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Photo by Dreadful Imagery



• DENMAN: 700 • HORNBY: 510 •
• E-SUBSCRIPTIONS: 25 •

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necessarily reflect the views of the
Publisher.

THE RELUCTANT ROHINGYAS

OP/ED

By Gwynne Dyer • Originally published November 18, 2018

The Rohingyas are around a million Bengali-speaking people who used to live in Rakhine state in Burma – until late last year. Then the Burmese army attacked them, claiming they were illegal immigrants. Thousands were killed, tens of thousands were raped, their villages were burned – and at least 700,000 of them are now in refugee camps across the border in Bangladesh.



Rohingya refugees wash clothes by a hand pump outside their shelter at Balukhali refugee camp near Cox's Bazar, in Bangladesh last week. Normal life has returned after government officials on postponed plans to begin repatriating residents to Myanmar when no one volunteered to go. (AP Photo/Dar Yasin)

The United Nations has described these Burmese actions as 'ethnic cleansing', 'crimes against humanity' and 'genocide', but the Burmese army denies any wrong-doing. So does its civilian political partner, 'Special Counsellor' Aung San Suu Kyi. (Remember her? She used to be a secular saint.)

Bangladesh doesn't want all these refugees, most of whom have no ties with the country although they speak Bengali, so last month it made a deal with Burma to send them back. But Burma doesn't really want

them back either. If it did, why would it have bothered to drive them out in the first place?

The United Nations has no part in this great 'repatriation', nor any of the NGOs either. It was a private deal between Bangladesh and Burma, and the Burmese army knew perfectly well that the refugees would be too terrified to go back. Agreeing to take them back just made the generals who planned the atrocity look a little less vile.

... continued on Page 4 ...

COMMUNITY PARAMEDICS INTRODUCTION *By Sean Nordell*

**COMM
NOTES**

The very nature of an island brings challenges.

On Denman and Hornby, community paramedics Sean Nordell and Jason Stevens hope their role will address some of the islands' medical service challenges.

Community paramedics, CPs for short, are in communities to support existing health care – nurses and doctors and health care associations – while also playing a role in the health of the whole community. You can expect a CP to show up for health promotions, clinics and, amazingly, make house calls.

One of the mandates of a CP is to support local residents to stay in their homes longer, and to feel comfortable and safe doing so. It's why CPs are focusing on residents who live with chronic illness, such as diabetes or heart failure, or who just don't have access to the kinds of medical resources they might if they lived in a larger centre.

Community paramedics are trained and experienced paramedics working for BC Emergency Health Services who continue to work shifts responding to 9-1-1 emergency medical calls. But when working as community paramedics are focused on non-urgent settings, in patient's homes or in the community providing health promotion and disease prevention.

Local health care providers, including your doctor, provide the referral to the community paramedic

program -yes, it's free – and community paramedics follows a care plan developed by the referring health provider.

You may have already met Sean or Jason, or have seen the CP vehicle driving around. If you see them, please say hi and ask about the program. They are eager to hear from you about what you think your community might benefit from in terms of health care.

And to make the introduction easier, here are a few more details about your community paramedics:

CP Jason Stevens

I have been living in the Comox Valley for past 10 years and working as a community paramedic on Denman and Hornby Islands the past 18 months. I have been a paramedic for 22 years, half that time in rural communities around B.C. I look forward to meeting everyone and continuing to build the community paramedic practice on the two islands.

CP Sean Nordell

I moved to the Comox Valley last year from Edmonton. My parents are full time Denman Island residents. I have worked in health care for more than 13 years, including working for provincial EMS systems in B.C. and Alberta. I joined the Denman Island BCEHS department more than a year ago, and recently accepted one of the two community paramedic positions on Denman and Hornby Islands.



TIDE TABLE

• Secondary Tidal Station Ford Cove •

THURSDAY 22	TUESDAY 27
05:47 • 4.4 m • 14.4 ft	02:16 • 0.6 m • 2.0 ft
10:56 • 3.1 m • 10.2 ft	09:45 • 5.0 m • 16.4 ft
16:19 • 4.6 m • 15.1 ft	15:26 • 3.5 m • 11.5 ft
23:33 • 0.9 m • 3.0 ft	19:49 • 4.1 m • 13.5 ft
FRIDAY 23	WEDNESDAY 28
06:34 • 4.6 m • 15.1 ft	03:03 • 0.8 m • 2.6 ft
11:43 • 3.2 m • 10.5 ft	10:33 • 5.0 m • 16.4 ft
16:52 • 4.6 m • 15.1 ft	16:39 • 3.3 m • 10.8 ft
	20:56 • 3.9 m • 12.8 ft
SATURDAY 24	THURSDAY 29
00:10 • 0.7 m • 2.3 ft	03:54 • 1.2 m • 3.9 ft
07:22 • 4.8 m • 15.7 ft	11:21 • 5.0 m • 16.4 ft
12:32 • 3.4 m • 11.2 ft	17:54 • 3.0 m • 9.8 ft
17:27 • 4.5 m • 14.8 ft	22:18 • 3.6 m • 11.8 ft
SUNDAY 25	FRIDAY 30
00:49 • 0.5 m • 1.6 ft	04:50 • 1.5 m • 4.9 ft
08:09 • 4.9 m • 16.1 ft	12:08 • 5.0 m • 16.4 ft
13:23 • 3.5 m • 11.5 ft	19:01 • 4.2 m • 8.5 ft
18:08 • 4.5 m • 14.8 ft	23:54 • 3.5 m • 11.5 ft
MONDAY 26	
01:31 • 0.5 m • 1.6 ft	
08:57 • 5.0 m • 16.4 ft	
14:21 • 3.5 m • 11.5 ft	
18:54 • 4.3 m • 14.1 ft	

• Standard Time •

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... continued from Page 2 ...

The Bangladeshi authorities fell for it, and chose 2,200 Rohingya refugees to go back in the first contingent. The Rohingyas weren't fooled, and most of them immediately went into hiding, changing camps or fleeing into the woods.

A loudspeaker truck went around the sprawling Unchiprang camp near Cox's Bazar last week imploring the 'approved' refugees to come out. "We have six buses here. We have trucks. We have food. We want to offer everything to you." But nobody stepped forward, and the crowd chanted "We won't go."

The Rohingya won't go back because they are quite understandably afraid for their lives. It wasn't just the army but their own non-Muslim neighbours who turned on them and took part in the slaughter. If you are re-

calling images of the massacres and expulsions of Bosnian Muslims by the Bosnian Serbs in the 1990s, you are absolutely right. It's happening again, and again nobody is doing anything effective to stop it.

How did it come to this? All the South-East Asian countries contain minority groups, but Burma takes it to extremes. Bamars (ethnic 'Burmese') account for two-thirds of the population, but there are eight other recognised ethnic groups, most with their own language or languages. And there are the Rohingya, who were stripped of their citizenship by Burma's military dictatorship in 1982.

Why them? They were only 2 percent of Burma's population, they were a minority even in Rakhine state (formerly Arakan) where they almost all lived, and they never did any harm to the majority. They are, however, Muslims, and the Buddhist majority in Burma is paranoid about Muslims.

It goes back a long way. Buddhism once dominated Asia from the Indian subcontinent to Indonesia, but it has been in retreat for a long time. First Hinduism made a comeback in India, and then Arab conquerors brought Islam to north-western India.

Islamised Central Asian conquerors spread Islam as far east as Bengal, and finally Malay traders carried it throughout the Indonesian archipelago. The only Buddhist-majority countries left in Asia today are Burma, Thailand and Sri Lanka.

It's not surprising, therefore, that Burmese Buddhists should feel their faith is jeopardised by the presence of even a single million Muslims – especially if rabble-rousing Buddhist monks advance their careers by preaching fear and hatred.

It's also utterly irrational and reprehensible. The Rohingya are just as Burmese, in the broader sense, as any of the recognised minorities. The first Bengali-speaking Muslims arrived in Rakhine state in the 15th century as soldiers helping an exiled king regain his throne. The last significant wave of immigration was in the 19th and early 20th centuries.

It's now the 21st century, and there is no excuse for what the Burmese army has done: to understand all is NOT to forgive all. Neither is there any excuse for Nobel Peace Prize winner Aung San Suu Kyi.

Yes, she was trying to preserve a hard-won democratic opening that might close if she openly criticised the army. Moreover, the average Burmese heartily approves of what the army has done. (Shades of Serbia again.) But she is condoning and covering up a genocide. Shame on her.

So will they take her Nobel Prize away? Well, no, because it doesn't matter what she does after she gets it, and she got it in 1991. As Olav Njoelstad, the secretary of the Norwegian Nobel Committee, said last year, the Prize "is awarded for some prize-worthy effort or achievement OF THE PAST." Once you get it, you can commit any crime you want.

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BUCKMAN COE AT THE GUESTHOUSE

By Sheldon Rempel

MUSIC

Friday November 23rd @ 7pm
at the Guesthouse.

Buckman Coe is an explorer of Americana, Soul, and World Music. Over 5 albums he has defied boundaries and followed his muse to create a distinct and evolving sound. Inspired by artists who deliver messages of social justice, humanity, and love, Coe balances his song-writing with truth-saying, playfulness, and romance with songs that break open hearts and make people dance on hot summer nights. Although from the Pacific Northwest there is often a Island-vibe to his music due to time spent at his second-home of Hawaii and frequent visits to his ancestral home of Taiwan.

In 2018 and 2019, Coe has two albums to offer the world. 'Gathering Storm' (Feb 2019) is a horn-infused Soul & Reggae album reflective of the uplifting, high-energy big band sound he prefers to bring on tour and to festivals around the world. The first single and title-track will be

released in October preceding a tour of his home of British Columbia.

Earlier this year 'Altar' (April 2018) was released for fans of his acoustic folk and soul roots, as well as give expression to his writing inspired by nature, frontline communities, and all those working to protect the environment for future generations.

Over the past 7 years of touring Canada, USA, Hawaii, Australia, Indonesia, and Taiwan, Buckman Coe has established a reputation for dance-floor oriented Roots Rock Reggae and Soul. At the same time, he has remained engaged in social and ecological justice movements at home and abroad. His regards his work as an artist as delivering messages of hope and love en-

couraging joy, action, and dancing while facilitating the building bridges between communities.



MOONLIGHT MADNESS 2018

By Natalie Mathis

**COMM
NOTES**



The entire downtown of Denman aglow on Friday December 14 from 5 till 9 p.m. We'll light up the streets! We will eat, drink and make merry! THIS IS MADNESS!!! Yes folks, ten downtown business entities will have their doors open from 5 to 9 p.m. on Friday evening De-

cember 14. The range of Madness is extensive. Let's start with Christine O'Neill's Felt and Fibre Shop located across from the Community Hall. Christine is offering 10-50% off all stock and a free come and play with felting table. A moment's walk from Christine's is Abraxas Books and Gifts. You simply must see all of the fun new items Tachi's brought in. From 6-9 p.m. all books will be 10% off. From 7-9p.m all art supplies will be 10% off and from 8-9p.m. all gifts will be 10% off. Tachi's planning some door prizes and mad give-

aways. Next door to Abraxas is the Cafe Porium resplendent in its most recent incarnation. Evan, Ron and possibly Ivanna Servu will appear for the evening with

... continued on Page 6 ...

**THE
ISLANDS
Grapevine**

Just a friendly reminder from the Islands Grapevine to encourage our readers to support those who advertise in our pages ... with out them the Grapevine could not deliver community-minded articles to the mailboxes of islanders for free!

... continued from Page 5 ...

treats always yummy. The recently reopened Denman Hardware invites you to join them for holiday cheer in the form of a “hardware themed drink”, warm spiced D.I. Apple cider, popcorn, holiday treats and music. They have a large array of stocking stuffers for you to choose from. Across the street you’ll find 3 participants in readiness. The Denman General Store World Headquarters offering a tasting and music as well as baroque singers on the porch. Sylvie Schroeder’s Royal LePage Denman Island office will be serving a special something to warm body

and soul. And behind Sylvie the Cheshire Cat. Marie and Pat’s enterprise opened last year on Moonlight Madness thus this marks their first anniversary. The Cheshire Cat is offering 10% off their entire stock that evening as well as serving treats. Come round the corner and into the Art’s Centre which will be alive with community collage and open to everyone who would like to make a page. This year’s theme: La Luna Loca! New on the route is Brendan Way’s Tea House one of Denman’s most recent enterprises. Brendan will be giving out mulled apple cider and serving up any of his special teas for sale. Nip in next door to the

Denman Craft Shop where the entire inventory is on sale at 15% off! What you may have missed at the Christmas craft faire you might find there! Or have a look at Donna and Sheldon’s array of gifts that will all be on sale during the Madness. The Earth Club Factory will be serving food and drink throughout the evening. No matter where you start the route it’s so lovely to end the evening at the Guesthouse around the fire if the evening be fair. Visualize clear skies for the evening of December 14th and then come out and enjoy it with your crazy community. Happy Madness!

BRING US YOUR SWEETS, FOR OUR LITTLE SWEETS

By Blackberry Lane Board

COMM
NOTES

To those with skills in baking and making, and perhaps even delve into the art of pie/caking... We would be honoured to have your help and support. Once again, Blackberry Lane will have a bountiful delicious dessert table at the Christmas Fair. As in years past, this fundraiser has been successful due to all of you who donate cookies, cakes, brownies, bars, pies and other delectable treats. Are you able to help again?! If so, please bring your desserts to us Saturday or Sunday morning, between 9-11 am in the back hall! We would also really appreciate labels for what the item is, if it is vegan, gluten free, and if possible, even the list of ingre-

dients (due to allergies etc.) Please also make sure to label your dish so we can get it back to you. If you can't bake, please consider coming to eat! This has been a huge support to us

in the past, and we are hoping and imagining this year to follow suit in success and tasty delights!! Thank you, Denman.

DECEMBER CALENDAR

DEADLINE IS

FRIDAY NOV. 23rd

theislandgrapevine@gmail.com

250-335-1794



PUBLISHER'S NOTES

One thing my involvement with The Grapevine has accorded me is that I see what's coming down the pike a little earlier than previous. For instance, were you aware that Christmas is just around the corner? Okay, well maybe not quite, but with two Craft Fairs in the next ten days the Gulf Island Artisan surely must think so.

Thinking on these annual showcases, I chuckle at our sports writer, Buck 'The Man' Manly's suspicions of a clandestine Slow-pitch mill existing in Union Bay. "What other explanation can there be for such dominance on the ball diamond?" he'd lament. Well Buck, I'm here to say that we're no different on this side of ferry. You think arts and crafts worthy of our venerated fairs just show up out of thin air? Gee, having just proclaimed that, I realize that on craft fair weekend they actually kinda do just congregate. But that's not the point I'm trying to

make here! The vision, the passion, the skill and dedication that results in such quality and beauty had to get its start somewhere. That's right Buck, we've got mills of our own. Artist mills! You and our readers can get an insiders perspective on craft fair preparations courtesy of our 'Child Craft Fair Correspondent,' Edi Apter. In reading her piece you'll recognize that a gulf islander's continued dominance in the creative arts appears assured. Now before anyone charges that we're in contravention of child labour laws I will counter that The Grapevine has made no mention of it being a paying gig so let's just keep that between us, shall we? Drop by Edi's stall on Craft Fair weekend and let her know that you read about her art in The Grapevine. A form of payment in itself!

As for the Hornby Fair, The Grapevine sure is looking forward to attending. We still remember all the

pies from the Fall Fair! There **will** be pies, won't there? Either way, it **will** be nice to catch up with friends old and new on the sister island. Tis' the season as they say!

Speaking of friends, my daughter, Thea, wants to give a shout out to Maclaren. I'm told of how a new friend was made over the course of our late summer Slo-pitch tourney. "From Hornby," she says with a tone that suggests I ought to be impressed. From such a young perspective I suppose it is fairly impressive. This new friend lives on an entirely different island after all. The thing is, we really aren't that far apart in proximity. And with no tourist traffic to contend with, If there were **ever** a time for inter-island reverie, this is it Grapers! Our Christmas Craft Fairs. What better reason to visit friends, old and new, on your sister island. Maybe we'll see **you** at the fair(s) Maclaren! 

ARTS DENMAN MEMBERSHIPS

COMM
NOTES

2019 By Christine Stewart

Hello Denman Islanders.

Arts Denman will be at the Christmas Craft Fair again this year in our usual spot, up on the stage to the right. Add us to your chopin list; stop by, say hello and renew your membership for 2019.

If you are new to the island or need a reminder of who we are and what we do, watch for our article in the Flagstone next week.

Memberships can always be obtained or renewed at Abraxas if you can't make it..

Thanks for supporting the arts on Denman – and see you at the Fair!

FOR AN ECOLOGY OF THE MARVELOUS

By Ron Sakolsky

COMM
NOTES

"Every time I think about us women, I think about the trees, the subversive trees laden in blood but not bleeding, the rebellious trees encrusted but not cracking." - Jayne Cortez

"Unless rooted in poetry – the experience of 'outside' from within – even the deepest 'deep ecology' barely scratches the surface." - Franklin Roosevelt

As Ecologists of the Marvelous, Surrealists move beyond environmental concerns for the "conservation" and "endangerment" of a natural world which is viewed as

external to us, and instead head toward a relationship of Passional Attraction and erotic engagement with a natural world of which we are fully a part. In embracing the Marvelous, we seek nothing less than the expansion of wilderness everywhere in the face of the rapaciousness of oil-industries, timer-industries and a techno-industrial civilization with its charade of reformists attempts at recuperation.

In our quest to live more poetic lives, we discard the miserabilist

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straitjacket of anthropomorphism. In doing so, we become increasingly aware of ourselves as free-spirited beings that are active participants in an ecology of wonders rather than seeing ourselves as superior beings divinely ordained to be at the center of the universe by some all-powerful God of Yore or by the newer gods of Media and Advertizing or Science and Technology.

We are barbarians at the gates, the storm on the horizon, and the boulder on the rocks. With a fervent desire in our hearts to re-enchant the world, we embrace both the feral voices of the animate and the profound silence of the inanimate while always knowing that the seeming stability of both can be shattered on a moment's notice in the anarchic upheaval of an earthquake.

We want the earth to quake! We want the dams of exploitation and alienation to break! We welcome the flood of marvelous freedom amidst the debris of destruction! We want lives beyond measure! We imagine a world without rulers or ruled! We are the ungovernable grass of resistance and transformation that always grows up wildly from within the cracked pavement of reality!

Ron Sakolsky, Sheila Nopper, Penelope Rosemont, Paul Garon, Beth Garon, Joseph Jablonski, Gale Ahrens, David Roediger, Tamara Smith, Max Cafard

Surrealist Movement . . . October 2018



BETHANY IRELAND

By Anthony Gregson

*I*t's hard to think of anyone covering one of Bethany Ireland's songs. And that's meant as a compliment. Her songs are a highly performative and original version of what might be the blues, with an operatic theatricality. One can only respect the enormous musical energy behind her work.

Bethany came to music practically from birth. Her earliest childhood memories are of hearing music at the store as her mother took her around shopping. She saw music as colours. At the age of two she could call out notes. Her Mom and Dad were not musical; their home was silent from that viewpoint. Astonished by their daughter's perfect pitch, they started Bethany as a toddler on music lessons at the Victoria Conservatory of Music long before she learned to read, attending classes for very young children where the teacher incentivized the learning of notes with bags of smarties.

The training went on from there. Music became the centre of growing up. Bethany went on to study the French horn, the trumpet, joined bands and choirs, went over to UBC as part of honour groups, and mastered Grade Ten piano. At home she could not keep away from the basement piano where she struggled to put off the urge to compose her own music rather than practise. Her brother would occasionally open the door and call down to ask if she made that up, and tell her it sounded good, so someone was listening.

She was, by her own admission, an energetic lass. Her parents said that Bethany required staff, today's equivalent of helicopter parents, chauffeuring their hyper-scheduled daughter from a French horn lesson to a piano lesson followed by soccer practice. Nobody can say that Bethany lacks enthusiasm. Even now, where it comes to music, she feels

she has a limitless energy. A recent day-long recording session with Marc Atkinson followed by an evening band practise was just enough to give her, what she called, a nice buzz.

When her teens hit, she got into rock, played the drums, started writing songs, and formed all-female bands that were never sure what to call themselves (they were Thrice, after some Shakespearean reference, when they won a battle of the bands). In university, she got a degree on the French Horn and then decided to become a music teacher where the band program introduced you to every instrument. Over the next nine years she taught choir and fostered the musical inclinations of legions of high school students (300 a year), learning, she says, to distance herself from her perfect pitch as first-time musicians wheezed, squeaked and squawked their way through their acquaintance with the elementary.

Then, ten years ago, she came to a crossroads. She never felt that there was any support for her own music, her own voice. "It was always," she says, "the Mozart concerto or whatever." The teaching was rewarding, but "it was another side of my brain" and the nine-to-five grind began to get to her. "I always had some sort of headache". The moment had come to give more time to herself and her creative side. Teaching had to go "way on the back burner."

It would not have been possible to make the change without her husband, Steve Ireland, a well-known CFX 1070 radio personality, sports and newscaster with a passion for radio and an equal urge to get more out of his own life. Neither of them was sure how to leave their hectic lives behind, but Bethany had a

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MUSIC

... continued from Page 8 ...

long and passionate association with Denman, where her grandfather had a getaway on Baikie Road, working as a gardener. Her parents came over every year as a work party, leaving Bethany and her cousins and brother to spend idyllic summers running wild on Fillongley Beach. When she and Steve came over to Denman again, the answer was obvious.

Bethany now has a repertoire of about 15 songs and is on her way to a first CD. Her songs are deep issues in her life that only come out in music, about places she loves like Fillongley, and things she abhors, like Trump. "The Brink," for instance, is about the moment after giving birth, when, contrary to what you might expect, she found herself feeling deeply alone ("like looking out at Chrome Island with no railing in front of you") and having to accept completely the support offered by Steve who was there at her side. Depressed and overwhelmed by all the expectations around the feelings of birth, "it was something I could give to myself".

That said, the music is another person, like a daemon in the Greek sense of the spirit that moves us. Music, Bethany says, takes her over, and others can see her eyes change as she enters what she describes as "the zone" or, as Steve puts it, her "music place". Teaching was none of that for her; quite the opposite, in fact, holding space open to support others. Now, its all about letting go.

Certainly, when you see her accompany herself on the piano, she radiates a deep self-involvement, as if entranced, listening not to how a song should be sung, but to a head

song of the possessed. Yet at the same time, especially in her piano, there is a deliberate attention to the instrument, which is not mere accompaniment but another strong

Her musical life revolves around Cheeky Bunny, with Steve on drums and Ray Ulovec on guitars. Bethany thinks this has lately begun to evolve in an ever more convergent creativi-



Bethany Ireland justa swinging at the Guesthouse.

voice, especially with her percussive style and firm, plangent chords, so that there is a contrasting sense of deliberate composition.

Her songs, Bethany says, "nag" at her. She doesn't know where they come from. They are not, she says, "anything to do with my frontal lobe". She is not always comfortable with the words that come. For that reason, the writing takes time. Her singing has been described as Jekyll and Hyde, her operatic outpouring and low growl as if two different people were performing. This theatricality comes from teaching musical drama, which a range of three octaves allows her to cultivate. Her voice, she says, always want to be loud. Growing up, she was always told to be quiet. Then, there's the French horn which requires tremendous force to produce a sound, blowing into a narrow aperture through 12 feet of silver tubing.

ty. They are now co-authoring compositions which are credited to the band. "The relationship makes the song stronger because we are all on board." Thoroughly comfortable with the repertoire, they have begun to switch around on the instruments, Bethany recently taking up the bass. Cheeky Bunny is also a chance to be together with Steve instead of everyone going their own ways to make music for the evening. "It's become our date".

It should come as no surprise that music has also turned up in her family. Oliver, now six, is enjoying the piano guided by Mom. As for teaching, Bethany has about six students now, but she doesn't ever want to teach again in school. She has found the balance and freedom she needed. She always had to be different, and in the end, that's what she must be - whoever that may be - this Bethany of the two voices.



HELILUCY

By Lucy Dabbs

**SPECIAL
INTEREST**

This morning I woke up inside a capsule.

Actually, it was more like a coffin. Roughly 1.2 metres wide, 2 metres long, and 1 metre high it was a rectangular cave in the wall. Above me, behind me, and on each side of me were more capsules, stacked on top of one another in rows. Each had a curtain over the entrance which could be closed for privacy.

On the seventh floor of a “Capsule hotel”, we were nestled in the Minato-ku district of Minato, in Tokyo. Yes that’s right, Tokyo! Japan’s busy capital, a mix of the ultramodern and the traditional, from neon-lit skyscrapers to historic temples, from quiet neighbourhoods with clotheslines strung across the street to chaotic jumbles of people navigating the underground subway. I was really here, in the world’s most populous metropolis with fifteen other students from my school. The unusually large group of us had googled “cheap capsule hotel” and discovered that divided between sixteen people we could stay in Tokyo for three nights for less than \$20 Canadian per night. So here we were!

After a light breakfast of combini food from 7/11, we walk 20 minutes from our capsule hotel to the nearest underground subway. We get off the train in Harajuku and roam the busy streets, admiring all the different vendors and shops spilling out into the crowd. Standing in front of a shop of stuffed Pikachus, I am approached by two salesladies. “We are looking for a young beautiful girl for our business,” they begin speaking to me in english, explaining that they want photos to post to



Instagram. Was I being recruited? I briefly consider what would happen if I said yes. Could I become Tokyo’s next top model, rising to fame with my iconic “socks and sandals” look? (Fun fact: I didn’t bring a pair of proper shoes with me so for the past three months I’ve been wearing socks and sandals every single day, matching the colour of my socks to my t shirt and hair flower. Lucy Dabbs, a natural fashionista). Sadly, I decide to turn down the proposal of potentially prosperous and promising career in modelling, much to the disappointment of the two saleswomen. Apparently I’m not as unique as I thought though, because within seconds they are asking another girl on the street! I walk away, offended.

I seek refuge from the crowds in a random 100 yen store, and spend the rest of the time admiring random trinkets. That’s when I see it, sitting on a shelf in all it’s colourful childish glory: a helicopter hat. Now, I must pause here for a moment to tell you that in fifth grade my teach-

er gave us an assignment to “draw your ideal self”. I chose to draw myself wearing one of these exact hats, complete with the propeller on top that would spin whenever I was in a good mood (similar to a dog wagging its tail, now that I think about it). Ever since that day I have dreamt of having one of these magical head accessories, identical to the one on the shelf sitting before me.

Needless to say I walk out of the store wearing a rainbow helicopter hat and the biggest smile on my face.

On this day in Tokyo a pinnacle event occurred, giving rise to a new version of myself. I became the embodiment of my cherished childhood aspiration. I became “HeliLucy”.

Watch out for more adventures and stories with Lucy during her time studying at United World College ISAK Japan by checking out her Facebook page: Lucy Travels!



ADVICE TO AUTHORS

ARTS&LIT

By Anthony Gregson

Among the many nightmares that afflict the lives of authors, generally a retiring and self-effacing race, who often struggle in the cruel light of marketing and promotion, is the book launch with no book. Fortunately or not, this is becoming less of an embarrassment with the gradual disappearance of booksellers altogether, and the burgeoning number of self-published authors who have total control over inventory. All the same, it is interesting to consider the stratagems of Prudence Emory of Victoria who recently found herself in this appalling situation.

The title, her first, *Nanaimo Girl*, is the story of her extraordinary family and a stellar career in public relations and film promotion in some very interesting situations. The book, published by Cormorant Press back in Toronto, was due out in September. A launch was duly planned at the Rosedale mansion of industrialist and adventurer Scott Griffin, who generously funds the



Ms. Emery is admired by a grizzly.

renowned Griffin Poetry Prizes and is also owner of House of Anansi Press. Fifty guests, no doubt among the literary cream of Toronto, gathered in the enormous living room with a library of books rising up three floors. It was elegantly catered. The only trouble was that Prudence had just received a note from Amazon indicating that the book was now delayed to March 2019. Publishers and their printing bills! The publisher, of course, was nowhere to be found, certainly not at the launch.

Not for nothing was Prudence once head of public relations for the Savoy Hotel in London and a whizz at finding something for bored movie stars to do. She had been working on a speech the night previous and suddenly had an idea. There was a heap of drafts – why not paste them all together into a continuous scroll of interminable length? This allowed her to amuse everyone by pulling an unending stream of paper out of her coat (no doubt brightly coloured) while she rummaged for her speech. In the meantime, she had pre-designated a number of friends to laugh at anything she said. Someone was primed to eventually hand up her speech from the audience, and the day was saved by telling a whole lot of funny stories from the book. In short, she turned it into a show with no need for a book at all. The moral is that a book launch is primarily an excuse to sell yourself, which is why people go to launches in the first place. 🍷

SMALL MOMENTS, BIG EFFECTS

ARTS&LIT

By Leo Simmons

“How are you?”

In a typical situation, it's the most casual of questions, the response almost irrelevant and hardly ever heard. I know that I'm guilty of it; I'll ask the question and already be moving along to the next sentence before the reply reaches me. Frequently, the response is the same question

coming straight back at me. Lately, I've been slipping back into the glib, largely meaningless reply – perhaps not too surprising, since I've done it almost my entire life. Nevertheless, every time I throw out my trusty “Fine thanks, how're you doin'?”, a little part of me pulls the same face I reserve for bad smells. I disappoint myself each time.

Today, for example, someone greeted me with *the* question, and I replied with the reply. Even as I said it, I regretted it. Firstly, it was a lie, and secondly it dawned on me almost immediately that the question

... continued on Page 12 ...

... continued from Page 11 ...

was genuine. I was forced to do that most un-English of things, and actually share something of my genuine feelings *in person*. Generations of emotionally stunted ancestors spun like dynamos in their graves as I braced myself and shared the fact that at that particular time, I really wasn't feeling too good.

My reward was a brightening of my day. A brief, interrupted conversation it may only have been, but I discovered that this person – an acquaintance but still a relative stranger – actually *cared* about my reply. I felt a little ashamed about almost brushing off the enquiry with such little regard, but much more than that; I felt warmed and gladdened by

the honest concern for my well-being. It made me feel *better*.

It made me reflective, too. I realized with a small shock, that I very rarely answer that particular question honestly. Not – bizarrely – even to my doctor! I don't, however, think that this is something unique to this middle-aged Englishman (yes, I'm Canadian but culturally, I'm still English). I've been in this beautiful land for many years now, and in my experience, most of us (if not all of us) tend to behave in a similar way. Greetings are words that we habitually throw at one another like snowballs; ephemeral, almost meaningless and rapidly forgotten. Anything more communicative can be confusing, but perseverance can open up another world – and not

necessarily as alarming as an immigrant Englishman may find it – of meaningful, emotional living.

It reminds me that communication is as much about listening as it is about what we say. If we truly *listen*, we may discover previously unknown facets of our surroundings. My discovery was that a person I know only a little genuinely cares about me. I find that rather moving, and it has the welcome side-effect of snapping me out of my habitual grumpiness. Perhaps (cue: sarcastic gasp of surprise) the world is less uncooperative or unpleasant than I sometimes assume! Hmmm...

I'm going to have to do some more listening to find out what other revelations may be waiting for me... 🍷



Photos by Chris Seguin



Path of the Heart

When I feel into my heart
And sense the world reflected
I know deep down that I am part
Of everything, connected

Allowing love to permeate
The fabric of existence
I earn the insight to create
A path of least resistance

Thomas Provençal



BOMBS AWAY

By Bill Engleson

The day we climbed out of the bunker, a relic of the fifties, my grandfather's legacy to an earlier brink of extinction, still comforts me.

Time had disappeared. And with it, our supplies. All of the dehydrated food had been eaten save for a packet of dried turnips.

We had nibbled them, mouse-like, for three days.

Finally, there were but two.

As we huddled on the futon, Celeste had reached across my chest, her fingers stretched out like the hand of God in Michelangelo's fresco, and said, in a voice, weak, yet tinged with her usual bleak sense of humour, "This one's mine."

I pretended to grab for the purple crisp, but she was quicker.

"Fine," I yielded, "I'm full anyways."

"No, you're not, you fool," she chuckled. "Here, have a bite," and she placed a half-eaten bit on my lips.

I could not resist her gesture and accepted the desiccated crunchy offering.

And that was that. Whether it had been three months or six months, whatever interval had passed since the failure of the Singapore Summit to even occur, let alone the botched and twisted egos of the two Nuclear pariahs, the subsequent rapid escalation of hostilities, the tit for bloody tat that led to war and death, and, for us, the retreat into Macklin's Folly, as we all had called my grandfathers bomb shelter, we now had no choice but to climb up and meet our fate in the air of the future.

That comforted me. 🍷

ARTS&LIT

LETTERS TO THE EDITOR

To Jan (and any one else who's interested)

Thanks for your response to the Yoni Eggs article. I already experience Denman as a place of powerful Yoni energy and am delighted to offer this Yoni Egg practice as I do believe it to augment this power. Thanks for your encouragement!

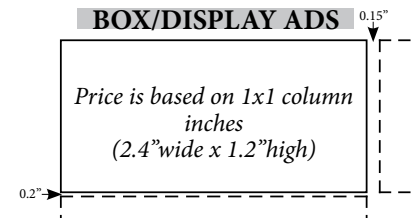
As to your questions: You are not the only man who feels left out and wonders if there is a way to use these Chrystals in your own anatomy. I'm curious too, but don't know of any male who's tried. You could join the research if you wish ;P

As for sizing: Small eggs are for a specific more advanced practice of muscle refinement. Medium eggs are the most standard size to start with and appropriate for all female anatomy. Large ones are more weighty and some women enjoy them for their added strengthening power and presence, or choose them if they have given birth (though medium would be fine too). No need to "measure", you could just pick a medium one to begin and choose the stone (agate, obsidian, rose, jade) that you feel the recipient would most resonate with. They are a beautiful present any time of year.

Any more questions please contact me at: celeste@secretsofjade.com

ADVERTISING RATES

BOX/DISPLAY ADS



For ads that are greater than 1x1 the spacing between columns and rows must be accounted for. For each additional column inch in width add 0.15" and for each additional column inch in height add 0.02".

For example:

a 2x3 ad (2 column inches wide x 3 column inches high) would be

$2.4" + 2.4" + 0.15" \times 2 + 1.2" + 1.2" + 1.2" + 0.02" + 0.02" \times 2$

Front Page • \$21.00/1x1

Inside • \$18.20/1x1

Discounts available for placing ads for multiple weeks.

INSERTS/HANDBILLS

\$62.97/Island

Please contact us to find out how many you should print.

- or -

we can print it:

\$7/100 (letter-sized - one-side)

\$12/100 (letter-sized - two-side)

CLASSIFIED ADS

30 words or less.

1 week • **\$8.39**

2 weeks • **\$15.40** (\$7.70/wk)

3 weeks • **\$21.00** (\$7.00/wk)

4 weeks • **\$28.00** (\$7.00/wk)

5 weeks • **\$33.25** (\$6.65/wk)

6 weeks • **\$39.90** (\$6.65/wk)

7 weeks • **\$46.06** (\$6.58/wk)

8 weeks • **\$50.40** (\$6.30/wk)

\$4.20/week for each additional 30 words

BUSINESS DIRECTORY LISTINGS

6 weeks • **\$25.44** (\$4.66/wk)

12 weeks • **\$45.80** (\$4.20/wk)

25 weeks • **\$82.69** (\$3.64/wk)

50 weeks • **\$133.88** (\$2.94/wk)

PROMOTIONAL ARTICLES

Advertise your event with an article.

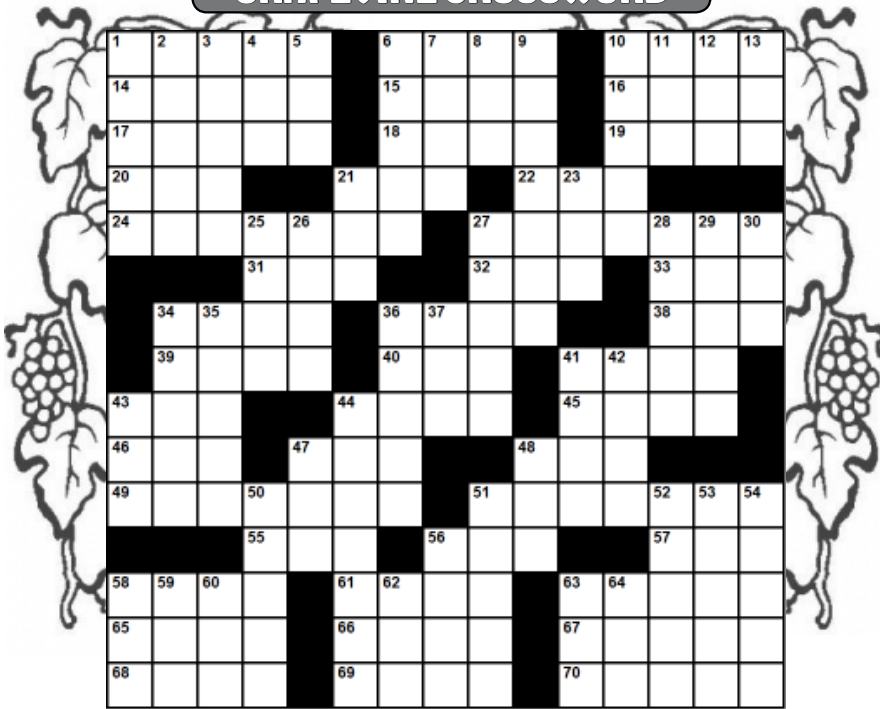
\$34.98

for up to 300 words and one graphic/photo.

DEADLINES

Deadline for ALL submissions is **every Monday at Midnight**. Please contact us for more information.

• GRAPEVINE CROSSWORD •



• ACROSS •

1. Indy auto
6. Final bio
10. Gladly old-style
14. Akin on mom's side
15. Can opener targets
16. A lot of land
17. A Titan
18. Bravura
19. Bone dry
20. 1951 Johnnie Ray song
21. Belonging to him
22. Possessive pronoun
24. Like municipal bonds
27. Did a stable job
31. Anvil setting
32. Comanche kin
33. Archaic
34. Horse fly
36. Cry of concern
38. Deterioration
39. Assistant
40. At a distance
41. Compare prices
43. Virus that causes AIDS
44. Category
45. Abbe or Lois

46. Bauxite

47. Blackball
48. An evergreen
49. In transit
51. Alphabet unit
55. Be a snoop
56. Apply a patch
57. Absalom, to David
58. Cold cut place
61. Computer fare
63. I want in
65. Exuberance
66. African wading bird
67. Perspire, e.g.
68. Computer unit
69. Be gutsy
70. Legal wrongs

• DOWN •

1. Change chemically
2. Sinus cavities
3. Groups of sepals
4. Airport info
5. Part of RSVP
6. Any Elvis recording
7. Partiality
8. Badges
9. Unisex tops
10. Catch a dogie
11. Arctic surface

12. Act the

13. Clinic cost
21. Him's opposite
23. Bearing pivot
25. Cater for
26. Be furious
27. Football position
28. Andalusian city
29. Bolt together
30. Banned substance
34. Marker of stones
35. Bile producer
36. Full of zeal
37. Computer network, abbr.
41. Chink or crack
42. B.C. Cartoonist
43. Break up clods
44. Kind of grasshopper
47. Chestnut cage
48. Less than many
50. Express a view

51. Flat

52. Aromatic chemical
53. Brooder's perch
54. Arrogant people
56. Be up and about
58. Ball VIP
59. Actor Ron
60. Mariner's abbr.
62. Arab robe
63. Assembled
64. Big head

Mr. Stofer



JUST A THOUGHT

“Not voting isn’t Rebellion: it is Surrender.”

• Senator Amy Klobuchar, D-Minn •

• LAST WEEK'S SOLUTION •





• CLASSIFIED ADS •



CARPOOLING

HAVE ROOM FOR A PASSENGER? NEED A RIDE? Carpooling offers and requests are free to run in The Islands Grapevine. Contact us to place your ad today. 335-1794, theislandgrapevine@gmail.com.

FOR SALE

12 OLDER AMERAUCANA HENS (lay green eggs) for sale: \$50 for organic-fed flock. 335-2691 (DI)

VW JETTA 1990. Excellent condition. New tires, battery, platinum plugs, roofrack & sunroof. Always serviced at Valley Auto. 230,000 miles asking \$3000. John Wells 335-1079

ALPACA & LLAMA socks, yarn, toques, gloves, and raw fibre. See Christine at the FELT & FIBRE store located at 1151 Northwest Road. Or contact farm direct - Rose - 335-1117 Denman Island grown natural fibre.

APPLIANCES FOR SALE. Ranges, washers, dryers, fridges, dishwashers, gas/electric range. All fully restored and come with a full six month warranty. Call Rick Graham 335-0954.

WAGNER FIREWOOD fir firewood for sale. 2 cord units \$520 to Denman, \$540 to Hornby + GST. Phone or text Scott at 334-7323.(DI)(02/22)

SERVICES

A LOCAL AGENT. Home and property checks, coordination with service providers. References available. Graham Hayman, 250-335-3334, graham@allograph.ca.

YVONNE'S BAKING 335-0460

A PRACTICAL AND HANDY MAN • Electrical • Plumbing • Carpentry • 40 plus years experience as an electrician. Licensed as a Master Electrician, insured. Extensive experience renovating houses. Ty Runkle 250 702-1247

THORLACIUS TRUCKING HAULING up to 6.5 yd of gravel or sand, and 10 yd of soil and bark mulch. Denman stock of drain rock, navy jack and bedding sand for smaller loads - U pick up or delivery available. Kubota BX25 compact tractor services with front end loader and back hoe. Call Lora & Chris Thorlacius, 250.650.9986 or email thorlacius trucking@gmail.com

FLOORING INSTALLATION CARPET - Sheet Vinyl - Vinyl Plank - Sub floor Re-stretches Repairs 35 years in flooring Buy your floor anywhere, have it installed locally Serving Denman and Hornby Don 250 999-2985 Email: tridon9306@live.ca.(10/04-11/22)

GUTTERS 5" SEAMLESS - supply and install, clean and repair service as well. Serving and saving Denman and Hornby!!! Over 25 years experience omg! 335-1986 kcgutters@outlook.com.(DI)

MR. FIX-IT PLUMBING & All household major and small appliances. All large and small machinery. Yard machinery, chainsaws, outboards, automotive, sharpening, welding and fabricating. Call Rick Graham 335-0954.(HI)(12/20)

WATER CISTERNS FOR: Rainwater harvesting, Well supplementation, Septic tanks, Fire suppression. Ed Hoepfner, Aquarian Systems Consultation and Design aquariansystems@telus.net, (250) 335-2037.(HI)(02/15)

MAGNIFICENT TOPSOIL, Bark Mulch, all gravels, Bison compost, Treework, site clean up, fir mill end firewood, roof tear off, demolition. High grade lumber. 30 years local Entpr. Call Dave 218-9667.(DI)(12/20)

LOST & FOUND

STILL MISSING, FADED RED CANOE about 15 ft, metal gunwale, with a black K & M painted on it. Last seen on sandpiper beach, H.Is Aug. 28. We suspect a joy ride that left it abandoned or adrift. Please call Katy Helliwell at 250-335-3245 or email katytraveller@yahoo.com if seen.

COMMUNITY NOTICES

SENIORS LUNCH - Pizza Party Friday November 23, DAC 12 - 1:30 6\$.

THANK YOU TO ALL of you who attended the death cafes. and for sharing your wisdom. the last one will be on monday nov. 26th at the guest house.

THE TOY STUDIO is now open by appointment until December 22nd. Call Christiane at Tel 250-335 1844 www.silkfeltandwaldorftoys.com

ROOM MATE WANTED

ROOM MATE NEEDED for Dec. 1st. \$600/month - includes rent, hydro, internet,

phone and heat. Call Ruth 335-2993.(DI)(07/26-11/01)

PERSONALS

SENIOR GENTLEMAN, wishes to correspond with a lady perhaps seventy-five or so. I am financially secure and in good health. I am kind, and considerate and even-tempered. My interests include holistic living, spiritual growth, and the environmental movement. I live on a very interesting and beautiful Gulf Island. References available. If the advertisement interests you please reply to Box 4 All Secure Storage, 3610 Christy Parkway, Courtenay, BC V9N 9T6. Please include a telephone number in your reply.

OBITUARIES/MEMORIALS

MEMORIAL SERVICE for Bob Ostertag at the d'Esterre Center in Comox at 2:00 PM on December 1.

COMING SOON

We are planning on resurrecting an old gem from previous years the

CONSIGNMENT CORNER.

This would feature a "don't pay until it goes" with the payment being a percentage of the price the items is finally sold for. Another bonus is the option to have a small photo included alongside a description of the item.

For more information please contact the Grapevine at 250-335-1794 or theislandgrapevine@gmail.com.

• BUSINESS DIRECTORY •

• (H) Hornby • (D) Denman • (UB) Union Bay •
• (FB) Fanny Bay • (C) Courtenay/Comox •

• ACCOMMODATIONS & RENTALS •

- Denman Activity Centre (Seniors) Rentals **335-3027 (D/H)**
- Denman Community Hall Rentals **335-9177 (D/H)**
2 halls, commercial kitchen, new sound system
suitable for concerts, plays, meetings, weddings, etc.

• COMMUNITY RESOURCES •

- Hornby & Denman Community Health Care Society **335-2885 (D/H)**
Home Support, Youth Outreach & Youth and Family Support

• REAL ESTATE • INSURANCE • FINANCIAL SERVICES •

- Baynes Sound Property Insurance **335-2027 (D/H)**
- Bente Pilgaard, RE/MAX The Islands **335-2510 (H/D)**
- Cloutier Matthews LLP, Chartered Professional Accountants **338-7367 (All)**
- Donna & Jenessa Tuele • Royal LePage Hornby **335-1720 (H)**
- Sheelagh Mackenzie, Fair Realty **702-6362 (D/H)**
- Sylvie Schroeder • Royal LePage office, Denman & UB **898-9199 (D/U)**

• BUILDING • CONSTRUCTION •

- Bobcat and Compact Excavator • Steve Isaak **335-1853 (All)**
- David W. Steele • Carpentry & Renovations **702-9155 (D/H)**
- Dean's Digger - Mini Excavator & Small Haul **218-4534 (D/H)**
- Denman Electric, Licensed, Fully Insured & Bonded **335-3122 (D/H)**
- Gutters Supply & Install • kceutters@outlook.com • Kevin **335-1986 (D/H)**
- Ken Fischer, B. Arch. • Home Design and Construction **335-2976 (D/H)**
- Kinetic Electric, licenced, bonded & insured **335-1741 (D/H)**
- Luke Felice • Carpentry/Millwork **(1)250-228-0041 (H/D)**
- Ray Ulovec-Backhoe/Excavator, Septic Installation **335-3145 (D/H)**
- Renaissance Stoneworks • natural stone/slate installation **335-0220 (D/H)**
- Rob Manering, Licensed Residential Builder **335-3150 (D/H)**
- Roc-Isle Drywall, Harvey Hodgins • 35 yrs exp. 'certified' **334-4776 (D/H)**
- Seaside Electric • Licenced, Bonded & Insured **702-0570 (D/H)**
- Stacy Seabrook Roofing, denmanstace@gmail.com **334-7075 (All)**
- Tyee Mechanical Ltd., licenced plb, htg, propane, etc. **218-7688 (All)**
- Water Tanks and Cisterns • Steve Isaak **335-1853 (All)**

• SERVICES •

- Acupuncture, Herbs • Dr. Willo Walker, Dr. TCM **335-1535 (D/H)**
- Massage Clinic • 2796 Northwest Rd. • Leah Kelly **335-2584 (D)**
- Chiropractic Care on Fridays • Dr. Dawn Armstrong, DC **465-8482 (D)**
- Peter T. Mason - Land Surveying **757-8788 (All)**
- Trueview Treecare, seniors' discount • Wildbill **898-7246 (D/H)**
- Yoga Classes, Holistic Massage, 30 years exp. • Fiona Walker **335-1535 (D/H)**

• THE COMING WEEK'S EVENTS •

• DENMAN ISLAND (DI) • HORNBY ISLAND (HI) •

THURSDAY 22

CAP SITE
3-7 pm • Community School(DI)
D.I. FOOD BANK
3-7 pm • Community School(DI)
ADIMS AGM
7 pm - Back Hall(DI)

MONDAY 26

QUILTER'S GUILD
Meeting
9:30 am - 3 pm - United Church Hall(DI)
DEATH CAFE
1 pm - The Guesthouse(DI)

TUESDAY 27

CAP SITE
3-7 pm • Community School(DI)

FRIDAY 23

NIA CLASSES
10:30-2 pm
SENIOR'S LUNCH
12-1:30 pm - DAC(DI)
BUCKMAN COE
Concert
7 pm - The Guesthouse(DI)

SATURDAY 24

CAP SITE
3-7 pm • Community School(DI)
BOOK SIGNING WITH
AMANDA HALE
"Angela of the Stones"
1-4 pm - Abraxas Books(DI)

WEDNESDAY 28

CAP SITE
3-7 pm • Community School(DI)

SUNDAY 25

DENMAN UNITED CHURCH
10:30 am(DI)
ST. SAVIOUR'S CHURCH
10:30 am(DI)
CATHOLIC MASS
2 pm - Phipps Point(HI)

THURSDAY 29

CAP SITE
3-7 pm • Community School(DI)
D.I. FOOD BANK
3-7 pm • Community School(DI)



Whether it's advertising your business services or promoting a cultural event, concert, art opening or festival - The Islands Grapevine is a cost-effective and consistent means to reach over 1100 homes on a weekly basis.