



*"Still a man hears what he wants to hear and disregards the rest."* • Paul Simon, *The Boxer*



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# THE ISLANDS Grapevine

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Cover image: Two Roads Parade, 2023 Blackberry  
Faire Parade  
photo by Dreadful Imagery



COMMUNITY INFO

## Good News Coming from Denman Community Land Trust Association

By Nancy Hoyano  
DCLTA

support and continue to work closely with them.

We hit another high recently in our search for an alternative property for a seniors housing project. We look forward to sharing the details with you on Sept. 17!

Come visit us at the market Sept. 9 and 16 and join or renew your membership. Memberships help non-profit associations demonstrate the community support they enjoy, so it's that time of year to ask you to renew your \$10 annual membership. You may do so in person at the AGM (**Sunday Sept. 17 at 11 a.m. at the Community Hall**) or by sending an e-transfer to [bookkeeper@denmanaffordablehousing.org](mailto:bookkeeper@denmanaffordablehousing.org).

If you have any other questions, suggestions, or wish to volunteer with us, email us at [info@denmanaffordablehousing.org](mailto:info@denmanaffordablehousing.org). As always, we continue to gratefully accept financial donations. See the How to Help page on our website <https://denmanaffordablehousing.org> for ways to give. 🍷

COMMUNITY INFO

## Senior's Lunch September 13 Back Hall

By Kathy Rieder

enjoy each other's company, the soup and the music. This month's musical guest is guitarist Andrew Allan who is bound to play and sing one of my all time favorite songs.... After all that, it is even fun to clean up and put it all away. See you there. **If you need a ride call me 250-335-0559. Admission by donation....** 🍷

## Anniversary Thank You

By Denman Hardware

Thus was born Denman Hardware. (There must have been something in the water in 1993 - this was the same year Abraxas Book Store and the Denman Craft Store got their start)

Clark and Gloria ran the store for 20 years before Evan Penner and Ron Cadarette took over in 2013. Stirling Fraser, Noni Fenwick-Wilson, and Verna and Graeme Isbister assumed ownership in 2018.

It has been a joy and privilege to serve our community over the 5 years we have owned the store.

So, to thank our loyal customers who have allowed us to keep the doors open all these years we would like to treat you to a free hot dog, cake and other assorted goodies (do I smell popcorn?) this Saturday, September 9 from 12:00-2:00 at the store.

**Hope to see you there.**  
**Graeme and Verna Isbister** 🍷

**SAVE** the date Sunday Sept. 17 at 11 a.m. for the annual general meeting (AGM) of the Denman Community Land Trust Association. We have exciting news to reveal!

It's been a busy year for the DCLTA – one of lows and highs. We started the year with a low after learning that we lost the land intended for the Pepper Lane Seniors Affordable Housing project.

We experienced a high, however, when we reached an agreement with the Denman Housing Association to have five units in their 20-unit Denman Green project dedicated exclusively for seniors. We appreciate their

support and continue to work closely with them.

We hit another high recently in our search for an alternative property for a seniors housing project. We look forward to sharing the details with you on Sept. 17!

Come visit us at the market Sept. 9 and 16 and join or renew your membership. Memberships help non-profit associations demonstrate the community support they enjoy, so it's that time of year to ask you to renew your \$10 annual membership. You may do so in person at the AGM (**Sunday Sept. 17 at 11 a.m. at the Community Hall**) or by sending an e-transfer to [bookkeeper@denmanaffordablehousing.org](mailto:bookkeeper@denmanaffordablehousing.org).

If you have any other questions, suggestions, or wish to volunteer with us, email us at [info@denmanaffordablehousing.org](mailto:info@denmanaffordablehousing.org). As always, we continue to gratefully accept financial donations. See the How to Help page on our website <https://denmanaffordablehousing.org> for ways to give. 🍷

**OFF** island family and friends ask me “What do you do for fun?” I say “Well I organize and cook this Seniors Lunch at our community hall once a month.” “Yes” It is fun for Sharon and I to find and test out new recipes. It is fun to create a beautiful space in the back hall. And it is fun to work with others in the way that we have perfected in our life here together. But the greatest joy is seeing the smiling faces of all of you who come and enjoy each other's company, the soup and the music. This month's musical guest is guitarist Andrew Allan who is bound to play and sing one of my all time favorite songs.... After all that, it is even fun to clean up and put it all away. See you there. **If you need a ride call me 250-335-0559. Admission by donation....** 🍷

**I**t was 30 years ago today (extra points for those who recognize a certain 60's pop group reference here...) that Clark Siferd, with Gloria Michin's encouragement, came up with a way to clean out his overflowing garage: Why not open a hardware store?

## Wrestling With An Alarm Clock

By Team TIG

**M**OST teachers of facilitating difficult conversations share the wisdom of equanimity. That is to say, in entering a conversation that is potentially troublesome, we should try not to make things worse, and to actively listen before reacting and responding. This means listening with the intent of understanding, without judgment or blame. Easier said than done, but it can be an opportunity to learn, and to challenge the assumptions we may have internalized unconsciously.

This approach can aid in discerning that which may be insensitive from that which may be truly hateful and offensive. We all possess sensitivities, even while we aren't all sensitive to the same things. When our sensitivities are offended, surely this should not be a self-granted licence to be insensitive and hateful toward others, as a self-serving rationalization for words and actions that are lacking in ethical principles. Insensitive words are not the same thing as, or evidence of hatefulness and prejudice.

It follows that the accusation of insensitivity and the accusation of bigotry are not the same thing. In the former, a verbal or written response that explains how sensitivities have been offended, is often enough to persuade others of what they may not have more fully considered. It can be an intimate and authentic exchange where people learn, and even change or alter their words and actions. A false accusation of hateful and bigoted speech can unjustly cause untold harm to an individual and their livelihood.

Currently, The Islands Grapevine (TIG) is involved in such a dispute. The sensitivities of some readers have been offended, and TIG has continued to offer a forum for anyone to explain where its contributors have been insensitive, while its editorial policy is strictly enforced and nothing TIG has printed has been hateful bigotry. Notably, TIG's critics have not responded to these invitations because they have nothing to provide as evidence. TIG has reached out to the parties involved twice, and both times TIG has been rebuffed.

TIG has attempted to resolve the dispute privately, and believed we had, but apparently the wilful misunderstanding has continued, where a determined "vanguard" of hatefulness has been directed at TIG on Denman Island Facebook Bulletin Boards, ironically wrapped in a performative sense of community. A small and determined proxy group argues for TIG's demise with hateful slurs, and denies that Bronwyn Schuster did anything wrong, where Schuster has publicly admitted to the wrongdoing TIG exposed.

After a rash of belligerent and hateful posts directed at TIG on the Denman Island Bulletin Board (DIBB) were left uncensored by the DIBB "moderators", the weekly posting of The Islands Grapevine was removed from DIBB, the entire newspaper censored. When pushed to explain, moderator Mary Wood declared that the "majority" of DIBB membership felt that TIG contained hate-speech, while providing no evidence. How Wood can claim a majority of the 2600 members of DIBB agreed with her decision is not a mystery. It is a pattern of disingenuous behaviour, where there are clearly two sets of rules on DIBB.

On Facebook, local comic Megan Rose has circulated an unfunny sendup, showing loyalty to her friend Bronwyn Schuster by making a series of false claims. Firstly, sarcasm is not comedy. But more importantly, Rose falsely claims TIG has performed a character assassination of Schuster. A character assassination is when a person is falsely accused, where Schuster has admitted to the malfeasances and misusing their position. It's an ironic projection of the character assassination that Bronwyn Schuster and friends have smeared on TIG and its contributors. Rose claims to represent the views of the wonderful and talented Women's Craft Collective, when not all of its members agree with her position. See you next Thursday, the day TIG is published each week.

A weekly printed media is a far more sober location for public discourse, as compared to the brave typing on social media, where a reactive and emotionally charged comment is immediately gratifying to its author, and most often escalates conflict and leads to entrenchment of opposition "camps" in a competition of who can be more outraged in performing signals of virtue and righteousness. The Islands Grapevine and its curated editorial policy is here to stay after 32 years of community service, and counting. Wrestling with an alarm clock doesn't prove you are awake. 🍷

### TIDE TABLE

• Secondary Tidal Station Ford Cove •  
• Source: tides.gc.ca •

#### 2023-09-07 (Thu)

| Time PDT (m) | (ft) |
|--------------|------|
| 06:06 1.2    | 3.9  |
| 14:08 4.3    | 14.1 |
| 19:04 3.7    | 12.2 |
| 22:53 4      | 13.2 |

#### 2023-09-08 (Fri)

| Time PDT (m) | (ft) |
|--------------|------|
| 07:07 1.3    | 4.3  |
| 15:30 4.4    | 14.4 |
| 21:10 3.7    | 12.2 |
| 23:39 3.8    | 12.3 |

#### 2023-09-09 (Sat)

| Time PDT (m) | (ft) |
|--------------|------|
| 08:14 1.4    | 4.6  |
| 16:32 4.5    | 14.7 |
| 22:56 3.5    | 11.6 |

#### 2023-09-10 (Sun)

| Time PDT (m) | (ft) |
|--------------|------|
| 01:29 3.6    | 11.8 |
| 09:19 1.5    | 4.8  |
| 17:18 4.5    | 14.8 |
| 23:36 3.3    | 11   |

#### 2023-09-11 (Mon)

| Time PDT (m) | (ft) |
|--------------|------|
| 03:02 3.6    | 11.7 |
| 10:15 1.5    | 4.8  |
| 17:53 4.5    | 14.8 |

#### 2023-09-12 (Tue)

| Time PDT (m) | (ft) |
|--------------|------|
| 00:01 3.2    | 10.4 |
| 04:05 3.6    | 12   |
| 11:01 1.5    | 4.8  |
| 18:19 4.5    | 14.7 |

#### 2023-09-13 (Wed)

| Time PDT (m) | (ft) |
|--------------|------|
| 00:22 3      | 9.9  |
| 04:55 3.7    | 12.3 |
| 11:38 1.5    | 4.9  |
| 18:40 4.5    | 14.7 |

#### 2023-09-14 (Thu)

| Time PDT (m) | (ft) |
|--------------|------|
| 00:44 2.8    | 9.3  |
| 05:39 3.8    | 12.6 |
| 12:10 1.6    | 5.1  |
| 18:57 4.5    | 14.8 |

SPECIAL  
INTEREST

## Phoenix Riting!

By Phoenix Bee

**HOW ABOUT THAT!**  
It's Labour Day already. Time flies when you're having way too much fun (way, way too much). It's been an amazing summer, very busy and

lots of sunshine, though I spent much less time on the beach than in past summers. Am I the only one nostalgic for Covid times? Remember those two long, leisurely, lonely summers? On Hornby, that's unheard of, for locals at any rate. Summer rushes by in a frenzy of busy, thronging with people wanting what we have to offer. That's not a bad thing, don't get me wrong. I love it. But there is always this feeling--this one, right now--of perching precariously on the edge, hanging by a thread, waiting for it to just... all... be... done. Are we there yet? What I'm saying is, I'm tired.

At last, we are done, Labour Day has come and will be gone by the time you read this. September is much busier than it used to be, as the shoulder season has been stretched with more visitors and some businesses remaining open longer. I'm into it; I'd rather a gentle descent than the extreme plummet of Labour Days past. I would wander the empty Ring-side, a little dazed, wondering, where'd everybody go? Who lives here now?

Sometimes I talk to what I think are new people, only to find out they've been living here for three years already. Covid messed everything up. People moved here, lived here for years, faces hidden behind masks, socially distanced, becoming firmly entrenched as seasoned islanders, yet still new to the community. Everything is topsy turvy.

But what a summer it has been! Everything blurs together in my memory, such as the amazing show at Baird Nursery with the Odus Haven Band (12-year-old Odus Haven Atkinson with family and friends), the blissful blur of the Festival and so much more. Music has been everywhere; in the ring-

SPECIAL  
INTEREST

## Green Wizards, The Fall Fair

By Maxine Rogers

I love both our Fall Fairs and have judged for years on Hornby. You guys put on an exceptionally good Fall Fair. We have just had ours, the Blackberry Fair, on Denman and I want to thank everyone

who helped organize the Fair and everyone who came to celebrate.

I will have to miss Hornby's Fall Fair this year as I am off for a vacation with my niece who is going on a trip to celebrate graduating from University. This will be the first time in years I have not helped out at your fair. I hope everything goes well for you.

Here on Denman, the Garden Club, in the person of Susan Tait, stepped up and ran the produce competition. Thank you Susan for a job well done! I asked some of my friends if they were entering things and they said, "No, I am not competitive." Competition is not what it is all about. I enter heaps of produce and baking in the Fair because a full produce competition is a beautiful thing and inspires people to grow, bake and sew more things themselves.

side, at the nursery, at Hornby Island Pizza, the buskers at the Farmer's Market, shows at the Hall, various venues like the Seabreeze, Lerena Vineyard, Fossil Beach and... probably more I've missed.

Coming up this Wednesday at the Seabreeze, I'm excited to see Angel Forrest and D. Columbus play with Ricky Paquette. It'll be over by the time you read this, sorry if you missed it.

The next big thing here will be the Fall Faire on Sunday September 17. This is a joyful yearly celebration with costumes on parade and all sorts of farm-related activity such as zucchini races, chickens, goats, prizes for cucumbers, tomatoes and other produce, and best of all--pie! I'll be in my tent doing readings for part of it but I'll abandon my post at some point to play a set on the Fall Faire stage where music will be happening. Usually the Fall Faire takes place on a glorious warm sunny day, but there have been dramatic exceptions so be prepared! I'll be staking down my tent, is what I'm saying.

I did take the summer off from my shows at CHFR-FM (96.5), our local radio station and my Sunday second home, due to the mixing board being down and eventually being replaced with a new one that my August brain didn't want to have to figure out. September brain finally took the plunge on Sunday, and it turns out the equipment is super simple and it all flowed easily. I'm back on the air, refreshed and ready. Note, the Songwriter Circle has a new timeslot: Sunday from 1-3pm.

I'm excited to get back into the studio at the Barn to record some more! I have several sessions scheduled for this Fall and I'll keep you all posted how that's going. I hope you are taking care of yourselves and ready to decompress after this extremely busy and compacted summer season.

*That's what I think. What do you think? Email me at phoenix-onhornby@gmail.com* 🍷

Fall Fairs are the soul of country living. I encourage everyone to find something in their garden to take to the Hornby Fair on Sunday September 17. Winning is not as important as participating in these lovely community events. Both our Fairs are open to the populations of both islands so if you missed entering in the Blackberry Fair, give yourself a treat and enter in the Hornby Fair.

Some people do take it too seriously and focus too much on taking firsts. Produce competitions are more about creating an ample display of our achievements to inspire other people to give it a try.

That said, I do follow Genghis Khan in his advice on showing dahlias. He said, "Crush your enemies, see them driven before you and hear the lamentation of the women."

I came to the Fair hoping to do just that and then I saw the excellent level and sheer number of very good entries of dahlias shown this year and my heart sank a bit. I was down at the Hall early to help set up and to steward. As the dahlias came in, I could see my hopes of a crushing victory slipping away.

I had been up early to cut my flowers and one thing the judges look for is any crumpled or wilted petals on the underside of the blooms. They are also looking for size, uniformity, good

colour and three blooms that match in size. When I was looking my flowers over, I found a copper and green tree frog clinging to the underside of one of my huge red blooms. I plucked him off and escorted him back to the garden. If I had known how desperate the situation was going to be, I might have left him on the flower for added cuteness and as a testament to how fresh the flowers were.

I left the hall when the judges arrived but I was back at 1 pm to view the results and I think the judging was very fair. Roger and Holly Smith won for largest pumpkin. They brought their entry in a wheelbarrow and it was a very fine pumpkin! Phyllis Brewer, still competing at 96, won a first for her Bosc pears and laughed heartily when she heard she had won.

Faye Chung, only 18, won the Jimmy Tait Memorial Trophy for best flowers in show for her huge, elaborate and beautiful display. Faye is studying Fine Arts and shows a lot of artistic talent. Jimmy would have been delighted to see this young woman making such a good start in the Fall Fair. We had some very fun kid's entries of best-dressed vegetables. Everyone who saw them

*Jimmy Tait Memorial Trophy Winner for best flowers in show - Faye Chung*



while I was there made those funny crooning sounds because the entries were so charming.

My loaf of organic white bread was beat out by Oluna's sourdough loaf for first and there were a number of lovely cakes entered which makes judging the baking such a delightful job. The judges seemed to have had a hard time making their minds up about the chocolate cake as there was a very large wedge of cake missing. They must have had to have two slices each to really cogitate and evaluate.

David Scruton and his loyal crew drew a huge crowd for the zucchini racing. Everyone seemed very happy and cheered hugely for their favourite racing zucchinis. It was nice to see everyone back to normal. I didn't see a single face mask in the whole crowd. People seemed relaxed and friendly. They were not treating other people as

if they were a deadly pathogen. It made me very happy to be gathered with my community again and for everyone to be friendly. It was a lovely event. Well done to everyone who contributed. 🍷

classified as potentially toxic to both humans and wildlife.

So, what's the answer? Some say that tobacco companies need to stop putting single-use plastic filters on the trillions of cigarettes they produce. A ban on cigarette filters would be a logical first step. Studies have linked filters to inhaling deeper, potentially increasing the risk of an aggressive form of cancer known as lung adenocarcinoma.

France is set to charge tobacco manufacturers €80million francs annually to clean up the estimated 23 billion cigarette butts littered each year across the country, while governments in Gambia, Chad and Benin have imposed environmental taxes of up to 4% on packs of cigarettes. In Spain, 550 of the country's more than 3,000 beaches have banned smoking.

A Swedish start-up company, Corvid (crow-like birds) Cleaning, is at the pilot stage, training wild crows to pick up cigarette butts on the street, and deposit them in a machine. Christian Günther-Hanssen, the founder of the

*continued on P.6...*

SPECIAL INTEREST

## Shucking Oysters: Butt Out

By Alex Allen

Returning home from Campbell River the other week, we stopped at that last rest area on the beach to chill for a bit. Instead of noticing the lack of snow on the mountains on the mainland, my gaze stared with sadness at all these cigarette butts tossed at the edge of the parking lot. There must have been over 200. What are people thinking ... or not thinking?

Depending which article you read, cigarette butts can take up to 10 years, 14 years, 720 days, or 18 months to decompose. The point is that they are not biodegradable. They are made of cellulose acetate, a man-made plastic material, containing hundreds of toxic chemicals. The filters will eventually breakdown into smaller pieces, but the toxics (arsenic, lead, nicotine...) never disappear. It is no surprise, that cigarette butts are the No. 1 most littered item in the world, with about 4.5 trillion individual butts polluting the environment. Trillions.

A 2011 study by San Diego State University suggested that the chemicals leached from one smoked cigarette butt were capable of killing half of the fish present in a one-litre bucket of water, while researchers at the UK's Anglia Ruskin University found cigarette butts significantly compromised the growth of terrestrial plants.

Others have delved into the long-term effects of the chemicals in cigarette butts, finding that after 28 days of exposure freshwater rainbow trout ended up weighing less while Mediterranean mussels absorbed 22 compounds, including some



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...continued from P.5 company, said the method relies on positive reinforcement and that the birds would receive a little food each time they deposit a butt in the machine. Bird experts have expressed deep concerns. Yet Günther-Hanssen claims that “These are wild birds taking part voluntarily.”

Another start-up, in the Netherlands, called Crowded Cities, was also working on training crows to drop cigarette butts in a ‘Crowbar,’ which scans the item to confirm it’s a cigarette butt, and then gives the crow a food reward. Unfortunately, after a year of research and development, the team ended the project due to lack of money, and the unintended and unknown impact that cigarette butts might have on unsuspecting crows. Once again we are dealing with the symptoms and not the cause. As someone wrote, we are good at doing things; we’re not so great at stopping things.

A few weeks ago, a driver in Victoria flicked a lit cigarette out of their window onto a grass median and another in Saanich threw a cigarette butt off the Pat Bay Highway. Both were each ticketed \$575 under the Wildfire Act “for dropping, releasing or mishandling a burning substance.” Police Chief Del Manak tweeted that the Victoria driver’s explanation was they had no ashtray in their car and they were planning on getting out of the vehicle to put out the lit smoke, after they got off the phone. That same week, the Central Saanich Fire Department was called out to a major brush fire. The

ARTS&LIT

## March 25th, 2007 *FurBay*

By CS#05943451



life unrestricted. This isn’t Sean’s style, however. ‘Trade’ is his preferred approach yet, interestingly, the concept of barter appears foreign to him. He entered my room, sat next to me on my bed and opened the bidding with, “What’s it worth to you?”

A battery charger is of use to me as I’d inherited a CD player with a couple of rechargeable batteries from Al upon his departure. I opened with a bid of six tailor made cigarettes, half expecting the Big Dawg to laugh at the suggestion that roughly \$2.50 in tobacco would approach the value of what he had on offer. At the very least I’d see a counteroffer in assuming position for negotiation.

His response? “Well jerk me off and call me Sally!” Until he took the smokes I wasn’t sure what to think. And now this evening, as my batteries charge while writing, I’m still not exactly sure what that quip even means!

With so many aliases, I needn’t begin calling him Sally! Sean,

cause was a discarded butt and ended up scorching a 20-metre-square area. A few days later, Central Saanich firefighters were called to a residence where bark mulch caught fire. The cause? A burning cigarette.

Despite a record-breaking wildfire season that’s scorched more than 10,600 sq. km. of woodland across British Columbia, some smokers just don’t get it. A BC Wildfire Service spokesperson said if your discarded smoke causes or contributes to a wildfire, you may be ordered to pay all firefighting and associated costs. Butt heads could also be held responsible for damages to Crown land (the value of the forests... lumber) which could be significant.

Back in 2017, a truck driver in Langford, was charged \$575 for tossing the remnants of his cigarette out the window — a fine that the driver called “insane,” according to the officer on the scene. The driver then shared with the officer that it was the second time he’s been charged for tossing a cigarette butt. What pray tell, can you do to fix stupidity?

On Hornby, a group introduced pocket ashtrays a few years ago to combat butt littering. Simply open the flap, and put the butt in the pocket and shut tightly. Sure it will smell after a while, but better than festering on the ground somewhere or worse starting a wildfire. Will we take responsibility for our habits? If I may paraphrase, Grant Lawrence, take a long drag on that and butt out ... with mindfulness. 🍷

Fur-dog, Furry, Big Dawg or my personal fave, Meathead (though I only use that one in select circles), are enough AKA’s for one man-child. I suspect were I to actually call him Sally he’d forget it was at his own behest and I’d find myself in his ‘doghouse’ again, like the time not long upon his arrival.

Anyways Sally, er.. *Furry*, is now cruising the range offering any and all things ‘Furry,’ for payment in smokes, pop, chocolate bars, sugar!

A wooden cross, *worn by Furry*. One pop! “One pop for a beautiful wooden cross!”

Amidst his playful calls I threw out to him, “would that increase its value or decrease it?” drawing laughter from the guys milling about the smoking pit where we were gathered. Furry’s pillow. His empty tobacco pouch. All things touched and used by Furry must go! He offered to being open to a case lot deal for a couple of pops. Again I piped up, “I can just see you there passed out naked on the cell floor when they come for you I the morning... laying amongst a bunch of empty pop cans and crumpled candy bar wrappers!” Again, laughter. Even from the Big Dawg himself. Clearly his imminent release has him in unshakeably good spirits.

Stepping out for a late evening cigarette and the creaking and croaking down at the lakeside is the only thing cutting into the otherwise silent spring night. Nature’s symphony knows little of captive ears here at Brannen Lake Correctional Center. Blessedly, the steel bars, concrete walls and razor wire topped fencing can’t completely isolate us from evidence of life on the outside. It still beats on out there. As if to prove the point, today the weather well and truly broke. Through pursed eyes I was witness to a massive orb up in the sky pulsing a blue tinged golden glow across our mid-Coast region. Crisp, defined shadows dancing underfoot everywhere I trod in the course of my day’s work alongside the highway. Al

most vertigo inducing! Spring has sprung, affirming time's passage.

I must grant that the drone of a life incarcerated may have helped numb me to the relentless overcast conditions of the past five weeks because sudden, full sun played like a sobering slap to the face. What a different atmosphere its light proffers this dreary place. If not for the chain link fence marring my view of the great outdoors I could almost feel transported to my tree-planting days of yore. The smell of the air. The angle of the sun's early spring rays. The promise of a full working season ahead and the drab grey of a winter tailing off in the rearview. Oh yeah, good times!

Ah, but let's not get too carried away in reverie, Mike. After all, there's still the spectre of the razor wire fence. 

SPECIAL  
INTEREST

## Forgiveness Part 2

By Sally Campbell

**H**ERE are a few ideas about forgiveness that have been helpful for me.

1. Forgiveness does not mean condoning. It does not make it all "ok". It does not change what the other did (or what you did). It does change the relationship between the forgiver and what the other person did.

2. It only takes one person to change a relationship between people. When one person makes a shift in perception, the whole relationship shifts. This can be so surprising! Many times it feels like a return to the self, to normalcy, as if invisible blinders have been removed. Often our closest friends have witnessed the troubled dynamic for years, and they are there, waiting for us to "see the light". That's why they are our good friends. They may have dropped a few hints along the way, but they have wisely followed the adage of my grandmother that we each must learn our own lessons in our own way.

3. You can't give what you don't have. If we lack compassion for ourselves and our own imperfections, we cannot show compassion to others. This means we have to stop judging ourselves if we want to be able to stop judging (and forgive) another.

4. When we remain unforgiving (in judgment) we expend a lot of energy in withholding. We armour ourselves for protection and only let in what feeds the story of the wrong: the anger, the resentment, the sense of victimhood. Canadian playwright Joanna Glass called this "our carefully-nurtured sorrows" (*If We Are Women*). If we move into forgiveness, we can tap into that powerful energy and transform it.

5. We need to be specific about what we are forgiving. It may go in stages and small pieces in more complicated relationships. It does not need to be said out loud. In fact, if the other is angry with us, a verbal "I forgive you" is a sure way to fan

the flames and up the ante a notch.

6. In order to forgive, we have to let go of being "right". Arr-gh. That can be so hard!

7. Thinking shapes feeling and feeling shapes thinking, it's that simple. If we continue to rationalize a situation in ways that keep us in the place of being wronged, we will continue to feel all those negative feelings that accompany that mindset. Likewise, if we engage upon a course of reinforcing and feeding our anger, our hurt, we will use our cognitive powers in service of maintaining those feelings. We will fight cognitive dissonance by refusing to allow or to consider seriously thoughts that don't confirm

our negative feelings. The point is not to repress those feelings, but rather to notice them with compassion for ourselves. Give them the attention they deserve. (Maybe they are a signal we have to do something differently!) Then try to find ways to move through them. Often the skill of "reframing" can help in this regard. Putting a different frame on the picture we're seeing. Taking ourselves from a place of what we do not like or do not want to what we do in fact want, to what matters to us. And then we can ask: What would that look like? What can I do to put that preferred scenario in place? This way of focusing on the positive can help shift our mindset dramatically.

7. Forgiveness involves tapping into all the aspects of our being: physical, emotional, mental and spiritual. There is a general lightening up that comes with forgiveness work.

8. The body has a memory. It holds emotional pain as well as emotional blessing. Being unable to forgive affects our health and our well-being.

(Some of these ideas are from the work of Barbara Ashley-Phillips, the work of Edith Stauffer, Unconditional Love and Forgiveness, and the Dalai Lama.) 

SPECIAL  
INTEREST

## Ferry Service Feedback Letter reprint

By Sharon Small

*"Carrie McIntosh of BCF's community engagement division is asking for feedback on the 'success' of the improved summer service. Send feedback to [engagement@bcf.com](mailto:engagement@bcf.com) and to boost credibility, you could add your expertise/group affiliation in the conclusion, as I did. Feel free to cut and paste sections from my letter."*

August 29, 2023 Dear Carrie,

**I**speak for many Denman residents in thanking BCF for responding to our necessity for better ferry service this summer. Service has improved. Of course, we maintain that the cable ferry needs to be replaced. However, you and Commissioner Hage have made it clear that there will be no replacement in the near term.

Regrettably, the service improvement during the week does not *continued on P.8...*

### Denman Community Land Trust Association (DCLTA)

### Annual General Meeting

Sunday Sept. 17, 11 a.m.

Location: Community Hall

### We have good news to share!

To become a member or renew your annual membership visit our booth at the Market Sept. 9 & 16 or e-transfer \$10 to [bookkeeper@denmanaffordablehousing.org](mailto:bookkeeper@denmanaffordablehousing.org) Or come to the AGM a few minutes early and join.

[www.denmanaffordablehousing.org](http://www.denmanaffordablehousing.org)

...continued from P.7 mitigate Denman's main concern (see our BCF Community page) - the safety and quality of life issues caused by tens of thousands of Hornby tourist and tourist related vehicles racing back and forth between terminals. On weekends and when there are service interruptions, traffic is often backed up at the two terminals and there continues to be competition for limited deck space at Buckley Bay.

We urge BCF to replace the Baynes Sound Connector in the next term and conduct a feasibility study for a direct ferry to Hornby Island. Given the dire effect of Hornby Island's under regulated tourist policy and the Hornby Economic Enhancement group's resolve to increase tourist numbers, a direct ferry to Hornby is the only option for Denman. Because of the threat of forest fires in the interior of BC, more and more tourists will choose Vancouver Island destinations in the coming years. BCF needs to be prepared for this increase in traffic.

In the short term, the back-up of weekend traffic at both Denman terminals must be mitigated. This traffic can be held on Hornby and at Buckley Bay, as discussed at the May 26 roundtable meeting. We have seen some improvement in traffic flow, but it is not consistent. On weekends, this traffic frequently blocks major intersections, creating peril for drivers, walkers, cyclists, and horseback riders, our environment and service vehicles. Despite a fine of over \$500 for tossing cigarettes butts, many backed up folks toss theirs, and many run engines for air conditioning and charging devices while they wait. This creates great fear amongst Denman islanders.

See my complaint to engagement@bcferries.com that described what I witnessed for three hours on a Sunday at the Denman-Northwest intersection. Hornby traffic was backed up beyond the Guest House and frequently vehicles and massive RVs gridlocked the intersection. Also, when traffic was flowing, drivers exceeded the 40 mph speed limit. At the very least, there needs to be flaggers directing backed up traffic off of Denman Road. As one of our FAC members commented on a fb site, we now have a backed-up traffic problem creating peril at both Denman terminals.

SPECIAL INTEREST

## Trust Documents Reveal Deeply Flawed Tower Process

By William Thomas

Special to the Grapevine  
Copyright 2023 by William Thomas

ON June 10, 2022, a Toronto-based telecom giant earning more than \$200billion/year approached the Islands Trust, Kómoks First Nation, ISED and the provincial government with plans to erect a 68-meter-tall telecommunica-

tions tower on Hornby.

Lessons had been learned. Local residents and our LTC were carefully *not* advised of the Rogers proposal. Despite this community's 2017 defeat of the Telus tower, over the next six months the former Islands Trust Planner "forgot" to inform Hornby's trustees of this even more contentious scheme. Even when they were in the same room.

Secretive consultations between the Trust executive and Rogers continued until our Local Trust Committee learned of a

The effects of this tourist traffic on safety and quality of life on Denman dominated the roundtable meeting and was listed as the main concern of the 170 Denman residents who attended. Our collective message was that the traffic issue is creating a crisis for Denman residents who filled the hall to share their experiences and strong feelings of anguish, frustration, anger, and despair. Once the full summary of the round table meeting, with verbatim comments is posted, you have all the evidence needed to conclude that Denman is suffering.

Denman continues to compete not only for road access, but limited ferry deck space due to an unsustainable number of tourist vehicles often taking up to 3 and 4 vehicle spaces. Once I overheard ferry staff complain that one tourist rig was 50 feet long. The length of tourist vehicles is not addressed in the 19,000 vehicles travelling one way in two months statistic provided by BCF in a 2022 report. As an essential service for residents, can't BCF consider limiting tourist RV length given the competition for deck space and terminal road access?

I strongly suggest also that Hornby's assured first come/first served loading lane at Buckley Bay be reconsidered. It should be reserved without cost for Hornby and Denman essential travellers such as MDs and other physical and mental health practitioners, off island workers, full-time residents with important appointments off island, parents with children going to school and engaged in activities off island, etc. One BCF manager at the roundtable proposed a free reservation service for full time residents to replace the current policy.

I strongly urge BC Ferries set up a public meeting on Denman to address the above problems that continue to create an enormous strain on Denman and on BCF's heroic ferry staff. While Hornby wants more traffic, Denman desperately needs a lot less. Our needs are opposite.

Respectfully, Sharon Small,  
Retired University Professor and Denman Island Resident



public notice in the November 23, Comox Valley Record.

"This is completely unacceptable," Alex Allen immediately emailed Rogers front-man, Brian Gregg. "The timing is so wrong and way too fast tracked. So many people are now traveling off island in the next month. A virtual meeting in December and the deadline for comments January 13? That is, with all due respect, ridiculous."

The outraged Hornby trustee requested that this unexpected application be shelved "until at least March 2023."

"I think the best course of action at this stage is to proceed with the process," Gregg replied.

What process?

### DEMOCRACY DENIED

Responding to growing demands for public consultation, on Jan. 9, Gregg declared that face-to-face public meetings wouldn't happen. Because Rogers was following Industry Canada (ISED) protocols.

But those federal standards require Rogers to adhere to Hornby's Antenna Siting Model. After unwitting adoption by our LTC on Sept. 9, 2023, Regional Planning Manager Kauer noted: "The Model Strategy federally compels companies to engage in extensive public consultation before installation of cell towers."

When another Hornby resident complained that the suggested location near the old firehall was under consideration for affordable housing, Gregg replied, "there is no reason that it cannot accommodate" an intensely radiating "communication site."

He soothingly suggested that some shrubbery and "cedar fencing" would enhance the appearance of an industrial structure towering over Hornby's forests and central core.

#### TREES THREATENED

"We live in a rural area and many of us want to keep it that way," a 33-year Hornby resident informed Gregg. "I did not come to Hornby for its technical advancements, but for the opposite."

"Has there been an environmental assessment by a neutral body?" asked another local. "Where can I read the report?"

"ISED advises us that such tower proposals will not cause significant adverse effects," Gregg demurred, ignoring studies showing that, just like humans, bees and trees are receiving antennas for electromagnetic fields.

"Impacts are quite minimal," Gregg gaslighted, despite receiving a nine-year technical/visual study in two German cities showing how low-power "electromagnetic frequencies from telecommunications towers alter the growth and development of trees" up to 900 meters away.

#### FIRE RISK MISREPRESENTED AND MINIMIZED

Another Hornby resident inquired "about the possibility of fire caused by malfunction of the tower's electronics. If an electrical fire spreads to the surrounding forest on our very vulnerable summer-dry island, it will immediately be a severe island-wide emergency."

"We are not aware that cell towers are a significant or common source of fires," Gregg dodged, ignoring this *gratuitous additional hazard* of a difficult-to-access, multi-frequency electrical installation next to steep, thickly forested slopes.

#### NOT INSURED

Good luck seeking redress. The Concerned Residents of Hornby Island have learned that the Trust carries no insurance for EMFs. Perhaps because no insurer will cover electromagnetic field liabilities.

*Scientific American* warns that "overall risk of harm from RFR may increase substantially" from simultaneous synergistic exposures to multiple types of Radio-Frequency Radiation. Yet, on page 54 of the Trust Memorandum, we learn: "The tower will house numerous panel antennas and dishes in support of a variety of communication technologies."

Will house?

#### PERFECT TIMING?

On Jan. 6, Daniel Siegal complained that local protocols were still being ignored.

"Many year-round residents are away at this time of year. Further, our community is dealing with many profound changes already," wrote this former Residents & Ratepayers Association vice-president. "It therefore seems that this is not the right time or approach and I suggest that Rogers withdraw the application for now and allow our community to work on the issues we are already facing."

This rabbi was shunned.

#### 5G FOR HORNBY CONFIRMED

Noting how "the aim of Rogers is to cover Canada with 5G, as stated on their webpage," another resident warned Gregg: "Even those people who see no harm in 3G, 4G frequencies will balk at having 5G in their neighbourhood. Safety code 6 is totally outdated and may not apply to 5G."

Neither Health Canada nor the telcos with whom its directors enjoy close financial ties have conducted any safety tests on 5G. Nada. Zero. Zip. This industry-dictated "safety code" claims that 5th Generation *millimeter* waves are equivalent to 4G *microwaves*.

They are not. The electrically-regulated human body/brain operates at 62 to 68 cycles-per-second. Your wireless router jams these intracellular signals at 5 billion+ cycles/second. Tower-fed 5G small cell transmitters placed every 200-300 feet perpetually *emit 24-300 billion electromagnetic spikes every second*.

Despite local 5G bans across the EU and USA, on Jan. 8, Brian Gregg confirmed that Rogers intends to bring this unprecedented menace to Hornby. All Rogers cell towers "will host the latest technologies at some point," he threatened.

Meanwhile, "Rogers is welcoming applications for co-location," with TELUS expressing "preliminary interest in leasing tower space for their transmitters" here.

#### ALTERNATIVES IGNORED

"Cell phone coverage is already available in many areas throughout Hornby Island," yet another correspondent challenged. "In addition, City West is in the process of bringing vastly improved internet coverage, via fiber optic cable, to every Hornby Island residence that wants it."

Cellphone aficionados on Denman and Hornby need only look up. Rogers' partnership with Elon Musk has already brought full Starlink coverage overhead. Lynk Global will further expand Rogers' satellite phone service in 2024.

So why this unwanted cell tower that's already redundant before it's never built?

See this story w/links at [willthomasonline.net](https://willthomasonline.net)

Trust MEMORANDUM: <https://islandstrust.bc.ca/document/hornby-ltc-regular-meeting-agenda-15/>



## Letters to the Editor

**I**would like to acknowledge William Thomas, Christiane Brown, Gary Burtinsky, and any others who are researching and speaking out about the dangers of electromagnetic radiation. This is more important than many perhaps currently understand. Thank you for taking this on.

Carie McGregor 🍷

**W**HY is it that I never met a citizen of an eastern bloc country who has anything good to say about the former USSR? Of the millions of refugees flooding the world, why are none of them looking to Russia as their final destination? Why are citizens of countries under the sway of Russian influence subjected to murderous revenge by their corrupt elite if they demand free and clean elections? I personally believe that America is a failed state. But any attempt to justify Russia's murderous slaughter in Ukraine, in part to reinstate a corrupt politician who was democratically dumped from power (who fled Ukraine with his billions of dollars (not ruples) of ill gotten gains) is like comparing apples to oranges. And it's tiresome.

Hersh 🍷

OPINIONS

## Shortages in the Land of Plenty: COVID19, Cognitive Dissonance & the Jabs

By Helen Grond

**W**ORLD governments have been busy dropping hints about new lockdowns and controls well in advance of potential new flu variants this fall (flu variants that are no worse than every typical year). You can be sure they are carefully monitoring our reactions to see if they can scare us into isolation once again. Meanwhile, new vaccines are in the pipeline for variants that haven't been invented yet. They

already say we will need six shots a year! My goodness they are so clairvoyant to see into the future like that. I can hear the ka-ching of the pharmaceutical cash registers from here.

We are left to try and make sense of the world's longest flu pandemic which was officially declared over and yet is never ending? There doesn't seem to be any acknowledgment that vast harms (especially to children and families) were done by the previous measures and no benefits can be pointed to! The measures taken (worldwide, for heavens' sake) were in total contradiction to decades of careful pandemic planning.

The US imposed very strict lockdown measures and ended up with 400% higher death rates than the world average. Nevertheless, more harm appears to be planned for us. They just keep dropping quarters into the fear jukebox and some of us can't stop dancing! It's as if we are being tested to see how far we can be pushed. What is their end game? If this is the "new normal" they warned us about, we should take heed. It might be a good idea to pay very close attention to the words the public, private partnership folks all use when discussing their plans for us. Klaus Schwab, executive director of the WEF, released the book – **COVID19: The Great Reset** in July of 2020 and lays out how he and his billionaire/corporate buddies will further control and centralize the

world (build back better) after the pandemic. He's a damn fast writer and knows that one never wastes the opportunity a good crisis creates!

Cognitive dissonance is when we have to believe absurdities to get along with each other. The official definition of cognitive dissonance "*is the mental discomfort that results from holding two conflicting beliefs, values, or attitudes. People tend to seek consistency in their attitudes and perceptions, so this conflict causes unpleasant feelings of unease or discomfort*". When people find themselves in this uncomfortable place they do whatever they can to mend it. We all do it to some degree. Unfortunately, it's much easier to disassociate from reality than face the discomfort of truth.

The cognitive dissonance around the COVID19 vaccines may well go down in human history as the most extreme example of all time. Not only did the vaccines not work at preventing infection or transmission, they did nothing to prevent serious illness as claimed. The worst of it was that they all knew ahead of time; the pharmaceutical companies, the government agencies and certainly many individuals working for these organizations. The evidence to date, including boatloads of whistleblowers, overwhelmingly exposes this. The media is working at *warp speed* to keep this info under wraps. Is it really possible that big pharma has this obscene kind of influence? Would people actually be willing to take another injection with the massive numbers of reported injuries and no benefit at all? I wonder if we still live in a world that even allows me to ask that question out loud.

Mark Twain said: "*Sometimes I wonder whether the world is run by smart people who are putting us on or by imbeciles who really mean it.*" He also said: "*it's much easier to fool people than convince them they have been fooled*". We certainly have been fooled. About many things. A very sobering quote by George Orwell eerily sums up the situation: "*The party told you to reject the evidence of your eyes and ears. It was their final most essential command*". 🍷

## The More Inner Work You Do, The More You See How Humanity is Dominated by Narrative

By Caitlin Johnstone  
OP September 3rd, 2023

**T**HE more inner work you do and the more awareness you bring to your own inner processes, the more you understand how thoroughly human consciousness is dominated by mental narrative. And the more you understand how thoroughly human consciousness is dominated by mental narrative, the more acutely aware you become of how much power someone could gain over other humans by controlling those narratives.

Those who haven't done a lot of inner work tend to hold the assumption that everyone is basically perceiving reality as it actually is, and is then either forming

good worldviews or bad worldviews about reality based on how good or bad they are as human beings—with “good” of course defined as “closely aligned with my own worldview” and “bad” defined as “distant from my own worldview”.

But the more inner work you do the more untenable you find this position. After a while you start to understand that **no-body** is seeing reality as it actually is—including you. Instead, what we’re actually perceiving is a bunch of mental stories we’ve formed about the world based on information we’ve taken in through highly distorted perceptual filters based on our conditioning, biases and cognitive habits. Psychonauts Timothy Leary and Robert Anton Wilson called these filters “reality tunnels” (1), the theory being that nobody is ever experiencing objective reality, they’re only ever experiencing the inside of their own highly conditioned and totally unique tunnel through which whatever reality might happen to be is perceived.

What eventually becomes clear from examining your own internal processes is that humans are very far from the rational actors we take ourselves to be. We’re not logical creatures taking logical actions of our own free will in response to logical understandings of our world, we’re confused little primates with a bunch of fairy tales about reality rattling around inside our skulls which were whispered to us by our own highly conditioned interpretations of information taken in by our own highly conditioned perceptual habits, to which we react based on highly conditioned subconscious driving forces within ourselves that we do not understand.

Once this is clearly seen and understood, it’s also clearly seen and understood how easy it would be to manipulate these confused little primates to your advantage. All you’d have to do is exert some influence over the stories in their heads which rule their consciousness.

And of course that’s exactly what happens. Some humans who are a little bit more clever and a little bit less empathetic than the rest understand that they can use psychological manipulation to tilt the stories in people’s heads to their advantage, either to get money or sex or loyalty or obedience from them.

The most powerful humans in the world are those who’ve come to understand that real power lies not with whoever has the most votes or money or troops or weapons, but with whoever controls the narrative. They understand that power is controlling what happens, but absolute power is controlling what people *think* about what happens.

Once you control the stories in people’s heads, you can control where the votes go. You can control where the money goes. You can control where the troops and the weapons go. Because humans are story-dominated creatures, if you can dominate the stories, you can dominate the humans.

So these clever dominators set about dominating the stories (2) by shoring up narrative control (3) at every opportunity. Buying up media (4). Manipulating the news

(5). Funding corrupt think tanks (6). Manipulating algorithms (7). Classifying inconvenient information (8). Imprisoning inconvenient journalists (9). Whatever they can do to control what the dominant stories are about what’s happening in the world, in order to control how the humans think, speak, work, act, and vote in their day to day lives.

And the more inner work you do the more sense it makes that everyone is so effectively influenced by these manipulations, and the more sense it makes that the world is in the mess it’s in. Because you understand that while these dominators are a little more clever than the other humans, they’re no less confused. They themselves are still dominated by mental stories, and they themselves are interacting with the world in a highly unconscious way driven by internal forces that they do not understand.

The dominators are still just small confused primates stumbling blindly through life like the rest of the humans, and they’re just as frightened and miserable as anyone else. The problem is that they’re also controlling the world, and they’re driving it toward annihilation via nuclear war and environmental collapse.

And the more inner work you do the clearer it becomes that that doesn’t need to happen, because you come to see in your own experience that humans have the potential to become a conscious species that is no longer dominated by mental narrative. It becomes clear as day that we do have the ability to bring the subconscious forces within us into consciousness for healing and integration. It becomes plainly obvious that we have the ability to change our relationship with mental narrative from one in which thoughts dominate our experience to one in which thought is just a tool that can be picked up when useful and set back down when you’re through with it. It becomes self-evident that the egocentric experience through which most humans interact with life is based entirely on a psychological illusion which can be seen through and set aside.

And what’s cool is that ordinary people who’ve done a lot of inner work can see all this for themselves, while the dominators whose whole lives are wrapped up in ego and mental narrative cannot see it. There’s an unfolding happening behind the scenes, in the quietest spaces of our species, which the dominators know nothing about and couldn’t understand if they did. And it poses a direct threat to their entire system of control.

*continued on P.12...*

**SLEEPING DRAGON  
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*...continued from P.11* If humanity can cease being dominated by mental narrative, then the psychological strings the dominators pull on to manipulate us will evaporate. They will no longer be able to dominate the way people think, speak, work, act and vote, because the entire framework they've been using to do so will cease to exist.

I don't know if our species will snap out of its trance in time to make the adapt-or-perish jump that is clearly being asked of us (10) at this crucial point in history, but I haven't the slightest doubt that we do have the potential within us to make it. With enough inner work, anyone can recognize this for themselves as well.

#### Footnotes

- 1) [https://en.wikipedia.org/wiki/Reality\\_tunnel?utm\\_source=substack&utm\\_medium=email](https://en.wikipedia.org/wiki/Reality_tunnel?utm_source=substack&utm_medium=email)
- 2) [https://www.caitlinjohnst.one/p/ten-times-empire-managers-showed?s=w&utm\\_source=substack&utm\\_medium=email](https://www.caitlinjohnst.one/p/ten-times-empire-managers-showed?s=w&utm_source=substack&utm_medium=email)
- 3) [https://www.caitlinjohnst.one/p/imperial-narrative-control-has-five?utm\\_source=substack&utm\\_medium=email](https://www.caitlinjohnst.one/p/imperial-narrative-control-has-five?utm_source=substack&utm_medium=email)
- 4) [https://consortiumnews.com/2023/06/05/caitlin-johnstone-15-reasons-why-media-dont-do-journalism/?utm\\_source=substack&utm\\_medium=email](https://consortiumnews.com/2023/06/05/caitlin-johnstone-15-reasons-why-media-dont-do-journalism/?utm_source=substack&utm_medium=email)
- 5) [https://twitter.com/caitoz/status/1698382644139212875?utm\\_source=substack&utm\\_medium=email](https://twitter.com/caitoz/status/1698382644139212875?utm_source=substack&utm_medium=email)
- 6) [https://www.liberationnews.org/six-war-mongering-think-tanks-and-the-military-contractors-that-fund-them/?utm\\_source=substack&utm\\_medium=email](https://www.liberationnews.org/six-war-mongering-think-tanks-and-the-military-contractors-that-fund-them/?utm_source=substack&utm_medium=email)
- 7) <https://caityjohnstone.medium.com/censorship-by-algorithm-does-far-more-damage-than-conventional-censorship-882b94556125>
- 8) [https://consortiumnews.com/2023/07/17/caitlin-johnstone-a-world-shrouded-in-secrecy/?utm\\_source=substack&utm\\_medium=email](https://consortiumnews.com/2023/07/17/caitlin-johnstone-a-world-shrouded-in-secrecy/?utm_source=substack&utm_medium=email)
- 9) [https://www.caitlinjohnst.one/p/the-assange-case-explained-simply?utm\\_source=substack&utm\\_medium=email](https://www.caitlinjohnst.one/p/the-assange-case-explained-simply?utm_source=substack&utm_medium=email)
- 10) [https://caitlinjohnstone.com/2020/10/26/humanity-has-trolled-itself-into-an-awaken-or-die-situation/?utm\\_source=substack&utm\\_medium=email](https://caitlinjohnstone.com/2020/10/26/humanity-has-trolled-itself-into-an-awaken-or-die-situation/?utm_source=substack&utm_medium=email) 🍷



### Wildfire

by Mr. Unknown

They whip through the forests  
They tear through the towns  
They destroy homes  
They burrow deep underground.

They give no mercy  
They have no regret  
They begin with a spark  
They end as a threat.

As orange and red engulf nature  
People evacuate to avoid danger.

Smoke billows from the once  
green woods  
Will the wildfire end?  
We don't know  
But hope it should.

The war of drugs  
has shown its hand,  
big pharma, the aggressors.  
Health food stores are on the  
stand  
as defendants, not confessors.  
Plants, that for many a  
century  
have helped maintain our  
health  
are forced into a penury  
to boost big Pharma's wealth.  
Pharmacology can kill  
with products poorly tested.  
With so much danger in a pill,  
you'd think they'd get arrested.  
Mother nature gives us plants

### Drug War

by Thomas Provençal

we can collect ourselves  
when regulators take the stance  
to pull them off the shelves.  
Oregano is magical  
for killing off a cough.  
For reasons diabolical  
our leaders want us off.  
When taking medications,  
be careful with the risk.  
Side effects don't take vacations.  
They use petroleum for grist.  
There is no doubt. The plan is  
set.  
Attack is underway.  
Government feels no regret.  
They're in it for the pay.



The Islands  
Grapevine  
Calendar  
**Corrections**

**The Food Bank**  
**is open at the**  
**HUB every**  
**Thursday from**  
**4pm to 7pm**

Apologies for any  
inconvenience



• DENMAN: 700 • HORNBY: 520 •  
• E-SUBSCRIPTIONS: 107 •  
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*The opinions expressed herein do not  
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**THE ISLANDS GRAPEVINE  
CALENDAR**

**DEADLINE**  
**FOR OCTOBER**  
**SUBMISSIONS IS**  
**SEPTEMBER 22ND**

Send details of your event to:  
**calendargrapevine@gmail.com**

**ISLANDS GRAPEVINE EDITORIAL POLICIES**

**Opinions expressed in the Grapevine do not necessarily reflect that of the Publisher.**

**Inciting violence, hate speech and pejorative language will not be tolerated.**



Whether covering events that entertain us, presenting issues that concern and affect us or highlighting the many interesting and gifted people we call neighbour, the Grapevine celebrates the diversity and inclusivity of our shared island life. The following is our policy on content:

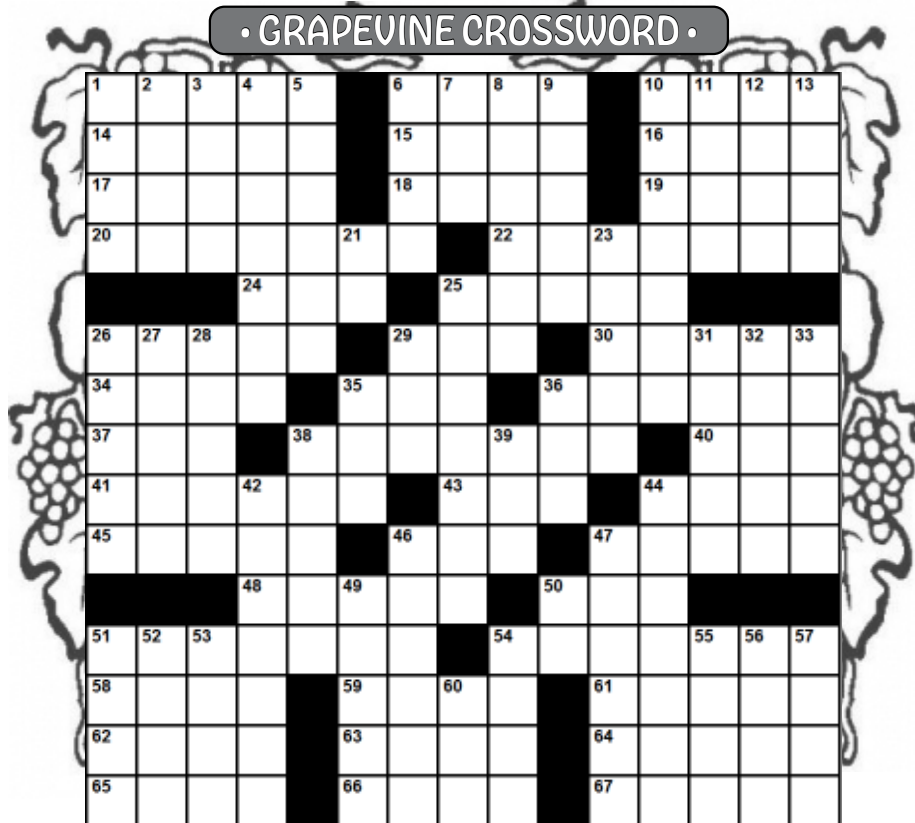
- Profiles of individuals, history, reviews and op ed are published free of charge.
- Literary content including poetry, stories, belle lettres are published free of charge.
- Promotional content for products, services, programs, and events will be published at going advertising rates.
- Public service announcements, notices of meetings, and news releases will be published for a fee. Exceptions will be made for emergencies where the public is immediately endangered.
- With regret, no exceptions can be made for non-profit status.
- Letters to the Editor are published free of charge.

The Grapevine is happy to provide an open, public forum for all islanders to speak and be heard. We are steadfast in our commitment to uphold freedom of expression.

As the record of our times, every issue of the Grapevine is a compilation of that week's submissions. We do not editorialize content, nor do we censor. We ask that writers moderate their own content. The Grapevine reserves the right to edit for brevity.

We are open to contributions from all Denman & Hornby Islanders. If you've something to say, send it our way! No copy and paste submissions. In your own words, please!

## • GRAPEVINE CROSSWORD •



### • ACROSS •

1. Like some chins
6. Fish line floats
10. Norse god
14. Cabinet post
15. Apartment
16. Sacred image
17. Planetary shadow
18. Bower flower
19. Alliance since 1949
20. Fortified place
22. Peaceful
24. Calligrapher's supply
25. Salk's conquest
26. Backsides
29. Card marking
30. Fastener
34. Exclusively
35. Actor Carney
36. Open boat
37. Banned gun
38. Throw in the towel
40. 18-wheeler
41. Funny TV sitcom
43. Act the bandit
44. Descriptive phrase
45. City of salts
46. Homer's phooey
47. Suspicious of
48. Abate
50. Half a dozen

### • DOWN •

51. Burn without flame
54. Small drums
58. Base runner's goal
59. Anjou or cornice
61. Bathroom fixture
62. Big story
63. Being, in Latin
64. Choice group
65. Rectangular paving stone
66. Get a glimpse of
67. Avoid expiration

### • DOWN •

1. Fraternity, e.g.
2. Asian monk
3. Back flows
4. Enrich
5. Choo-choos
6. Beach goer woe
7. John's Yoko
8. Church leader
9. Big bargain
10. Penny portrait
11. Fair-to-middling
12. Japanese stringed instrument
13. A party to
21. 46th St.
23. Permissible
25. Mine support
26. Put out a fire
27. Opens, in a way
28. Moves like a butterfly
29. Anti anti
31. Acquiesce to
32. Bake, in a way
33. Diminutive African
35. Biceps site
36. Do a sound job
38. Like the capitol

### • DOWN •

39. Admirer's sound
42. Gather
44. Fabric
46. Coercion
47. Become supple
49. Conical abode
50. As a result
51. Hens and mares
52. Display apathy
53. Fail to include
54. Canasta card
55. Chief Norse god
56. Allot
57. Boil slowly
60. African serpent

## • TEST YOUR MATH SKILLS •

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 |   | 9 |   |   |   | 7 |   |   |
|   |   |   |   | 2 |   | 5 | 4 |   |
| 6 |   |   |   |   | 8 |   |   |   |
|   |   |   |   | 5 | 1 | 4 |   |   |
| 7 |   |   |   |   |   |   |   | 2 |
|   |   | 1 | 9 | 6 |   |   |   |   |
|   |   |   | 8 |   |   |   |   | 3 |
|   | 6 | 5 |   | 9 |   |   |   |   |
|   |   | 4 |   |   |   | 9 |   | 5 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 | 5 | 2 | 1 | 9 | 7 | 8 | 6 | 3 |
| 3 | 9 | 7 | 4 | 6 | 8 | 2 | 5 | 1 |
| 6 | 8 | 1 | 3 | 2 | 5 | 7 | 4 | 9 |
| 1 | 2 | 6 | 8 | 5 | 4 | 9 | 3 | 7 |
| 9 | 7 | 4 | 2 | 3 | 1 | 5 | 8 | 6 |
| 5 | 3 | 8 | 6 | 7 | 9 | 4 | 1 | 2 |
| 2 | 4 | 3 | 7 | 8 | 6 | 1 | 9 | 5 |
| 7 | 1 | 9 | 5 | 4 | 3 | 6 | 2 | 8 |
| 8 | 6 | 5 | 9 | 1 | 2 | 3 | 7 | 4 |

## Grumpism



“If you break the law of gravity do you get a suspended sentence?”

## • LAST WEEK'S ANSWERS •

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | P | P | E | A | S | E |   | F | A | C | A | D | E |
| P | A | R | D | N | E | R |   | A | L | C | O | V | E |
| T | W | E | E | T | E | R |   | D | A | M | P | E | N |
|   |   |   | M | I | D |   | E | S | T | E | R |   |   |
| A | L | G | A |   | S | A | G |   |   | A | V | I | D |
| L | E | U |   |   |   | U | G | L | I |   | A | N | Y |
| P | I | N | E | S | A | P |   | O | S | B | O | R | N |
|   |   |   | T | O | G | A |   | C | L | A | N |   |   |
| G | N | O | C | C | H | I |   | A | E | R | O | B | I |
| A | A | H |   |   | A | R | Y | L |   |   | O | V | A |
| D | E | M | O |   |   |   | E | E | L |   | G | W | Y |
|   |   |   | P | A | P | A | W |   | U | S | A |   |   |
| A | N | N | E | X | E | S |   | A | C | C | U | S | A |
| H | E | I | R | E | S | S |   | I | R | O | N | O | R |
| A | T | L | A | S | T |   |   | L | E | T | T | U | C |

• **CLASSIFIED ADS** •

• **SERVICES** •

DENMAN & HORNBY  
EXTERIOR CLEANING - Dedicated  
Service:

Roof Cleaning  
Moss Removal  
Soft Washing  
Window



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Gutter Cleaning  
Pressure Washing  
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com

Www.coastlinepropertyservice.  
com

DEAN'S DIGGER MINI EXCAVATOR with 15yrs serving Denman and Hornby Island. Trails drive-ways ditching landscaping water management culvert installation small haul with tandem axle trailer and much more. 250 218 4534 or deanheyland@gmail.com

BOBCAT AND COMPACT EXCAVATOR Building site preparation and cleanup. Drainage, Ditching, Driveway Maintenance, Brush/Broom removal, Landscape work, Water Cistern sales/Installation DI HI CV. Additional services available, Reasonable Rates Forgotten Island Industries LTD. STEVE ISAAK 250-335-1853 email: sisaak@uniserve.com

WICKED FABRICATION  
Over 20 years experience  
Red seal journeyman  
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CNC plasma table  
Aluminum welding  
Mobile service for Denman, Hornby and Comox Valley  
Custom gates, fences, staircases,

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Call/text 250 207-6904 for consultation

LEE ANDRA'S CELEBRANT SERVICES, your officiant for any occasion, specializing in weddings. Also offering tarot readings; insightful, confidential.  
Email: cosmicwedo@gmail.com  
Phone: (250)335-1802 Website: www.celebrantleeandra.ca

LAWN MOWING ON DI. Kubota mower and small Kubota tractor/backhoe. Ideal for small to medium sizes lawns. Call Brian: 250-335-2390 or 650-2390. Leave a message if need be.

GUTTERS seamless, supply and install also repairs, for free estimate contact Kevin at 250 335 1986 or cell at 250 667 3233. Serving All Areas.

**MAGNIFICENT TOPSOIL, (Serving Denman & Hornby since 1988)**  
**Bark Mulch, all gravels, Bison compost, Treework, site clean up, fir mill end firewood, roof tear off, demolition. High grade lumber. 35 years local Entpr. Call Dave 218-9667.(DI)**

• **FOR SALE** •

WAGNER FIREWOOD. 2 cords to Denman, \$680 plus GST. Hornby, \$720 plus GST. Text or call Scott at 250-334-7323

• **COMMUNITY NOTICES** •

HIRRA HYBRID MEETING: by Zoom & Room to Grow. Wednesday, Sept. 13, 7:30pm. AGENDA: Motions to approve Core Services & Property Management budgets. Updates from Privies, Hall & HICEEC. office@hirra.ca

COMOX VALLEY TRANSITION SOCIETY EMERGENCY CRISIS LINE: 250-338-1227 or Text: 250-218-4034 For more info visit https://cvts.ca

COMMUNITY SERVICES FROM DENMAN WORKS Projector and screen: Book with Abraxas Books and Gifts 250-335-2731 abraxas9@telus.net Zoom meetings (unlimited time and free recording): See denmanworks.wordpress.com/contact/

• **EMPLOYMENT** •

THE D.I. GENERAL STORE needs another cashier/stocker, starting as soon as possible. Cashier experience required. Must be 19 or older. Please drop your resume at the Store or call 250 335-2293 and ask for Jennifer.

• **WANTED** •

LOCAL WEAVER is looking for a studio space on Hornby. If you have an unused outbuilding which could be suitable to rent, please contact Melanie at 335-1129 or email melanie.groeper@gmail.com. Thank you!

## • BUSINESS DIRECTORY •

• (H) Hornby • (D) Denman • (UB) Union Bay •  
• (FB) Fanny Bay • (C) Courtenay/Comox •

### • ACCOMMODATIONS & RENTALS •

- Denman Activity Centre (Seniors) Rentals 335-3027 (D/H)
- Denman Community Hall Rentals 335-3027 (D/H)  
2 halls, commercial kitchen, new sound system  
suitable for concerts, plays, meetings, weddings, etc.

### • REAL ESTATE • INSURANCE • FINANCIAL SERVICES •

- Bente Pilgaard, RE/MAX The Islands 250-792-0128 (H/D)
- Donna & Jenessa Tuele • Royal LePage Hornby 335-1720 (D/H)
- Oakwyn Realty • Jordan McDonald • 604-616-1137 (D/H)

### • BUILDING • CONSTRUCTION •

- Aquarian Systems • Water Cisterns • Ed Hoepfner 335-2037 (D/H)
- Roc-Isle Drywall, Harvey Hodgins • 35 yrs exp. 'certified' 334-4776 (D/H)
- Seaside Electric • LEO207455 • 702-0570 (D/H)
- Shel Brodsgaard • Excavation & Services • 250-703-3898 (D/H)
- Excavator/Backhoe/Tandem Gravel Truck • Kenny Mather •  
250-703-6512 (All) • John Isbister • 250-335-2565 (D)
- DB Excavations • Dorianbaker56@gmail.com • 250-465-1889 (D/H)
- Cal's Bobcat Services • Auger, Grapple, Rake • 613-447-8873 (All)
- Tandem Gravel Truck & Transfer Trailer • Lora Mercieca  
• 250-650-9986 (D/H)
- Ray Ulovec • Backhoe/Excavator, Septic Installation • 335-3145 (D/H)

### • SERVICES •

- Denman Works! • Tony Gresson 250-335-0287 denmanresource@gmail.com (D)
- Peter T. Mason • Land Surveying 757-8788 (All)
- Able & Ready Septic Pumping Service • 250-338-8822 (D/H)
- Home Town Shredders • Document Shredding • 334-7111 (D/H)
- Tree Service • Darian Chase • Arborist 218-0404 (All)
- Bottled Water Delivery • DenmanWater.ca • 250-228-7161 (D/H)

### • HEALTH & WELLNESS •

- Acupuncture • Margot Davey, R.Ac. • 778-992-0165 (D)
- Physiotherapist • Acupuncturist • TCM Herbs • Carmen RPT, RTCMP  
335-2260 (D/H)
- Massage Clinic • 2796 Northwest Rd. • Leah Kelly 335-2584 (D)
- Acupuncture • Jenny McCartney, R.Ac. • 250-508-8160  
• www.heartwoodacupuncture.ca (D/H)
- Jessi Schlegel • Personal Training & Fitness Classes • 604-329-3466 •  
online & in-person (D/H)
- Dan Last • Registered Massage Therapist • 250-335-1270 (D)





## DOC FINGERS & BLAINE DUNAWAY

SEPTEMBER 23RD  
DOORS 6PM MUSIC 7PM  
MUSIC & APPIES

**OPEN 7 TO 3 DAILY CLOSED MONDAYS**  
ESPRESSO DRINKS, BULK STORE, FROZEN DINNERS  
AND POT PIES, CALL TO ORDER SANDWICHES  
**250.335.2688**

## FORTNIGHT EVENTS

THURSDAY 7

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30pm-6pm



FRIDAY 8

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church  
Gathering Place 7pm

SATURDAY 9

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FREE STORE 9-Noon
- FARMERS MARKET Old School 9:30-12:30
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 10

MONDAY 11

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church  
Gathering Place 7pm

TUESDAY 12

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 13

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm
- SENIOR'S LUNCH see p.2

THURSDAY 14

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30-6pm



FRIDAY 15

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church  
Gathering Place 7pm

SATURDAY 16

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FARMERS MARKET Old School 9:30-12:30
- FREE STORE 9-Noon
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 17

MONDAY 18

- ST. SAVIOUR'S Morning Prayer Service  
10:30am
- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church  
Gathering Place 7pm

TUESDAY 19

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 20

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm

THURSDAY 21

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30pm-6pm