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## CONTENTS

ISSUE NO. 1481 • APRIL 29TH, 2021

### • ARTS&LIT •

- 4 • An Unpainted Portrait: Dirty Dai  
*by Leo Simmons*
- 6 • Arts Denman Launches Public Art  
*by Joni Daniels*
- 6 • Serendipity - Off the Grid and Out of  
All the Closets  
*by Anthony Gregson*

### • OP/ED •

- 9 • PPPlay  
*by Eartha Muirhead*
- 11 • Armenian Genocide  
*by Gwynne Dyer*
- 5 • Living Well: Kids Say the Darndest  
Things  
*by Verna Isbister*

- 10 • Letter to the Editor

### REGULAR FEATURES

- 3 • Tide Table
- 16 • Gary's Toon
- 14 • Crossword
- 14 • Mr. Stofer
- 15 • Classified Ads
- 16 • Business/Services Directory

Cover image: Standing Sentinel at Gladstone  
Beach, Denman Island Photo by Dreadful Imagery

**THE ISLANDS**  
*Grapevine*

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- E-SUBSCRIPTIONS: 94 •

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*The opinions expressed herein do not  
necessarily reflect the views of the  
Publisher.*



## COVID-19

### Hornby Island Vaccine Update

The upcoming Covid-19 vaccination clinic on Hornby Island has changed location. It will now be held at:  
**The Seabreeze Lodge - 5205 Fowler Road**

This was done in order to provide a more efficient and improved experience for residents taking the vaccine.

All Hornby Island residents who have already booked appointments on May 3, 4 and 5 do not need to call to re-book. We will be ready for your appointment at the Seabreeze Lodge. Signs will be posted at the community centre reminding people of this change.

## Community Programs Updates

By DICES & Farm 2 Family

COMMUNITY INFO

### Successful Spring Break Camp

This year, COVID has not prevented us from having an amazing two weeks of camp organized for kids in Grade K to 7.

We have spent two beautiful weeks learning about the magical world of pollinators. As butterflies, bees, hummingbirds and other pollinators have begun to come out of their winter slumber, we have put on our observation glasses and jumped into our botanist outfits to learn about various pollinator habitats, food sources and the symbiotic relationships they have with their surrounding environment.

If you did not get the chance to see them yet, the General Store has put on display two beautiful art projects that were created by our young pollinators during our two weeks of camp.

The Spring Break camp in numbers: 26 participants, 2 camp coordinators, 9 Guest speakers and volunteers, 7 drivers, 4 field trips, a lot of laughter and fun!

Thank you to all our guest speakers, volunteers and drivers who made this camp possible.

We would like to thank the Denman Island Conservancy Association for their generous donation and for lending us the DCA room at the old school.

This camp was made possible with funding from School District 71 and a grant from TD Friends of the Environment.

### Farm to Family / Lunch Program Grant

Farm to Family Meals Service Society is very grateful to be a Recipient of \$2500 from the Comox Valley Community Foundation's COVID-19 Emergency Response Grants (Round Two, February 2021) which will be used to help fulfil our mandate of supporting local growers and producers on Denman Island. This grant will be put toward the DICES Lunch Programs in Spring and Summer 2021. DICES has supported the Farm to Family elder frozen meal program since it began in March 2020 by providing storage and distribution space at the CAP site, and we are pleased to be able to return some support for DICES programs through this grant. Many thanks to Comox Valley Community Foundation for your support of F2f and ongoing support of DICES!

### Thanks to the General Store!

Finally, we'd like to take this opportunity to thank Daryl and all the The General Store staff for their excellent service to our food security programs: over the years, they have solicited massive donations and discounts on our behalf, and continue to be incredibly helpful in keeping our Food Bank stocked. We are grateful for Denman's small business.



## The Group of Several Fundraiser for Pepper Lane

### Fence Project *By Debbie Frketich*

**COMMUNITY INFO**

**D**CLTA has worked long and hard to fulfill all government requirements so it can purchase the land where Pepper Lane seniors affordable housing will be built. But there is one requirement left; to build fencing between the property and its neighbours. DCLTA needs approximately \$7,500 for this project and we're closing in on this goal BUT we're not there yet.

To support this project, The Group of Several artists have each generously contributed an original work of art and they are asking you, if you can, to turn your ICBC rebate cheque into a donation to DCLTA to help build the fence. In doing so you will also have a chance to win one of their works of art.

A draw on May 8 will determine the lucky winners.

But please give whatever you can. Large or small, we need your donation. Thank You!

**To donate;**

**Cheques:** Make cheques out to Denman Community Land Trust Association and mail them to DCLTA c/o 3771 East Rd., Denman Island...OR...put it in the Free Post at Abraxas in the red file under Z.

**Online:** at [denmanaffordablehousing.org](http://denmanaffordablehousing.org)

**E-Transfer:** to [bookkepper@denmanaffordablehousing.org](mailto:bookkepper@denmanaffordablehousing.org)

## Denman Farmers Market Launches this Saturday

*By Laura Busheikin • Market Coordinator*

**COMMUNITY INFO**

**Everyone** is invited to the launch of the Denman Island Farmers Market this Saturday, May 1, 9:30 – 12:30, on the Old School field.

Over 25 vendors have signed up this year (thus far), including old favourites and some new faces. As well as farm products like vegetables, fruit, meat, eggs and flowers, there will be plants of many kinds, art, crafts, baked goods, coffee, kombucha, pasta from local grain, jams and spreads, take out food, and more.

The Market adheres to BC Centre for Disease Control regulations, so it can provide a COVID-resilient outdoor venue for local shopping. These are somewhat more stringent than last year, mainly for vendors. **For shoppers, we ask the following:**

- Use only the one entry/ exit site, off of Denman Road. Look for the big signs; you can't miss it
- Stay two metres away from others (unless they're in your household bubble)
- Don't linger in the vendor area. It's ok to say hi and have a brief chat with friends, but for more, please move to the picnic table area or away from the market
- Stay home if you are sick or have any symptoms, have been out of the country recently, or been in contact with someone who might have COVID

We'll have plenty of hand sanitizer at the entrance and picnic tables, and free masks at the entrance. As per CDC regulations, masks for shoppers are not required, but are appreciated.

Outdoor markets are one of the safest ways to shop right now. Last year, thanks to our stellar vendors and the cooperative attitude of Denman Islanders, we had a successful, smooth, and fun market season, and we look forward to doing the same in 2021.

Interesting in vending? Email [denmanmarket@gmail.com](mailto:denmanmarket@gmail.com). 🍷



*Greens in bowl.*

## TIDE TABLE

• Secondary Tidal Station Ford Cove •  
• Source: [tides.gc.ca](http://tides.gc.ca) •

### 2021-04-29

(Thursday)

| Time PDT | Height (m) | Height (ft) |
|----------|------------|-------------|
| 02:03    | 3.0        | 9.8         |
| 07:14    | 4.6        | 15.1        |
| 14:25    | 0.3        | 1.0         |
| 21:40    | 4.9        | 16.1        |

### 2021-04-30

(Friday)

| Time PDT | Height (m) | Height (ft) |
|----------|------------|-------------|
| 02:59    | 3.2        | 10.5        |
| 07:53    | 4.5        | 14.8        |
| 15:10    | 0.3        | 1.0         |
| 22:38    | 4.9        | 16.1        |

### 2021-05-01

(Saturday)

| Time PDT | Height (m) | Height (ft) |
|----------|------------|-------------|
| 04:04    | 3.4        | 11.2        |
| 08:38    | 4.2        | 13.8        |
| 15:58    | 0.5        | 1.6         |
| 23:36    | 4.9        | 16.1        |

### 2021-05-02

(Sunday)

| Time PDT | Height (m) | Height (ft) |
|----------|------------|-------------|
| 05:22    | 3.4        | 11.2        |
| 09:29    | 4.0        | 13.1        |
| 16:49    | 0.8        | 2.6         |

### 2021-05-03

(Monday)

| Time PDT | Height (m) | Height (ft) |
|----------|------------|-------------|
| 00:36    | 4.9        | 16.1        |
| 06:50    | 3.3        | 10.8        |
| 10:36    | 3.6        | 11.8        |
| 17:46    | 1.1        | 3.6         |

### 2021-05-04

(Tuesday)

| Time PDT | Height (m) | Height (ft) |
|----------|------------|-------------|
| 01:35    | 4.8        | 15.7        |
| 08:15    | 3.0        | 9.8         |
| 12:05    | 3.4        | 11.2        |
| 18:49    | 1.5        | 4.9         |

### 2021-05-05

(Wednesday)

| Time PDT | Height (m) | Height (ft) |
|----------|------------|-------------|
| 02:30    | 4.7        | 15.4        |
| 09:22    | 2.7        | 8.9         |
| 13:45    | 3.3        | 10.8        |
| 19:55    | 1.8        | 5.9         |

### 2021-05-06

(Thursday)

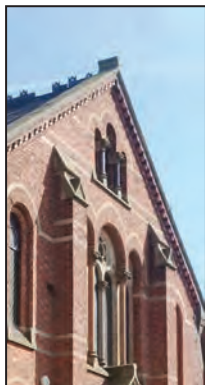
| Time PDT | Height (m) | Height (ft) |
|----------|------------|-------------|
| 03:17    | 4.7        | 15.4        |
| 10:12    | 2.4        | 7.9         |
| 15:18    | 3.4        | 11.2        |
| 20:59    | 2.1        | 6.9         |



## An Unpainted Portrait: Dirty Dai

By Leo Simmons

ARTS&LIT



**D***irt.* Def: A medium for the growth and sustenance of plant life, a myriad of insects, microbes. Found upon 1970s secondary school Geography teachers.

Daffyd William Evans was a distinctive - if not distinguished - figure around the school. His nickname 'Dai' (pronounced "Die") suited him phonetically as well as culturally. His skin, conditioned by forty years of British summers, was a particularly pale shade of 'mysterious cadaver' and was contrasted by thick, purple lips and mismatched sandy, lank hair. While his name suited him, his clothes did not, and indeed rumour had it that such a set of garments had never been made. On any day of the year, he presented us with a masterclass in sartorial calamity.

Dai's problem, you see, was that his parents' genes had come together in such a way as to create a human which resembled a loose and disorganized collection of spare parts. Nothing he wore - not even the teachers' standard issue sports jacket with leatherette elbow patches - looked as it should. Little surprise, then, that he inspired a second and more frequently used nickname: Lurch.

There was more. Grimly aware of the hand he had been dealt by the universe, Dai was bitter. Fortune had at least smiled upon him by providing an outlet for his frustrations in the shape of hundreds of irritating but powerless schoolboys. He wasn't about to let an opportunity like that go begging. His irritability was legendary; like an invisible goblin it stalked the corridors of the New Teaching Block by his side, leaving behind it a trail of chastened boys as he made his way to or from his classroom. Strangely enough, this was as far away from the staff room as it was possible to get without leaving the connected main buildings. He did not have many friends on campus.

As a member of the Geography Department, he was destined to be...different. There was something unusual about each of the teachers whose home rooms were on the ground floor of the NTB. Mr Watson was approximately one hundred and twenty pounds and six feet eight inches tall, while Mr Winters was the meekest and most ineffective man ever to inhabit a tweed jacket with leatherette elbow patches, and was frequently bullied by the students. Mr Sago closed his eyes when he spoke and as a result occasionally fell over the furniture, while Mrs Hatch had a voice which could crack the lenses in a boy's spectacles if she was excited. Mr Jubb had both a severe rhotacism and lisp, making him difficult to understand at the best of times. Somewhat surprisingly, he was most often seen in the company of one of the physics teachers, Mr Woth - sorry, Mr Ross...

Lurch was the beneficiary of multiple differences: he was very Welsh, looked quite terrifying and he smelled. Not just a little bit, either. In an environment populated by hundreds of malodorous, adolescent boys, he out-stunk us all. It was usually possible to tell, merely by breathing in through the nose, if he had recently passed along a corridor. On particularly warm days, we could detect his presence in the New Teaching Block from any point in the building. Remember; we were by no means paragons of cleanliness, and for most of us, deodorant was an aspirational goal of manhood some years away. Dirty Dai/Lurch stood out as an example of the Dark Ages attitude towards cleanliness. How we wished he would stand out somewhere else; in a lake, for example.

He was not without amusing quirks. In a region of England where difference of any kind was rare, Dirty Dai's strong Welsh accent was unusual but not particularly unfamiliar. However, his occasionally eccentric use of English - especially when

agitated - proved to be a regular source of entertainment for those with a childish sense of humour (us). The comedic value of "Whose coat is that jacket?" was exaggerated, but "You three make a right pair." was, I thought, genuinely innovative. On one occasion I witnessed: "You - all five of you! Be quiet! Now, one of you in each corner!" Needless to say, the room was square.

While we delighted in these harmless Lurch-isms, he was not remotely forgiving if ever we tried to pronounce words in his native tongue. Welsh is a truly ancient language, steeped in tradition, honour and history, and we pimply fools abused it horribly. Located as we were within just a few miles of the border with Wales, Welsh place names were a not infrequent part of our lives. Our profoundly Celtic teacher would fiercely latch on to any mispronounced place name (all of them, then), steam bursting from his flared, hairy nostrils and tobacco-stained tombstone teeth bared in a snarl. On one needlessly disturbing occasion, while studying a mapped Welsh landscape in class, Mike Bennett - who was burdened with a very out-of-place cockney accent - asked Lurch about a place name he had found. He put his hand up and waited to be glared at. "Skyewz me sir, but wots a Paindee Oochaff?" A few of us had noticed the name - spelt 'Pandy Uchaf' - on the map, but had decided against engaging the teacher on the subject of its meaning. For good reason.

Lurch, to all intents and purposes, exploded. Mike, who was a tall athletic lad, quailed before the onslaught which reminded me somewhat of the popular 'Captain Caveman' cartoon of the time. Waving his badly-attached arms, our tutor leaned over the unfortunate Mike, showering him with flecks of spittle and battering him with a mixture of fluent Welsh and almost-fluent English. Instinctively, I withdrew into a Dormouse-like ball. Sometimes, learning is best achieved through vicarious experience...



## Living Well: Kids Say the Darndest Things

By Verna Isbister

**R**ecently, when I was feeling a bit down, I decided to follow the old adage that laughter is the best medicine. I decided to watch some old episodes of Art Linkletter's show, Kids Say the Darndest Things, on YouTube. Within minutes I was laughing and my spirits were lifted. Linkletter said, "The two best interview subjects are children under ten and people over seventy for the same reason: they say the first thing that comes to their mind. The children don't know what they are saying and the old folks don't care." I'm not sure that's always true but he's done more interviews than me. The shows are outdated (the stereotypes are quite startling) but they demonstrate that kids do say the darndest things.

Art Linkletter was born in Moose Jaw, Saskatchewan. He brought fun and laughter into many people's lives but he also knew much sadness and sorrow. He was abandoned as a baby and later grieved the deaths of three of his children. He was quoted as saying, "Things turn out for the best for the people who make the best out of the way things turn out." He was a rare man who had a deep Christian faith, a natural affinity for people, the ability to connect with people of all ages and a contagious smile.

Once he asked a child, "What's a goatte?" and the child replied, "That's easy ... a small goat." He often asked children what they would like to be when they grew up. One four year old said that he would like to be a doctor so Linkletter asked, "What would you do if I came in to see you with a stomach ache?" The child replied, "I'd pat you on the back and burp you." Another child told him that he would like to be a pilot. "We'll, what would you do if the plane started to crash?" asked Linkletter. The child simply bowed his head and started to pray.

When I was a teacher, I taught Kindergarten for three years. I kept a notebook recording all of the funny things that the kids said and did. For show and tell one day, a student brought a frilly negligee of her mother's. We all agreed that it was very pretty. I asked the girl where she had found this item and she replied on her mother's bed. The next time that I saw the mother she had a hard time looking me in the eye but we ended up having a good laugh.

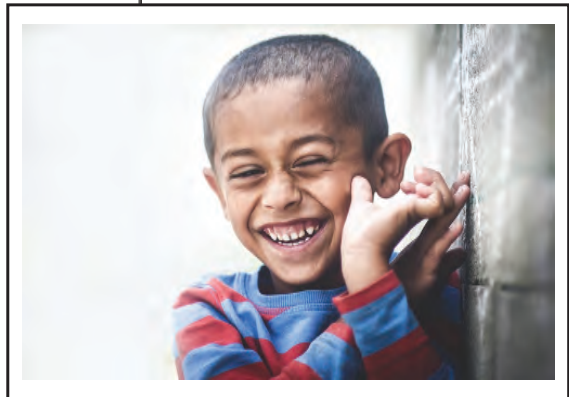
Once when I was on my practicum, the teacher asked all of the students to draw a line under their spelling words. One little girl continued working when everyone else had left for recess. When I approached the child, she started crying and said, "I've tried and tried but I just can't draw a lion under every spelling word!" Who would have thought!

Sometimes the honesty of children speaks into our lives. During one small group activity, I asked the children to count everyone in the cir-

cle. One child announced that there were four people. "What about me?" I asked. "You're not a kid," she stated, "You're an old lady." My retirement plans were sealed.

I must say that my time working at the Blackberry Lane Pre-school was delightful. There is something very special about the children on this Island. Their naturalness with adults, spontaneity, curiosity and fun-loving spirit brought joy to every day. Whether they were loading or unloading ferry traffic as they rode their bikes on the tarmac or playing make-believe, their laughter brightened the day.

So if you're feeling a bit blue, I recommend trying laughter as the best medicine. When interacting with a "child doctor" one day, I was told to sit down and then asked, "Well, what's your problem?" I wasn't sure where to start! That interaction still makes me chuckle.



### 2021 Denman Island Recreation Grants

Applications are now available for the CVRD Recreational Grants for Denman Island non-profit Groups which provide sport and fitness related activities. Applications can be picked up at Abraxas Books free mail under "R" or on line <[www.denmanresidents.com](http://www.denmanresidents.com)> link to "Committees and Services" Return to Abraxas books or email to [scrutond@telus.net](mailto:scrutond@telus.net) Deadline for submissions is MAY 25 at 5 pm. Funds available approximately \$19,000. Committee members: Dr. David Scruton, Nancy Snyder, Jack Forsyth.

## Arts Denman Launches Public Art

ARTS&LIT

By Joni Daniels • Arts Denman

**A**rts Denman is pleased to announce the first in a series of commissioned public art installments. Jayne Rutledge-Fogarty's Denman Island flags were mounted on the porch of the Arts Centre this past weekend. The lino cuts and stencil designs, inspired by Denman's surroundings, are grouped in three collections: Coastal, Forest and Garden.

"During trying times like this we all need a boost to uplift our spirits," said Jayne. "The grant from the Arts Denman committee gave me the opportunity to express myself about the flora and fauna of Denman Island and surrounding oceans".

Several commissioned pieces by Denman artists were made possible by a generous grant from the BC Arts Council. You can look forward to sculptures, ceramics, paintings, fabric art, murals and more. All will be installed as they are completed throughout the summer and fall.

Jayne's work, including copies of the Denman flags, is available at the Craft Shop. 🍷



Denman Arts Center



Denman flags

## Serendipity - Off the Grid & Out of All the Closets

ARTS&LIT

By Anthony Gregson

**T**here is a delightful chuckle in his laugh and his friends know him as Serendipity – Seren for short. His eleven years on Denman check all the boxes of a Gulf Island dream. He owns his tiny affordable home and grows much of his food. Off the grid and out of all closets, he dwells in community with creative souls (the "neuro-divergent" he calls them), alone but hardly a hermit.

His name is not some naïve notion of self realization. Born, and lived for much of his life as Tim Jeffrey, the concept of serendipity is more than a happy happenstance. "It is an understanding of growth. You have matured to the point where you accept who you are." That's not been easy, and yet, while he would not wish his early life on anyone, "given my druthers, I like who I am." Serendipity is not just luck, but also a process where you end up in a good place.

Denman isn't the sort of place where people move because there's no choice. In hindsight, Tim's choice seemed to be in the cards. The path to Denman started out in Winnipeg, where he was a home care worker, caring for the elderly. After 20 years, the job palled. "I would say," he now recalls, "I was on the edge of going insane. I was in a system run by bureaucrats who understood money better than people." There was the situation of an



elderly blind man living alone with no family left to look after him. “They send for home care and it works wonderfully, but it is winter and it’s Winnipeg and the sidewalk has a foot of ice. The only way we were allowed to deal with it was that, if we felt it was unsafe, we could report it as unsafe and refuse to work. They would take it from there. But there’s still a blind man in his late eighties who needs care.” He shovelled out the walk anyway. Things like that. He compares it to gaslighting, psychological abuse where someone makes you question your own sanity, memories, or perception of reality.

Living in the downtown core, “a mixed bag of the very poor and the medium wealthy” who wanted to live near their offices, didn’t help. Calling the North End home, “the just about-living-on-the-streets end of town – the working poor, recent immigrant, indigenous – all that”, was even worse. Winnipeg, Tim points out, “is the most blatantly racist city in Canada – a report came about that – and I just couldn’t take it anymore.”

His experiences made him an humanitarian anarchist: the poor and underprivileged had no power in his view. They had no choice but to be themselves while they were told what was best for them by everybody else.

Tim always dreamt of living how he lives now, but he is no stranger to living on the land. He grew up on a hard scrabble Manitoba farm and knew how to milk a cow by hand, pitch bales, and pick rocks. For three years he partnered on a small farm finding out the hard way how little interest the government had. You could own two sections and still need an off-farm job to keep going. There was less subsidy per acre than a big, mechanized farm, using lots of chemicals, and if you were organic, the support halved again.

After he left his home care job, he eventually found an “intentional eco-village” where for \$3,000 you could own a 1/8 share of the 8-acre property, and for \$50 a month (only \$63 today), have access to electricity, a computer, satellite internet and an app for your phone, plus basic foods, gluten free or regular. You could live in some old buildings until you built something of your own. You had to live there for a nine-month trial period before you could buy in. It was a great deal, and he was fitting in well except that, come winter, all the old buildings were spoken for and the trial period wasn’t over.

There was no going back to Winnipeg, so he went woofing. That brought him to Denman where things didn’t go quite as imagined. “I didn’t understand that people who go woofing often wander a lot, but I wanted to stay in just one place for six months. So, I got here, and the place I was staying at could only host me for three weeks.” He soon fixed that.

In an unusually thoughtful way, he went about posting an ad in the Grapevine. “I put together a log of my experiences and how they are related to skill sets - how I gained skillsets as I went through life. Especially multi-tasking. Homecare - that’s what you do. You walk in the door, you put the kettle on, you get Mr. Smith up, you grab the pills on your way to the bathroom - and the whole time the laundry is going. Other things, like being able to handle an animal is a strange and unusual talent and so I thought, I am looking for varied woofing experiences, so let’s just put the whole skillset out there.” Before the week was up, he had six months of work, even though it was mostly house-sitting or work trade gigs, some of it, he

thinks, due simply to being “upbeat and mature”.

The homecare has translated into much of his life. Tim reckons that half the gardening he does is a form of elder care. Many elders are lonely and even though you are being paid to do a



particular job, he has learned to put that aside. “It makes me more comfortable when a client just wants to chat, and you don’t want to be working while you are.”

Marvelling at the fact that you could grow food practically year-round and delighted by the creativity and openness of the community, it did not take long for Tim to conclude that the relative affordability of Manitoba wasn’t worth it.

Nowadays he lives in a home-built, mobile cabin of 240 sq ft. along Lacon Road, on a farm where he leases three acres, though he finds the half acre he cultivates more than enough. His home is surrounded by a maze of softly

*continued on P.8...*

...continued from P.7 mounded beds piling up from grassy paths, interspersed with fruit trees and some ornamentals.

At first sight, it might seem somewhat chaotic. But what you are really look at is efficiency. Growing up on a small, poor farm with a less mechanized version of farming, saving labour comes naturally. In building beds, he dispenses with all the digging and getting rid of roots.

Fortunately, he has about eight inches to a foot and a half of soil with a workable subsoil. He layers compost materials - everything from mulch hay to seaweed to leaves - right on top of the weeds in the ground. Then he digs up the path and throws all that on top. "Putting chickens on and giving them lots of stuff to go through like seaweed and worms, by the end of that, all your weeds are dead." He just has to loosen the soil and start planting. "By the time the roots get into the mulch, it is mostly composted. And then, by the time they get down to what used to be the weeds, they are all dead and composted."

He grows about 25 to 50% of his own food over the year, keeping chickens for eggs. The chickens do okay on scraps, but he buys them chicken feed because growing the carbs they need is just too much work. With Covid relief money, he built a greenhouse and figures you could, in a pinch, probably live completely off the land if you kept some sheep as well.

His diet, largely vegetables, follows the seasons, with kale, salad, potatoes, and squash looming large. He is constantly looking for ways to make the most of what he grows, always experimenting with recipes. He preserves meat and fruit, pickles, makes kraut, dehydrates vegetables, and makes jerky, making do without a refrigerator or a freezer. That's because he famously lives off-grid with two, small solar panels. In mid-winter (around Dec 21st), if the weather is good, he gets enough to power LED lights, and nothing else. If the weather is bad, he lives with a miner's headlamp, some battery-power lights, and candles. At least the cabin sits right out in a field with lots of light through two, big, mullioned windows. For heat there is a formidable, old iron, griddle-topped stove. "I'm the sort of person that if I can't see something, it doesn't exist," so open shelving is packed with everything you need to make a useful, lively clutter together with a rummage of books and art hosted by two cats. He hasn't owned a car since he was 26 and gets around on a bike.

In many ways, it is an intense, demanding existence but Tim is out there in the community. He volunteers at the Free store, runs the food bank, and prides himself in friends of all ages. There is a shared garden, and others with whom he does major projects each year, growing garlic, and selling plants at the Farmers Market. Even some of his own art is collaborative. Dancing at community events literally gets him high, and he has thoroughly enjoyed himself in skimpy drag on stage at Martini Lounges - with offers of marriage from the crowd.

Repeated childhood abuse caused him to suffer from PTSD. "I was having lots of feelings and desires that I consciously did not like, and I couldn't change." It led to a preference for partners who were themselves damaged, "the more the better, and yes, it's real fun at the beginning but not real fun at the end, so let's not do

that again."

Added to the abuse was the stigma of homosexuality, difficult in a normative family, and further compounded by the Aids epidemic which induced a lot of fear and a kind of puritanism. "If you are rejected because of your orientation, you must become more independent. That helps you to define yourself, to get away from expectations, like another set of mirrors." Times have changed. Tim feels there are a lot of LGBT on the island. Some younger people are interested in his experience of intolerance and homophobia.

He came to art therapy on his own, before counselling began, and was then encouraged to continue. Held in, the abuse is toxic; art gets it out there where

it withers in the public gaze like a vampire in daylight. Occurring at an age before he could put them to words, his experiences were recorded in emotions and behaviours, by the part of the brain, he feels, that can sing

(he has had clients who could not talk but still sing).

The work has profound personal significance for him. It consists mainly of watercolours of symbolic images: a whiskey bottle with a wedding ring, or a weeping monkey and a teddy bear. The images are spontaneous or sometimes chosen. They are a reminder of the fundamental power of art, however simple. The exhibition at the Guesthouse last October was a big thrill. "The moment I put the art up on the walls, I was euphoric. I felt heard. I felt I was worth hearing."

Serendipity may be Tim's mature moniker, but if so, his second name is Resilience.



## PPPLAY

By *Eartha Muirhead*

OP/ED

"The opposite of play is not work, it is depression." Marshall Rosenberg

**N**owadays, being a parent is THE hardest job on the planet. You are not paid to do it, you are not trained to do it, your extended family is most likely not involved, you and your kids are facing a global pandemic and a global climate crisis, and you are often exhausted and perplexed after accomplishing even the bare minimum. You set out to never repeat what your parents passed on to you and sometimes you succeed. When you don't, you suspect that they internalize shame, injustice and neglect. The good news is that, when kids are encouraged to engage in Primary-Process Play, healing from life's hurts becomes as natural as the process of tiny seeds becoming big trees. Primary-Process Play, (PPPLAY for short) consists of practising Presence, Listening, Allowing and Yielding and is a pro-active, dynamic dive into developing creative and emotional intelligence.

"I think young children rarely get as much play as their brains need." Dr. Jaak Panksepp

Primary-Process Play challenges us to organize society around creative and emotional intelligence and allows for whole brain integration of the body and emotions. "Play is a window into the sacred...and an opportunity to express the ecstatic energies of life itself. The degree to which civilization has suppressed play is the degree to which it has denied life. As a substitute for spontaneous play, we civilized adults have created games." says Richard Heinberg PPPLAY often involves making a mess with building/art materials, and often includes story-telling, dance and music-making, painting, drawing, poetry, dramatization, fantasy or any open expression that is challenging and creative.

Video games, using apps on electronic devices, sports and board games are secondary-process play and can actually dampen creativity and emotional intelligence. Even if you do not use devices at home, kids are bombarded with toxic messages from their school mates who do. A parent told me that her 9 year old was recently visiting a school chum and they were both playing video games while also watching a movie on a big screen. Video games are highly addictive, often sexist and violent and, I believe, are a form of socially sanctioned brain-washing, harm and neglect. The human brain is unfortunately wired to risk danger in order to produce dopamine, aka, reward hormones. We must admit to ourselves how we too, get hooked on these impulses. Can you imagine openly

sharing with your kid about the pitfalls of extrinsic rewards and the brains' negativity bias? Be prepared for a lot of resistance. Detoxing must be slow since we do not want a cold-turkey rebellion.

Parents are up against a mindless consumerist society that disrespects the imagination and desecrates the sense of the sacred. Please remember that you are changing the world each time you invite yourself and your child into exploring PPPLAY. We never outgrow the need to play. The place to start is by turning off the devices and exploring the practice of being Present, of Listening, of Allowing and Yielding to whatever unfolds; when we are alone and when we are with others.

For more information, please visit my website at [www.earthmuirhead-counsellor.com](http://www.earthmuirhead-counsellor.com).



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## Denman Housing Association

Community Information Meeting by Zoom  
May 12 at 5 p.m.  
About Denman Green & our new downtown site  
Please look for information on our website from May 5 At [DenmanHousing.com](http://DenmanHousing.com)

**Join Zoom Meeting**  
<https://us02web.zoom.us/j/6766677098>

**Meeting ID: 676 667 7098**

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## Letter to the Editor

*My favourite news station is The Good News Station. No news is good news!*

*Well, we got news. The world was going to hell before COVID. Next came a multitude of mixed messages from Doctors who*

*aren't serving their patients. They give a human face to pig Pharma. Who use us as guinea pigs while they war profiteer on the backs of the sick.*

*Trust the data? Hand wipes work, until CDC unwinds their mind. No word that exercises improve the lungs, when it's the lungs that clog up. No money in that. As for the stop a shot because one in a million gets treatable blood clots! Bad idea. Stupid idea.*

*Humans are adaptable. Took 600 years, but bubonic plague is no longer lethal. Thanks go to rats, who built up their immunity, and passed it on to us. As for smallpox, a vaccine was invented by a European man centuries after a woman noticed that inoculation worked in Turkey.*

*Trust big Pharma? Overuse of antibiotics led to superbugs, and a revival of tuberculosis. Anti-malarial drugs have led to untreatable malaria. Untested COVID drugs play the same game.*

*The Spanish flu had a 10% fatality rate. Lasted one year. 80% of humanity didn't get it. The numbers don't add up to herd immunity. (More on that later.) SARS also had a 10% fatality rate. COVID is under 2%, in part because the medical profession finally got the bright idea to follow what worked with SARS.*

*Plagues come and go. As do doctors memories. Mutations arise when a disease is not allowed to run its course. Flu shots do that. There will be new variants. (A cute sanitized dress-up word for mutations.) Herd immunity is a PR fantasy. Still, most of us have some resistance to COVID. Those who didn't get annual flu shots to cheat the disease have the antibodies needed to fight, but not destroy COVID.*



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CREDIT UNION

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**Special General Meeting**  
Merger vote results will be announced May 15!  
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*Serving our members, our communities.* For branch info, please visit [ubcu.ca](http://ubcu.ca)

### Celebrating co-operative movements in action Merger vote symbolic of credit unions' democratic process

On Saturday, May 15, Union Bay Credit Union is holding a Special General Meeting to announce the results of our vote to merge with First Credit Union.

Regardless of the outcome, it truly will be a special day because it is symbolic of the democratic structure that is the basis for all co-operatives.

When organizations operate as co-operatives, they work for the best interests of their members and the communities they serve, not third-party investors. Credit unions are financial co-operatives guided by some basic principles, not least of which is being directed by democratic member control. Because when you do business with a credit union, you are more than a customer – you are an owner.

As a member owner, you get to have your say by voting on which other members make up the Board of Directors or other things such as, for instance, a proposed merger with a like-minded co-operative. This democratic process ensures we always operate with our members' objectives and needs in mind.

As independent, autonomous entities, credit unions exist to serve members and support local communities. And we are grateful for all our members' continued support of us! To show our appreciation for everyone who took the time to vote, we are donating \$5 to our local volunteer fire departments for every single ballot cast.

Your votes always count – and in this case, they count just a little bit more.



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MORE INFORMATION AT

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*We got the plague from rats, ebola from monkeys, SARS and COVID through bats. Our pets are mammals. Next wave, and what! Two weeks of masked self-imposed isolation with the family or dog. Pet gerbil. Hippo. Giraffe. Or a DT voodoo pin-cushion, with a putter shaped needle that stinks of DLT.*

*Patience, and cautious isolation and optimism, works. Neanderthals had the right idea. Exercise and rest. And don't touch the Dravidian with a six foot pole. Having been brainwashed into getting annual flu shots, the human herd didn't built up a resistance to new strains. I blame this COVID mess, and the deaths, on big Pharma. And the politicians who believe that sickness is sick for business. Still, by now it not a bad idea to get a shot. COVID is real. A needle makes a dent in the severity of casualties. Those who get it are less likely to die.*

*Doesn't change the problem; just pushes it up the road. With big Pharma providing endless booster shots. (Cute sanitized word for greed.) There will always be more money and marijuana to throw at the problem. We can either continue to depend*

*on big Pharma, or on independent scientists with a moral compass. Or we can hope that our animal friends will save us from our selves. If we take on the responsibility for a healthy lifestyle.*

*As for the brainwashing, CBC news has bored untold numbers to death. Or fried their brains. Same as with those poor BC Ferry workers, who endure the same banal message over and over and over.*

**Hersh Chernovsky** 🍷

## Armenian Genocide

By Gwynne Dyer • OP April 25th, 2021

OP/ED

**F**ollowing in the path of 31 other countries including Germany, France, Italy, Canada, Russia, and Brazil, the United States has at last 'recognised' the Armenian genocide. Not that the United States ever denied it, but it officially avoided the word 'genocide' for 106 years for fear of angering the Turks.

But there are hidden depths here, because Israel still refuses to accept the word 'genocide' about the Armenian massacres. Every year since the 1980s a resolution is introduced in Israel's parliament demanding that Israel also call it a genocide, and every year it is rejected. Why?

In the past it was largely to avoid infuriating the Turkish government, which was once Israel's only friend and near-ally among Muslim-majority countries, but that's no longer true. Under Prime Minister Recep Tayyip Erdogan's thuggish rule, Turkey is no longer Israel's friend, and Jerusalem now has lots of friends and near-allies among the Arab dictatorships. So why does Israel still hold out?

Because the Holocaust of the European Jews committed by the Nazis was the event that gave the word 'genocide' global currency, and many Israelis feel that putting the Armenian massacres of 1915 into the same category devalues the currency.

The problem is that the meaning of the word 'genocide' has now expanded to include many other evil deeds done to large groups of people sharing a common ethnicity or religion. For example, it is now used to describe China's treatment of the Uyghur people of Xinjiang, but not many Jews would be comfortable ranking that with the Holocaust.



*The photo is from the Arkivverket (Norwegian Archives). It depicts the Armenian leader Papasyan seeing what's left after the horrendous murders near Deir-ez-Zor in 1915-1916. Some of the bones have been washed away by the Euphrates river.*

Whereas most Armenians really want the catastrophe that befell their ancestors to have the same status as the Jewish holocaust: an unprovoked, premeditated, systematic attempt to exterminate an entire people. But that's not actually what happened to the Armenians of the Ottoman Empire, although what happened was bad enough.

*continued on P.12...*

...continued from P.11 A group of junior officers called the Young Turks seized control of the Ottoman empire in 1908, and their leader, Enver Pasha, foolishly took the empire into the First World War at Germany's side in November 1914. He then led a Turkish army east to attack Russia, which was allied to Britain and France.

That army was destroyed in the deep snow around Kars – only one-tenth of it got back to base – and the Turks panicked. They scrambled to put some kind of defensive front together, but behind them in eastern Anatolia were Christian Armenians who had been agitating for independence from the empire for decades.

Various revolutionary Armenian groups, Dashnaks and Hunchaks, had been in touch with Moscow, offering to stage uprisings behind the Turkish army when Russian troops arrived in Anatolia. Some of them now assumed the Russians were on their way and jumped the gun.

Other Armenian revolutionary groups, near the Mediterranean coast, were in contact with the British command in Egypt, and had promised an uprising to coincide with planned British landings on Turkey's south coast. Later Winston Churchill switched the landings much further west to Gallipoli, but again the Armenian revolutionaries didn't get the message in time and rebelled anyway.

The Young Turks panicked: if the Russians broke through in eastern Anatolia, all the Arab parts of the empire would be cut off. So they ordered the deportation of all the Armenians in the east to Syria – over the mountains, in winter, on foot. And since there were no regular troops to spare, it was mostly Kurdish irregulars who guarded the Armenians on the way south.

The Kurds shared eastern Anatolia with the Armenians, but the neighbours had never been friendly. So many of the Kurdish escorts assumed they had free license to rape, steal and kill, and between that, the lack of food, and the weather, up to half the deportees died. To the extent that the Turkish government knew about it, it did nothing to stop it.

More Armenians died in the sweltering, disease-ridden camps they were held in once they arrived in Syria. It was mass murder through panic, incompetence and deliberate neglect, but it was mostly over by 1916, and most Armenians in other parts of the empire survived the war. Indeed, they are the ancestors of the Armenian diaspora today.

The best estimate is that 800,000 Armenians were killed during the mass deportations from eastern Anatolia to Syria in 1915, at least a third of the Ottoman

Empire's entire Armenian population at the time. But in its lack of planning, its chaotic execution, and its limitations in time and space it was very different from what happened to Europe's Jews in 1941-45.

Nevertheless, it fits today's expanded definition of the word 'genocide', and using that word will give comfort to a lot of people who have never had a proper apology from the Turks. The current generation of Israelis are grown-up enough to live with that outcome, and it's about time the Turks grew up too.



*Angel Wings*  
by Thomas Provençal

*Open up your angel wings  
and take me for a ride.  
There's nothing like the feeling  
of being deep inside,  
reaching for a climax,  
my heart will smile wide.  
After an explosion  
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but never fear my darling  
for this too shall subside.  
I'll rise again to stroke your  
path,  
hard and full of pride.*



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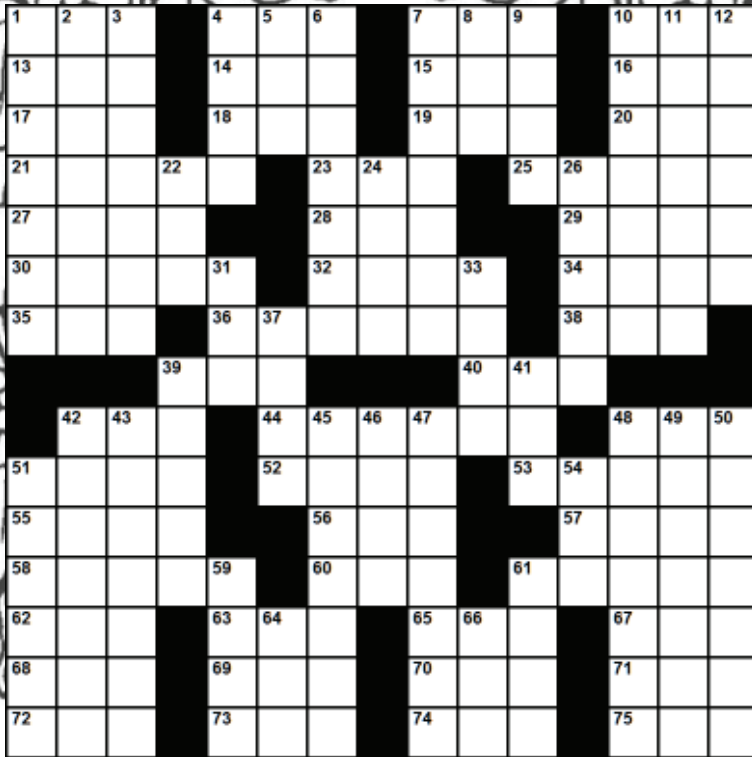
### EDITORIAL POLICY

The Grapevine is dedicated to fostering a sense of community on Denman and Hornby by covering events, issues, and the creativity of the many gifted people amongst us. The following is our policy on content:

- Profiles of individuals, history, reviews and op ed are published free of charge.
- Literary content including poetry, stories, belle lettres is published free of charge.
- Promotional content for products, services, programs, and events will be published at going advertising rates.
- Public service announcements, notices of meetings, and news releases will be published for a fee. Exceptions will be made for emergencies where the public is immediately endangered.
- With regret, no exceptions can be made for non-profit status.

Please keep in mind that Hornby and Denman are a very small market for newspaper publication. We do our best to provide quality content at no cost to our readers but we ask you to understand that this depends on financial viability. Paper, ink, postage, equipment, and rent all add up. As it is, the Grapevine can only be brought to you with considerable subsidy of time and energy by our team which is very willingly given. The Grapevine would like to accept more content free of charge, particularly around community news, and is working on plans to expand its reach and revenue base to move towards that goal.

• GRAPEVINE CROSSWORD •



• ACROSS •

1. Kind of scout
4. Ammonia, e.g.
7. Deterioration
10. Conduit fitting
13. Like mindedness
14. Dos Passos subject
15. Actor Vigoda
16. Denial in Glasgow
17. 18-wheeler
18. African serpent
19. Be a contender
20. A rival of ABC
21. Clean cookware
23. Air pump meas.
25. Bedroom slippers
27. Charged atoms
28. John's Yoko
29. Aria, usually
30. Public announcer
32. Lunar valley
34. Exploiter
35. Cultural collection
36. Worry free place
38. Apple color
39. Chicago lyricist

40. Fire a ray gun

42. Armed conflict
44. Forever
48. Mil. rank
51. Actress Wynter
52. Bring in a crop
53. Home of the slave
55. Ain't right
56. Aves, once
57. Baltic capital
58. Condescend
60. Where the IRT runs
61. Rot
62. Cape in New Jersey
63. Luau wear
65. Colorization
67. Comanche kin
68. Aquarius, e.g.
69. Coffee shop vessel
70. Claus aide
71. Always, in verse
72. Blazed a trail
73. Thus, to Burns
74. Farm abode
75. Ar chaser

• DOWN •

1. Napoleon's birthplace
2. Mythical creature
3. Showy leaved flower
4. Forage legume
5. Ninny
6. 1972 winter games setting
7. Stuffed pasta
8. Decorative belt
9. Bristle with
10. Box up
11. Tagged
12. Flat paper grantor
22. Avail oneself of
24. Barbershop sound
26. Commandeer
31. Give a massage
33. Indolence
37. Aspen apparatus
39. Keats's muse
41. Symbol tree
42. Squandered amount
43. Irritated
45. Kind of verse
46. Undulous

47. Arizona natives

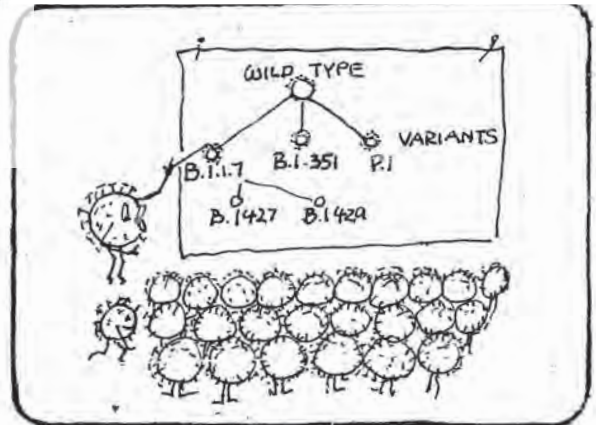
48. Rescued person, perhaps
49. Abolishes
50. Assassins
51. Cheerless
54. Bauxite bonanza
59. Added benefit
61. Go up against
64. Historic time
66. Last abbr.



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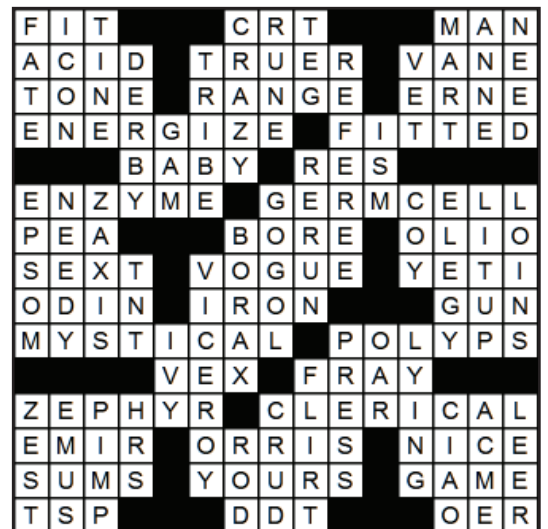


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Wanted: By Greg Joly (Magdalene & Philippa Joly's father) Long term rental of 1-2 bedroom dwelling. I am a mature, responsible, quiet man who takes care of places I live in. For July 1st or earlier. 250 475 1106

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**Hilary Howard**

*passed away at age 77 on March 10, 2021 at 11:50 pm in Courtenay, BC after a valiant fight with cancer.*

*A long-time resident of Hornby Island, Hilary spent most of her winters traveling to far-flung places like Cuba, Thailand and New Zealand.*

*Born in England to William Henry Hedley and Jane Hilda Hedley, she held five university degrees including a teaching degree and a doctorate in archeology. She ran the extremely successful Stones Restaurant in Avebury, UK, trained scores of young people and wrote several cookbooks.*

*A lover of good food (vegetarian) and good wine, photography and writing. Hilary is survived by her daughter Rebecca and her grandsons Jeremy and Christopher.*

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- Sylvie Schroeder • Royal LePage Denman Island 335-2551 (D/U)
- Katarina Meglic • Pemberton Holmes Realty 778-557-7429 (D/H)

**• BUILDING • CONSTRUCTION •**

- Aquarian Systems • Water Cisterns • Ed Hoepfner 335-2037 (D/H)
- Bobcat & Compact Excavator • Steve Isaak 335-1853 (D/H)
- Cal's Bobcat Services • Auger, Grapple, Rake 613-447-8873 (D/H)
- DB Excavations & Clearing • Dorianbaker56@gmail.com • call or text  
465-1889 (D)
- Dean's Digger - Mini Excavator & Small Haul 218-4534 (D/H)
- Denman Electric, Licensed, Fully Insured & Bonded 335-3122 (D/H)
- Excavator/Backhoe/Tandem Gravel Truck • Kenny Mather 703-6512 (All)  
• John Isbister 335-2565 (D)
- Kinetic Electric, licenced, bonded & insured 335-1741 (D/H)
- Ray Ulovec-Backhoe/Excavator, Septic Installation 335-3145 (D/H)
- Denman Renaissance • tile & stone installation 334-6644 (D/H)
- Roc-Isle Drywall, Harvey Hodgins • 35 yrs exp. 'certified' 334-4776 (D/H)
- Seaside Electric • Licenced, Bonded & Insured 702-0570 (D/H)
- Tandem gravel truck & transfer trailer • Grant Morrison 335-0702 (D/H)
- Water Tanks & Cisterns • Steve Isaak 335-1853 (All)

**• SERVICES •**

- Acupuncturist, Herbalist, Physiotherapist • Carmen B-G, RPT, RTCMP  
335-2260 (D/H)
- Chiropractic Care on Fridays • Dr. Dawn Armstrong, DC 465-8482 (D)
- Massage Clinic • 2796 Northwest Rd. • Leyah Kelly 335-2584 (D)
- Denman Works! • Tony Gregson 250-335-0287 denmanresource@gmail.com (D)
- Edwardsen Tree Service • Jered 250-580-7127 (D)
- Peter T. Mason • Land Surveying 757-8788 (All)
- Physiotherapy • Christopher Mainella • 514-605-9398 (D/H)
- Tree Service • Chipping • Certified Faller • Antoine 207-3884 (D)
- Tree Service • Darian Chase • Arborist 218-0404 (All)
- Trueview Treecare, seniors' discount • Wildbill 898-7246 (D/H)
- Music Lessons & Piano Tuning • Scott Knight 604-779-9335 (D/H)
- Home Town Shredders • Document Shredding • 334-7111 (D/H)

**FORTNIGHT EVENTS**

THURSDAY 29

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE 4-7pm
- FOOD BANK 4-7pm

FRIDAY 30

- AA Meeting DI United Church 7pm

SATURDAY 1

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FREE STORE 9am-dark
- WOOD FIRED PIZZA&BEER  
- Earth Club Factory

SUNDAY 2

MONDAY 3

TUESDAY 4

- DENMAN LTC meeting 4pm

WEDNESDAY 5

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE 4-7pm

THURSDAY 6

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE 4-7pm
- FOOD BANK 4-7pm

FRIDAY 7

- AA Meeting DI United Church 7pm

SATURDAY 8

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FREE STORE 9am-dark
- CINCO DE MAYO - TACO NIGHT  
- Earth Club Factory

SUNDAY 9

• MOTHER'S DAY BRUNCH Earth Club  
Factory *Happy Mother's Day*

MONDAY 10

TUESDAY 11

WEDNESDAY 12

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE 4-7pm
- DHA meeting see ad p. 9



THURSDAY 13

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE 4-7pm
- FOOD BANK 4-7pm

*The Monthly Calendar is on hold for now.*

Instead we offer a 2 week summary of upcoming events on the Back Page. Email us with your event to be listed in "Fortnight Events".  
theislandsgrapevine@gmail.com

