and equally enjoyed by my mum too. My father liked to slam doors in anger as well. To say that I came from a family of emoters is putting it mildly. Naturally, swearing is one of my family heirlooms, and according to science it's A-OK.

I swear a lot driving on the highway. It's my primal scream therapy time. I don't know what it is, but I seem to be flypaper to irritating, oblivious drivers. The one's doing 60-70K in 80k zone. F*ck. The incessant braker. F*ck. The truck with trailer that pulls dangerously in front of me even though there is no one behind me for miles. Jesus. Research has proven that swearing is good for me, but not for my partner apparently. She thinks it's childish. I'll show her.

Used appropriately and responsibly, it turns out that my sporadic outbursts are a good way to process "the chaos of being human in a world where much isn't under our control." That's it. It's things I have no control over that get to me. "Swearing can have a truly liberating effect when we're feeling bottled up with frustration. Saying the F-word, or similar, can have an immediate calming impact on the difficult emotions we might be experiencing," wrote Dr. Raffaello Antonino, psychologist and clinical director and founder of Therapy Central.

A 2015 study found that well-educated people were better at coming up with curse words than those who were less verbally fluent. Participants were asked to list as many words that start with F, A or S in one minute. Another minute was devoted to coming up with curse words that start with those three letters. The study found those who came up with the most F, A and S words also produced the most swear words. People that are good at language are good at generating a swearing vocabulary.

A series of studies published in 2017 found a positive link between profanity and honesty. People who swore lied less,

and had higher levels of integrity overall. While a higher rate of profanity use was associated with more honesty, the study cautioned that "the findings should not be interpreted to mean that the more a person uses profanity, the less likely he or she would engage in more serious unethical or immoral behaviours."

Swearing is good for your endurance. People on bikes who swore while pedaling against resistance had more power and strength than people who used "neutral" words, studies have shown. Research also found that people who cursed while squeezing a vice were able to squeeze harder and longer.

Another study in 2020 found people who swore when their hand was put in a bucket of ice-cold water lasted 40 seconds longer. The S-word and F-word were used by many of the subjects to good effect. "[S]wearing helps you cope with pain," said Dr. Richard Stephens, Psychobiology Research Laboratory, Keele University in England. "Swearing is drug-free, calorie-free, cost-free, and side effects-free, so why not try it?" he added.

Stephens says he has some as-yet unpublished research to suggest that the intensity of the swear word matters too. If you hit your finger with a hammer, you may well feel less pain if you yell "Sh*t" instead of "Shoot." "It does seem to be that the stronger the swear word, the more effect it has." Like some things Stephens warns, moderation is key. "We found that the people who swear the most in everyday life got the least benefit from swearing," he said. "So, you know, don't overdo it."

According to Emma Byrne, author of *Swearing Is Good for You*, profanities are a fundamental part of our language, performing a vital role in our development. Citing several not always entirely relevant scientific studies, she makes the case that taboo words act as a kind of pressure valve, allowing us to let off steam rather than, say, punch somebody's brains out. Byrne's contention is that without swearing we would have to rely on biting and gouging and throwing sh*t. Swearing allows us to express our emotions symbolically. As Byrne wrote, "Swearing is like mustard; a great ingredient but a lousy meal. We need that part of our language to keep its potency, its slightly risky nature, otherwise it wouldn't be swearing."



ARTS&LIT

March 29th, 2007 Rathtrevor Beach

By CS#05943451

CURIOSLY, there was a veritable cluster of blue shirts at the kitchen when we arrived to pick up our lunch this morning. In the wake of yesterday's 'Sandwich Summit,' maybe they'd caught wind that the lunches were about to improve! In all of the milling around, it was discovered there were leftover hashed browns and hamburgers which had been cooked already. All that was needed was to reheat them. Crew #2 pounced at this and, with that, our prospects for a good day improved dramatically.

With the wood chipper now repaired, we headed off under partly cloudy skies to Rathtrevor Beach for work today. Our task was to roam the 195 campsites, collecting and chipping branches that had come down over this winter's wind storms. Well, we managed to make it to coffee break before the chipper started acting up again, much the same way as before taking it in to get repaired. Our plan for work once again **continued on P.6...**

...continued from P.5

foiled by equipment problems. Oh well. At least we had Hawaiian coffee. Mr. Wight, true to his word, remembered to bring the goods. And indeed, it WAS good.

After coffee break we abandoned our campsite clean-up and focussed on piling branches that were strewn about the parkland adjacent the sandy beach. It was quite something to be in jail, yet find yourself strolling the beach on a breezy, sunny mid morning. Choppy seas, people walking dogs, eagles suspended overhead on the updraft, the smell of sea salt on the nose. Truly unimaginable that this experience could be had when I learned I was going to jail. It is still a life restricted which keeps the enjoyment factor tamped down but,

A Letter from Albert Einstein

Submitted by Perri Gorrara

not to publish their contents until two decades after his death.

This is one of them, for Lieserl Einstein.

... "When I proposed the theory of relativity, very few understood me, and what I will reveal now to transmit to mankind will also collide with the misunderstanding and prejudice in the world.

I ask you to guard the letters as long as necessary, years, decades, until society is advanced enough to accept what I will explain below.

There is an extremely powerful force that, so far, science has not found a formal explanation to. It is a force that includes and governs all others, and is even behind any phenomenon operating in the universe and has not yet been identified by us.

This universal force is LOVE.

When scientists looked for a unified theory of the universe they forgot the most powerful unseen force.

Love is Light, that enlightens those who give and receive it.

Love is gravity, because it makes some people feel attracted to others.

Love is power, because it multiplies the best we have, and allows humanity not to be extinguished in their blind selfishness. Love unfolds and reveals.

For love we live and die.

Love is God and God is Love.



that being said, if I weren't on the 'outside crew' my incarceration would be infinitely more dreary.

Breaking for lunch, we proceeded to feast on a more substantial meal than we'd had in weeks. Topped off with some more Hawaiian coffee. Victory never tasted so good! We'll likely be back to substandard, 'dietician approved' lunches tomorrow because nothing lasts forever, but we were enjoying what it was we scraped and clawed for. Revelling in our victorious foils, we recounted our summit with Mr. Wight from yesterday. One knee slapper after another. Christ, does that Fred have a keen sense of humour! His presence on the crew is making my workdays all the more enjoyable. A hard worker, who isn't afraid to ride the boss. Toss in his sharp wit, aimed at getting a quick laugh, and it makes the drudgery of our work feel more akin to a tree-planting atmosphere. He is only around for two more weeks but what he adds to the mix of our motley crew I appreciate, as do the others. And that's not the coffee talking. 🍷

This force explains everything and gives meaning to life. This is the variable that we have ignored for too long, maybe because we are afraid of love because it is the only energy in the universe that man has not learned to drive at will.

To give visibility to love, I made a simple substitution in my most famous equation.

If instead of $E = mc^2$, we accept that the energy to heal the world can be obtained through love multiplied by the speed of light squared, we arrive at the conclusion that love is the most powerful force there is, because it has no limits.

After the failure of humanity in the use and control of the other forces of the universe that have turned against us, it is urgent that we nourish ourselves with another kind of energy...

If we want our species to survive, if we are to find meaning in life, if we want to save the world and every sentient being that inhabits it, love is the one and only answer.

Perhaps we are not yet ready to make a bomb of love, a device powerful enough to entirely destroy the hate, selfishness and greed that devastate the planet.

However, each individual carries within them a small but powerful generator of love whose energy is waiting to be released.

When we learn to give and receive this universal energy, dear Lieserl, we will have affirmed that love conquers all, is able to transcend everything and anything, because love is the quintessence of life.

I deeply regret not having been able to express what is in my heart, which has quietly beaten for you all my life. Maybe it's too late to apologize, but as time is relative, I need to tell you that I love you and thanks to you I have reached the ultimate answer!

“

Your father Albert Einstein 🍷

Freedom of Expression

Canadian Bill of Rights: Provision. 2. Everyone has the following fundamental freedoms: freedom of thought, belief, opinion and expression, including freedom of the press and other media of communication.

It was Albert Einstein who first said that "laws alone cannot secure freedom of expression; in order that every man presents his views without penalty there must be a spirit of tolerance in the entire population."

Emma Goldman said, "I did not believe that a Cause which stood for a beautiful ideal, for anarchism, for release and freedom from convention and prejudice, should demand the denial of life and joy. I insisted that our Cause could not expect me to become a nun and that the movement would not be turned into a cloister. If it meant that, I did not want it."

Martin Luther King said, "in a country with free speech and a free press, it's difficult for other human rights to be violated on such a systematic scale. And when they are nevertheless violated, the freedoms of speech and press often bring about the doom of those violations."

Nelson Mandela said, "the press must have sufficient independence from vested interests to be bold and inquiring without fear or favour." 🍷

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		1	2	3
6 Denman Island 9:00 - 3:00	7	8	9	10
13 CLOSED Fermé	14	15	16	17
20 Hornby Island 10:30 - 2:30	21	22	23	24
27 Denman Island 9:00 - 3:00	28	29	30	

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Hecate's Wisdom

By Sally Campbell

I am possibly embodying, struggling with, or neglecting to pay attention to now! Especially fascinating to me has been the archetype of Hecate, the “goddess of intuitive and psychic wisdom” according to Jean Shinoda Bolen, MD., a Jungian analyst who’s written extensively on this topic.

Hecate is the one who stands at the crossroads, at the fork in the road between past, present & future. There she meets people, and intuitively where they’ve come from. She knows what choices they’re now presented with, about which path to take going forward. *Hecate is the one at the threshold of major life transitions.* So, for example, her archetype presents itself in the roles of death doula, midwife, hospice worker.

We all have times when we hang onto old patterns, ways of thinking & acting that are no longer working all that well for us. I find myself there when I’m holding onto old grudges, petty resentments that I have to keep feeding to keep alive, arrrrgh, negative thinking that blocks perspective, to name a few. We are constantly evolving and being given opportunities to grow and expand. Or to stay in our old mindset, even though there’s a disquiet about it. Something is urging us, something wants expression or change.

This can be a very unsettling energy which we may try to push down and on the surface, we may succeed in doing so. A life too calm, too settled and too predictable though, can also be a life that is stuck, and too fearful to move out of that stuckness. I remember a time when I felt this stuckness as “mud around my heart”. I was very lucky to be able to receive the guidance of a gifted therapist, Marie Jose Dhaese; she helped me uncover what that mud was about, to then loosen it up and bring the cleansing waters of insight to wash it away. We are always a work in progress though, never completed, hard as our growth can be. No wonder they call it “growing pains”.

It goes without saying that life-threatening illness or crisis can jolt us out of our comfort zone, throwing us up close against our mortality. Many meet Hecate on those particular roads, in the liminal time of twilight, and find more meaning in their lives by choosing the path of a wide- awake life, replete with its griefs, its sorrows and its joys. Hecate helps

us let go of what is ready to die: outworn attitudes and outgrown roles.

Hecate is also the goddess of the waning or dark moon – the Crone. Hesiod (in *Theogony*, approximately 700 BCE) said that Hecate means: “She who has power far off”; in other words, psychic ability or clairvoyance. We old people don’t just become Crones or Elders – we must earn that privilege by coming to terms with our own issues, grappling with what is holding us back. We have too many blind spots to do all this work on our own, but the good news is that we don’t have to! Teachers or guides to help us explore our depths are everywhere. These teachers help us connect to our purpose, which may change over time. Exploring our depths helps us connect to our grief and suffering and to that of others. It helps us be more fully

human. We can do this work by listening closely and learning from the many sources of wisdom in the world, be they Mother Nature, a spiritual guide, insightful thought-partner, or other mentor. I’ve found that when I am ready, teachers come, and they often come from unexpected places. If we’re seeking, we usually know when they’ve arrived in our lives.

Bolen calls the part of us that knows and sees without the blinders on “the Witness”. Hecate is also the Witness, with us at every juncture, there for the calling. She seeks and sees the Truth of our existence, capital T. We may have distorted ideas or repressed material just too painful to let into our consciousness, but Hecate is there when we are ready and humble enough to ask for guidance. This is inner work that nourishes our souls. Like walking/being in the woods or at the ocean, and how that feeds our whole being. When we step outside of our daily patterns and take a dive into our psyches and look around, we emerge more whole and the world becomes more holy. We may not have the answers but we’re seeing and holding the complexity and we are then able to thrive in “full catastrophe living” (Jon Kabat-Zinn).

To me, it’s about listening to our inner helper, always there for us. If we are able to do so, we can become more fully integrated and real. That makes us lighter, and truly, isn’t this a time when we need to access our inner light?

Thanks to Jean Shinoda Bolen, Thomas Moore, James Hillman, Marion Woodman and Marlene Schiwy, all Jungian scholars, for their wise teachings, many of which are reflected in this piece. 🍷

ing their bosses to call for a ceasefire, there’s a silent mutiny brewing in the State Department over the Biden administration’s Gaza actions, mainstream reporters have been refusing to parrot Israel narratives, and the streets are full of pro-Palestine demonstrators.

This is different. What we are seeing right now is a deviation from the usual script.

The western press have been finding themselves in the uncomfortable position of having to do reporting alongside the middle easterners they’ve been lying about for generations, and discovering that a lot of those middle easterners speak

Middle Easterners Have Words for the Western Press Who’ve Been Lying About Them

By Caitlin Johnstone
OP October 21, 2023



HUNDREDS of US congressional staffers are passing around a letter urg-

English and have a few things to say.

Check out this clip of Egyptian podcaster Rahma Zein laying into CNN's Clarissa Ward at a protest at the Rafah Crossing border gates: <https://themessenger.com/news/egyptians-gather-at-rafah-crossing-amid-aid-urgency-for-gaza-as-protester-slams-cnn-reporter>

And this clip of a Palestinian man telling off CNN's Sara Sidner—who helped circulate the infamous “40 decapitated babies” psyop—saying “You are genocide supporters! You are not welcome here! Genocide supporters! Fuck CNN! Fuck CNN!”:

An urgently needed message and a long overdue confrontation.

If Israel didn't bomb that hospital then why did it doctor up a fraudulent audio clip pretending to show Hamas fighters saying Israel didn't bomb the hospital?

The only way to reconcile this fact with a belief in Israel's innocence is rigorous psychological compartmentalization.

A lot of the distortion around this current crisis arises from confusion between *peace* and *the baseline status quo*. Because Israel had been trucking along at the same *status quo* for so long, people assume there was a state of *peace* when Hamas attacked it, which was why the western political/media class were able to frame it as an “unprovoked” attack. But in reality the status quo in Israel has been one of continually escalating violence, tyranny and abuse for generations, not one of peace.

The trouble with abusive dynamics that have been going on for a long time is that after a while those who aren't directly affected by the abuse tend to get used to that way of being and start thinking of it as normal. So when there's pushback against that abusive status quo, it looks to them like it came completely out of nowhere at the hands of an unprovoked aggressor.

Stand on someone's face for long enough and one day it will surprise you if he eventually bites your foot. You might even feel like you were the victim, because that's just what you'd gotten used to.

And the imperial media of course do everything they can to exacerbate public confusion about this crucial distinction. The Hamas attack is being constantly framed as an unprovoked act of aggression by evil men who wanted to do evil things to Jews, solely because they are evil and hate Jews. History began on October 7, and all the events from 1948 onward never happened.

Empire propagandists do this constantly by the way, wherever it suits the information interests of the empire. After 9/11 it was “they hate us for our freedom” and all the US aggressions in the middle east which provoked Al Qaeda were swept under the carpet. When Russia invaded Ukraine the well-documented NATO provocations and violence in the Donbass which gave rise to it were written out of the history books, and history began on February 24, 2022. If China ever reacts to the US military surrounding it with war machinery and its aggressive provocations in Taiwan, that will be framed as a completely unprovoked attack which came completely out of nowhere as well.

Circumstances aren't peaceful just because we are used to them. Just because you are able to go about your daily routine without major disruption doesn't mean someone isn't being horrifically abused by the status quo which makes your way of life possible. Peace doesn't look like everyone complying with the status quo regardless of its abusiveness, it looks like the absence of abuse.

OP - <https://www.caitlinjohnst.one/p/middle-easterners-have-words-for>

Check out the full story at theislandsgrapevine.com



Remembering Matta



Join us for the celebration of life for Matta Andrea Schaal
November 4th, 2023 at the
Denman Community Hall 3pm
onward.

There will be a chance to speak at an open mic, a show and sale of Matta's art, a community dinner potluck and to finish a dance party at 8pm.

Please come help us celebrate and remember this remarkable friend, mother, and community member.
For more info call 250-650-9171



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PETER T. MASON

P:250-757-8788

surveyor-ark@uniserve.com

DICES Halloween Howl Event

By DICES

DICES is hosting our first ever Hallowe'en Howl, a fundraising event in support of our local food bank, children's programs, youth programs (shout out to Teen Night!) and adult education.

Join us for a few hours of carnival games, interactive family friendly activities, treats and tricks.

**Costume Parade will start at 5 pm.
Haunted Barn starts at 7 pm.**

Tickets are available at Abraxas and at the door.
Supporter Tickets can be purchased for \$100 and the proceeds will turn into community tickets.

Community Tickets will be available on a sliding scale - please message us to inquire or call 250-335-2058.

We look forward to sharing some community spirits with you!



Halloween

by Mr. Unknown

*Pick out your costumes
Watch a movie that gives you a scare
Collect candy from neighbors
Visit the graveyard if you dare*

*Halloween is the time'
That brings us*

*together
To travel down streets
No matter the weather*

*Brought from Celtic culture
To banish bad spirits
While dancing around flame
Be gone to all evil that's near us*

*Carve bright, orange pumpkins
Leave them by a doorstep
For us to know
That your house is participating
Let the games begin
candy for all
For all the children*

*Dress as you choose
Ignite a pumpkin for light
Let us share spooky memories
On a crisp fall night*

Thoughts

by Thomas Provençal

*Who's to know what thoughts
ripple through a human mind?
Especially in a face
schooled to placidity
with the cool conviction
of the Righteous.*

*Who's to know what thoughts
meander through memories
that confirm identity?
A maze of organized information,
bargaining chips,
to barter with the world
and manifest reality.*

*Who's to decide which thoughts,
among conflicting voices,
are acceptable?
for humanity to absorb
into the construct of itself,
bleeding into societal definition,
informing cultural heritage.*





250-335-9143

theislandsgrapevine@gmail.com

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All prices include GST

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ISLANDS GRAPEVINE EDITORIAL POLICIES

Opinions expressed in the Grapevine do not necessarily reflect that of the Publisher.

Inciting violence, hate speech and pejorative language will not be tolerated.



Whether covering events that entertain us, presenting issues that concern and affect us or highlighting the many interesting and gifted people we call neighbour, the Grapevine celebrates the diversity and inclusivity of our shared island life. The following is our policy on content:

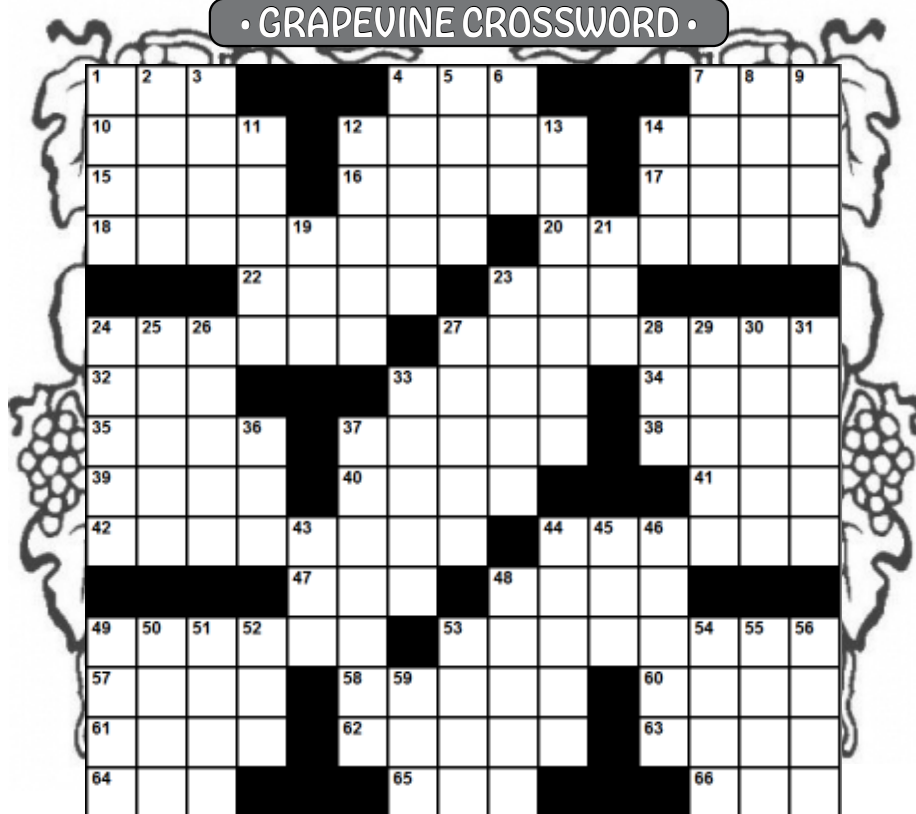
- Profiles of individuals, history, reviews and op ed are published free of charge.
- Literary content including poetry, stories, belle lettres are published free of charge.
- Promotional content for products, services, programs, and events will be published at going advertising rates.
- Public service announcements, notices of meetings, and news releases will be published for a fee. Exceptions will be made for emergencies where the public is immediately endangered.
- With regret, no exceptions can be made for non-profit status.
- Letters to the Editor are published free of charge.

The Grapevine is happy to provide an open, public forum for all islanders to speak and be heard. We are steadfast in our commitment to uphold freedom of expression.

As the record of our times, every issue of the Grapevine is a compilation of that week's submissions. We do not editorialize content, nor do we censor. We ask that writers moderate their own content. The Grapevine reserves the right to edit for brevity.

We are open to contributions from all Denman & Hornby Islanders. If you've something to say, send it our way! No copy and paste submissions. In your own words, please!

• GRAPEVINE CROSSWORD •



• ACROSS •

1. Him's opposite
4. Condemnation from the church
7. Bear hand
10. Encumbrance
12. Pub activity
14. Fairylike being
15. Bad deed
16. In need of more scratch
17. A Walton
18. Outline
20. Motley
22. Clock sound
23. Formal address
24. Electronic dancing music
27. Substance that colors metal
32. Be contrite
33. Alan, Larry or Stephen
34. Exuberance
35. Arm bone
37. Blacksmith shop
38. Deeds
39. Army dinner
40. Burns one up
41. Cry over a mouse
42. Ready
44. Hefty
47. Actress Salonga
48. 100 dinars
49. Repugnance
53. Grit

57. Aquatic plant
58. Jungle charger
60. Actor's part
61. Big blow
62. Someone greatly skilled
63. Black cuckoos
64. Hindu Mr.
65. Adult males
66. Heavy imbiber

• DOWN •

1. Breaks up clods
2. Covetousness
3. Bankruptcy
4. Fabric dyeing technique
5. Circumference parts
6. Last degree
7. Bouncy
8. A Met score
9. Airfoil
11. A deadly sin
12. Dance music
13. Needle
14. Coat rack piece
19. Alley target
21. Band of sparks
23. Trills
24. Tycoon Donald
25. Noted geometer
26. Make fragrant
27. Flagged
28. 1773 jetsam
29. Peptic problem
30. Appraised
31. Glorify
33. Asian peninsula
36. African serpent
37. Rifle
43. A Canadian export
44. Garfunkel's partner
45. Alehouse fixture
46. Extreme prefix
48. Arrest
49. Annoyers
50. Auxiliary
51. Citrus hybrid
52. Thus, to Burns
53. Contribute
54. Charged atoms
55. Musical medley
56. Avian retreat
59. Broadway mugger

• TEST YOUR MATH SKILLS •

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9	4	2	6	7	5	3	1	8
7	1	8	3	4	9	5	2	6
5	3	6	2	1	8	7	4	9
8	7	4	5	9	3	2	6	1
3	2	9	8	6	1	4	5	7
6	5	1	7	2	4	9	8	3

Grumpism



“A few years ago I got dressed up for Halloween as a nuclear power plant. The reaction was terrible.”

• LAST WEEK'S ANSWERS •

L	I	M	A		T	A	P		S	T	R	A	K	E
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C	A	S	T	R	O		L	E	I		K	N	E	W
T	O	A	S	T	S		N	B	C		S	I	R	S

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• **COMMUNITY NOTICES** •

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net Zoom meetings (unlimited time
and free recording): See denman-
works.wordpress.com/contact/

• **WANTED** •

3 LOVELY HUMANS with local
references seeking minimum 3
bedroom rental or house-sit Jan. -
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handy, easy-going, and adaptable!
Please email werkit@proton.me or
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Please send your application by
Nov 8th to enviromikebc@gmail.
com and vero.mirallessanchez@
gmail.com or to PO Box 17.

• **FREEBIES** •

Canopy - fits Mazda 4000 or simi-
lar truck. 250 335 1605

The Islands
Grapevine
Calendar
CORRECTIONS

• *The Food Bank
is open at the
HUB every
Thursday from
4pm to 7pm*

Apologies for any
inconvenience

**THE ISLANDS GRAPEVINE
CALENDAR**

**DEADLINE FOR
DECEMBER
SUBMISSIONS IS
NOVEMBER 24TH**

Send details of your event to:
calendargrapevine@gmail.com

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• (H) Hornby • (D) Denman • (UB) Union Bay •
• (FB) Fanny Bay • (C) Courtenay/Comox •

• ACCOMMODATIONS & RENTALS •

- Denman Activity Centre (Seniors) Rentals 335-3027 (D/H)
- Denman Community Hall Rentals 335-3027 (D/H)
2 halls, commercial kitchen, new sound system
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- Bente Pilgaard, RE/MAX The Islands 250-792-0128 (H/D)
- Donna & Jenessa Tuele • Royal LePage Hornby 335-1720 (D/H)
- Jordan McDonald • Oakwyn Realty • 604-616-1137 (D/H)

• BUILDING • CONSTRUCTION •

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- DB Excavations • 250-465-1889 • dbexcavations@gmail.com
- Roc-Isle Drywall, Harvey Hodgins • 35 yrs exp. 'certified' 334-4776 (D/H)
- Seaside Electric • LEL0207455 • 702-0570 (D/H)
- Shel Brodsgaard • Excavation & Services • 250-703-3898 (D/H)
- Excavator/Backhoe/Tandem Gravel Truck • Kenny Mather •
250-703-6512 (All) • John Isbister • 250-335-2565 (D)
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• 250-650-9986 (D/H)
- Ray Ulovec • Backhoe/Excavator, Septic Installation • 335-3145 (D/H)

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- Denman Works! • Tony Gresson 250-335-0287 denmanresource@gmail.com (D)
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- Able & Ready Septic Pumping Service • 250-338-8822 (D/H)
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- Tree Service • Darian Chase • Arborist 218-0404 (All)
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- Acupuncture • Margot Davey, R.Ac. • 778-992-0165 (D)
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335-2260 (D/H)
- Massage Clinic • 2796 Northwest Rd. • Leah Kelly 335-2584 (D)
- Acupuncture • Jenny McCartney, R.Ac. • 250-508-8160
• www.heartwoodacupuncture.ca (D/H)
- Jessi Schlegel • Personal Training & Fitness Classes • 604-329-3466 •
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FORTNIGHT EVENTS

THURSDAY 26

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30pm-6pm



FRIDAY 27

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

SATURDAY 28

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FREE STORE 9-Noon
- FARMERS MARKET Old School 9:30-12:30
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 29

MONDAY 30

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

TUESDAY 31

- Dora Drinkwater Library 1:30pm-3:30pm
- HALLOWEEN!**

WEDNESDAY 1

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm

THURSDAY 2

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30-6pm

FRIDAY 3

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

SATURDAY 4

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FARMERS MARKET Old School 9:30-12:30
- FREE STORE 9-Noon
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 5

MONDAY 6

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

TUESDAY 7

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 8

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm

THURSDAY 9

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30pm-6pm





ADIMS 20th Anniversary Beach Cleanup Celebration!

**Join us at the Beach Cleanup which includes
a Celebration and Membership Fundraiser
at the Old School Field
Saturday, November 4th, 10 am - 1pm**

ADIMS Director/ Shoreline Cleanup Coordinator, Liz Johnston, will celebrate her 70th birthday on Nov 4th. She will donate 70 of her Heritage Roses to thank all the amazing volunteers who have supported ADIMS to protect our shoreline.



Liz has coordinated the Beach Cleanup since 2003 with the help of all the generous supporters. Please come and celebrate this milestone. There will be a 'Free Rose' for the first 70 people to sign up for their membership with a donation over \$25.

**Membership forms are in the ADIMS
Newsletter (Flagstone, Abraxas, at event)**

Email: adimsinfo@gmail.com



ADIMS provides the residents of Denman Island a strong voice in protecting our marine environment.

For more information: www.adims.ca or Email: adimsinfo@gmail.com

Facebook: <https://www.facebook.com/AssociationforDenmanIslandMarineStewards/>

What if ... You called 911 but no one answered your call



Fortunately, on Denman Island, that's not the case but Denman Island Fire Rescue would like to recruit a few more volunteers to train as front-line Firefighters/First Responders to ensure that we will be able to continue to provide high quality essential services to the community.

We offer:

- Free training to professional standards
- Potential for moving on to a career in firefighting
- First-class gear and equipment
- A one-on-one mentoring program
- Diverse challenges and experiences
- The opportunity to serve and protect our community
- The Island's best fundraising & social programs
- Income Tax benefits

... and much more.

If you think that you are up to the challenge and interested in learning about becoming a front-line firefighter, contact Fire Chief Rob Manering by email at denmanfire@outlook.com

Denman Island Fire Rescue

"Proudly serving the Denman Island community"