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*The opinions expressed herein do not
necessarily reflect the views of the
Publisher.*

An **PIANIST** Sarah Hagen invites Denman Island music lovers to a

Impromptu Feast!

By Sarah Hagen

MUSIC

a twelve-course feast of Impromptus - one for every key from D flat to C major! The programme will include works by Chopin, Poulenc and Gershwin and promises to satisfy even the hungriest classical piano lover. Although the programme will feature Impromptus exclusively, Sarah promises that she will practice ahead of time. Anyone who has attended her concerts knows her insightful commentary - peppered with a dash humour - is the perfect complement to this rich musical meal.

Join Sarah at 2pm on Sunday, August 27 at the Denman Island Community Hall. Tickets are \$25 and can be purchased online at sarahhagen.com or reserved by emailing info@sarahhagen.com or calling (416) 454-2363. Some tickets may be available at the door, but buy ahead to be assured of your place at the table!



A classical pianist with a wry wit, Sarah enjoys a rich and diverse concertising life as both soloist and humorist. Her extensive touring has taken her across Canada, to Europe and to the United States, including twice to New York City's Carnegie Hall. Her interpretations have been described as "outstandingly inventive" [University of Waterloo Gazette], "played flawlessly"

[ReviewVancouver], "with great sensitivity and heart" [Vernon Morning Star]. Sarah has released four albums. Her most recent recording of Bach's Goldberg Variations was described by Whole Note magazine as "something to absolutely die for" and was the recipient of two Music PEI awards and two East Coast Music Award nominations. Highlights of recent seasons include solo sets at Tønder Festival in Denmark, Mariposa Folk Festival, and Vancouver Island Music Fest. Sarah also writes completely uneducated wine reviews for her blog, "ARTIST WINES! - Uncorking musician-priced cellar secrets."

For more information, visit www.sarahhagen.com

GO FISH: 1+1=3

By Anthony Gregson

SPECIAL INTEREST

If you have night-mares about being a herring, or someone tells you they are a sea lion, blame it on GO FISH. I once had a visitor who started yawping. They explained that they were only trying to fit in.

GO FISH, an immersive three-screen video experience about the Hornby/Denman herring run, produced and directed by Nettie Wild and Scott Smith, came to Denman on Sunday at the United Church, after playing on Hornby at the Jeffrey Rubinoff Sculpture Park to 1300 people. People filled the church for fifteen-minute showings in groups of twenty-nine, one after the other, over four hours, 10:30 to 2:30, getting on for 700 people.

United Church and Gathering Place volunteers helped organize the event. Outside, around the church walls and the simple, but wonderful, stone labyrinth, they also arranged a display of paintings and ceramics on an Ocean-day "Mer" theme. Artists Sudasi Gardner, Laura Pope, Wendy Pope, Angelika Forray, Jean Cockburn, Shannon Ford, Bev Severn, Mike and Kathie Rapati, Janine Walton, MJ Stewart, Shirley Phillips, and Bronwyn Schuster were all represented.

continued on P.4...

Threats, Lies, and the Misuse of Public Funds

By Team TIG

IMAGINE if you were a Denman Island newspaper publisher who received an email from a local public employee that attempted to intimidate you by threatening to cut off your publicly funded advertising revenue unless you conformed to their personal idea of what your editorial policy should be. No, this is not the “offer you can’t refuse” gangster scenario that you might expect in The Godfather.

In a written message to The Islands Grapevine (TIG), **Bronwyn Schuster**, who was hired by the publicly funded Denman Island Bus Service to do its marketing and publicity, demanded editorial policy changes from TIG’s publisher/editor Mike Van Santvoord, or face the withdrawal of the public monies used for advertising in TIG from the budgets they manage. While no mobster would be foolish enough to put such a threat into writing, this is what Bronwyn Schuster wrote in their email to TIG:

“I am deeply concerned by the things you are choosing to publish”

“I understand you have been holding an editorial policy to publish everything with no curation [sic].”

“I will be choosing alternate avenues for articles and advertising for the various community projects I am involved with (emphasis added) until you create an editorial policy that holds the vulnerable members of our community in higher regard.”
Letter to The Islands Grapevine from Bronwyn Schuster, July 19, 2023.

The CVRD funded Denman Island Bus Service (DIBS) has advertised in TIG in the past, but it would now seem that Bronwyn Schuster has followed through with their threats, as they no longer advertise these publicly funded projects in TIG, and have redirected their advertising expenditures elsewhere, just as they threatened to do. TIG holds a “high regard” and respect for all members of our communities. **Bronwyn Schuster has misused public funds by weaponizing them to implement their own personal agenda.**

Bronwyn Schuster is being paid by DIBS from the Comox Valley Regional District (CVRD) tax supported funds disbursed through the non-profit agency DenmanWorks, which is Chaired by Anthony Gregson, who is also a member of the DIBS committee. Bronwyn Schuster’s partner, local Islands Trustee Sam Borthwick, is the DIBS Coordinator, who is paid with the same public money that is funnelled through DenmanWorks to DIBS from the CVRD. Part of Borthwick’s job as DIBS Coordinator, is to advise his partner Bronwyn Schuster on their work in marketing and publicity. Anthony Gregson’s position as DenmanWorks Chairperson, and as a member of the DIBS Committee, is oversight of all public funds that are channeled from the CVRD through DenmanWorks to DIBS.

TIG is demanding Bronwyn Schuster’s resignation or summa-

ry dismissal from any positions where they are responsible for expenditure of public monies, as a result of these breaches of public trust. TIG insists that Schuster reveal all of the projects for which they are responsible for publicly funded advertising and publicity programs and they should be required to apologize to TIG and all Denman Island residents for these threats and malfeasances. The Islands Grapevine has forwarded these correspondences to the appropriate agencies and legal authorities for review.

Everyone has the right to express their opinion in regard to TIG’s editorial decisions, but they don’t have the right to make threats in order to extort editorial policy changes, then manipulate CVRD tax funded advertising money by withdrawing and redirecting it based on their personal views, especially when these views are unfounded and dishonest claims containing false accusations. In this case, Bronwyn Schuster has done just that, and attempted to justify it as a defence of “vulnerable members of our community.” **TIG firmly rejects any content that is homophobic, transphobic, or is discriminatory or bigoted toward any identifiable group.**

TIG publishes its clear editorial policy relating to content it receives from all contributors to the paper and has rejected submissions based on this policy, or asked contributors to revise their written submissions that violate its editorial policies, and these contributions do not necessarily reflect the personal views of its publisher/editor. Schuster’s claim that TIG will “publish everything with no curation” is an obvious lie. Here’s publisher/editor Mike Van Santvoord’s July 19, 2023 responses to Bronwyn’s threatening letter:

“I couldn’t discern if your email to me was a private note, or intended for publication. If it was the latter, I would reject it in its current form, as it violates TIG’s editorial policy.”

“I have attached the TIG editorial policy for your convenience.”
“Your threat to take business elsewhere will have no effect on TIG’s editorial policies.”

To date, Bronwyn Schuster has not replied to TIG’s response to their threats. You might think that we’re being “crabby” about the loss of advertising revenue, but the loss of revenue is well beside the point. **It would seem that Bronwyn has a distorted grasp of the facts, a warped sense of entitlement, and a lack of the needed integrity in handling tax supported budgets for publicly funded projects.**



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Representing the Drawing Group
Opening August 24th at 7pm

TIDE TABLE		
• Secondary Tidal Station Ford Cove • • Source: tides.gc.ca •		
2023-08-10 (Thu)		
Time PDT (m)	(ft)	
07:59	1.2	3.8
16:10	4.3	14
20:34	3.8	12.5
2023-08-11 (Fri)		
Time PDT (m)	(ft)	
08:58	1.1	3.6
17:13	4.5	14.6
22:21	3.8	12.5
2023-08-12 (Sat)		
Time PDT (m)	(ft)	
01:37	4	13
09:55	1	3.4
18:02	4.6	15
23:37	3.7	12.1
2023-08-13 (Sun)		
Time PDT (m)	(ft)	
02:51	3.9	12.7
10:46	1	3.3
18:41	4.6	15.1
2023-08-14 (Mon)		
Time PDT (m)	(ft)	
00:20	3.6	11.7
03:55	3.9	12.6
11:31	1	3.2
19:12	4.6	15.1
2023-08-15 (Tue)		
Time PDT (m)	(ft)	
00:50	3.5	11.4
04:47	3.9	12.7
12:09	1	3.3
19:37	4.6	15
2023-08-16 (Wed)		
Time PDT (m)	(ft)	
01:15	3.3	10.9
05:32	3.9	12.8
12:41	1.1	3.5
19:58	4.6	15
2023-08-17 (Thu)		
Time PDT (m)	(ft)	
01:41	3.2	10.4
06:15	3.9	12.8
13:10	1.2	3.8
20:16	4.6	15

...continued from P.2 Nettie has usually worked in the feature length, single-screen world of the documentary. Scott is a director of both television and feature length dramas. For both her and Scott, also the cinematographer, an immersive film experience was something completely new.

For one, since it is displayed on three screens, Nettie describes GO FISH as “all about patterns”. Images emerge one from another, duplicate, run together, everything coming at you in a continuous stream of simultaneity, without narration or sense of an observer, turbo-charged by original music. It’s a powerful experience. GO FISH achieves visual impact approaching the level of Imax.

For another, GO FISH is not a political statement about the fishery. “Its theme is: if herring set the table – who comes to dinner?” The answer? A chaos of animals, fish, and the fishing fleet. Whatever you may think of the fishery, some of the best footage is shot from the boat deck, with a frenzied horde of sea lions in manic descent on the catch. GO FISH leaves no doubt about motives, wild or industrial.

Such an achievement was technically demanding. The video installation film took four years to make. Apart from Scott’s stellar photography, the coordination of images in a triptych must have been a demand-

ing challenge for editor Michael Brockington. The team effort at such a level of technical and aesthetic dependency was also something new for Nettie. “One and one,” she says, “makes three.” It applies no less to the funding and the distribution.

Scott, who also organized the pre-Covid Hornby Film Festival, worked with the Comox Valley Art Gallery to raise funds from donors on Hornby and Denman. The Canada Council, BC Arts Council, Hornby Arts, and the Comox Valley Arts Council all got on board. Go Fish premiered at the Comox Art Gallery. But much depends on community support. Without the Comox Valley Arts team and local volunteers on Hornby and on Denman, Nettie says it would have been impossible to set up venues in the Jeffrey Rubinoff Sculpture Park and the United Church.

Hats off to an event notably well organized: advertising and a rack-card flyer everywhere well in advance, well-placed signage in downtown Denman and along roads, scarce parking smoothly and safely coordinated. Nettie and Scott would like to have similar showings all over but without the funding, the kind of volunteer support found on the islands can’t be taken for granted.

Not that GO FISH is left to go fishing. A Powell River gallery is next stop, then it’s off to Toronto where the Aga Khan Museum is mounting GO FISH on huge outdoor screens, continuing for a week, as their contribution to Nuit Blanche, a night of outdoor performances all over the city. Next is the National Art Gallery - for three months. Not bad.

Nettie and Scott did not have the funds to go to Haida Gwaii and capture such things as herring spawn on seaweed. “Our catchment was the Salish Sea, and that’s where we had to film.”

The Hornby/Denman herring run has been the subject of much film and commentary. With closeups of developing herring eggs, perhaps the only thing left is to put a camera on a herring. After GO FISH, I am sure the lack of light in a sea lion’s tummy will not be a technical or moral challenge.



Green Wizardries, Breast Cancer Prevention

By Maxine Rogers

SPECIAL INTEREST

DID you know there has been an 80% increase in breast cancer in the last 40 years? Mammograms only pick up tumours when they are the size of a small grape. When they do the wide-incision biopsy to remove the tumour, in 2/3rds of cases there are multi-focal deposits of tumour in the surrounding tissue. So, not a great result with mammograms.

Why the sudden sharp increase? Well, our diet and the medication we take have both changed out of all recognition in the last 40 years so they may well be factors. Some aspects of our diet have changed without the public noticing. For example, several foods, including bread and milk, used to be enriched with iodine. This is no longer the case. Indeed, commercially prepared bread contains bromides which are iodine antagonists.

I got most of the information for this story by watching a recent interview with Dr. Nyjon Eccles, a British physician who holds a PhD in Pharmacology. Dr Eccles likes to call himself a Natural Doctor or a practitioner of Functional Medicine.

Dr. Eccles uses thermography in his clinic to detect changes in breast tissue before tumours develop. Thermography uses infrared cameras to look at heat in breast tissue and it can also detect abnormal veins and resistance to cooling. All these things can precede the structural changes seen later on a mammogram.

Dr. Eccles has been studying thermography since 2013 because he thinks we need to detect changes in the breast before it turns to cancer. He went on to explain that an abnormal thermogram is not a diagnoses of cancer but they do represent an increased risk of developing breast cancer later.

When he had a cohort of women with abnormal breast ther

mograms, he started studying them nutritionally. He measured their Vitamin D and iodine levels. He looked at how they were metabolizing their estrogen as some women metabolize their estrogen in a toxic way that can damage breast tissue. He also looked at their Omega 3 fatty acids. What he found was that women with abnormal thermograms, almost always, had imbalances in at least two of the four factors measured.

He worked with the women to overcome these imbalances and deficiencies. He found that within six months of starting treatment, 80% of the women would have normal or normalizing thermograms.



Dr. Eccles finds vitamin D and iodine deficiencies are very common. He also studied the Japanese who eat a diet high in seaweed. Their blood-iodine levels

are very high and their breast cancer rates are some of the lowest in the world. Iceland, which is very far away and has a different culture also has very high rates of iodine in their diet and similarly low levels of breast cancer. Dr. Eccles says medical science does not know how iodine is protecting against breast cancer but there is a huge correlation between low-iodine levels and increases in breast cancer.

To get his patient's Omega 3 levels up, he said they could eat fatty fish and if they preferred a vegetable source of Omega 3 fatty acids, he got them to eat flax, chia, hemp and echium seeds. I like his approach as it is very low-tech and inexpensive.

Dr Eccles is strongly against his patients taking synthetic progesterone as it leads to increased cancers and clotting. He finds

natural progesterone has no associated risk of increased breast cancer.

The way a woman metabolizes her estrogen can be benign or toxic which damages breast tissue. The good news is that simply eating cruciferous vegetables allows a woman to switch from toxic estrogen metabolism to non-toxic. Just eating a plate of cabbage, Brussels sprouts, watercress, broccoli, cauliflower or the wonderful kale that grows so readily here, is enough to reduce this risk factor in women.

Dr. Eccles recommends 4000 to 5000 IUs of Vitamin D to all his patients even if they did not have an abnormal thermography. He pairs the Vitamin D with Vitamin K2 which ensures that calcium stays in the bones and makes these higher doses of Vitamin D safe.

Dr Eccles sites a 2016 study which showed that people having blood levels of Vitamin D at 100 nanomils per litre showed a sharp drop in all types of cancers. So, keep your Vitamin D levels at that magic 100 number to reduce your risk of cancer.

His rule is to take 50 to 100 micrograms of Vitamin K2 for every 1000 international units of Vitamin D. Vitamin K2 is usually derived from fermented foods such as fermented pickles (delicious), sauerkraut and kimchee. We could all do with eating more fermented foods for general good health.

For iodine, Dr. Eccles explains that some populations routinely ingest 3 to 12 milligrams of iodine in their food daily. If you take higher doses of iodine than the body needs, it is excreted harmlessly in the urine.

When most people in the West take the SIP test to measure their levels of Omega fatty acids, they are usually 15 to 20 units of Omega 6 to every unit of Omega 3. The ratio should be more like 6 units of Omega 6 to every 3 units Omega 3. You can reduce your levels of Omega 6 by not eating any seed oils which are very unhealthy.

With the supplements mentioned and eating a large plate of cruciferous vegetables every day, we could make Denman and Hornby the capital of low breast-cancer rates in Canada. 🍷

whatever on their personal phones. Parents staring at their gadgets, ignoring their kids. And when I see a really young kid with a smart phone, I just think dumb parent. The modern babysitter. But what will that four-year-old be like when he's twenty? Dumber or smarter?

A large study using data from the US National Institutes of Health found screen time was moderately associated with worse mental health, increased behaviour problems, decreased academic performance, and poorer sleep, but also found using a smart phone or device improved friendships and connection.

"All of us are basically living in a big social experiment where smart phones have taken over," Dr. Jean Twenge, professor of psychology at San Diego State University said. "In effect, we're experimenting with their brains, 'Hey, let's give them all smart phones and see what happens.'"

continued on P.6...

Shucking Oysters: Smart Phones Dumb People

SPECIAL INTEREST

By Alex Allen

SMART phones make me worried about humanity. I was in Vancouver recently and I spent my entire time dodging people staring down at their gadgets completely oblivious to their surroundings. A fun act of civil disobedience would have been to merrily grab every phone as I ran down Burrard Street and tossed them with abandon off the bridge. Actually, that's stealing and not very civil, but it would have been very fun.

In the summer months on Hornby, we get to witness this strange phenomena daily. I see visiting teens sitting surrounded by beauty and interesting stuff staring down at their smart phones, not engaging, not seeing, just passively immersed in the glow of the screen. They could have saved themselves a lot of money by staying home. It's the same view, after all. Couples sitting at the cafe both engrossed in

...continued from P.5 A report from the University of Texas, with the catchy title, "Brain Drain: The Mere Presence of One's Own Smartphone Reduces Available Cognitive Capacity," found that someone's ability to hold and process data significantly improved if their smart phone *was* not in the same room. Even if the phone was turned off and face down next to them, the mere sight of one's own smart phone seemed to induce "brain drain."

Studies have shown that young people who shouldn't have back and neck problems are reporting disc hernias and alignment complications due to prolonged smart phone use. Called "text neck," our necks typically curve backward, but what they are seeing is that the curve is being reversed as people look down at their phones and text for hours every day.

Neuroscientist, Daniel Levitin in his book, *The Organized Mind: Thinking Straight in the Age of Information Overload*, wrote, "Email, Facebook and Twitter checking constitute a neural addiction." Each time we check social media "we encounter something novel and feel more connected socially (in a kind of weird impersonal cyber way) and get another dollop of reward hormones." Levitin warns ominously, that if everyone is spending hour after hour on their phones, scrolling through texts and time lines, then that becomes normal behaviour. "When normality becomes madness, the only way to find sanity is daring to be different."

I don't own a smart phone, but I did reluctantly buy a flip phone in January. Why? Because my partner wants to know which ferry I'm getting on. Otherwise, it sits in my glove compartment gathering road dust and feeling lonely. It rang one time and I couldn't figure out how to answer it. Do I press the green button? The arrow button? The selection button? Flipping through the 43-page manual, I couldn't find

the answer anywhere. But I did discover other things. A calculator? FM radio? Recorder? I had no idea. And then finally 20 minutes later, on page 36 under "Call settings" there it was "1. Flip to answer the call." They could have put that in the "Get started" or "Get to know your phone" section. Exhibit A why I don't read manuals, they are not helpful.

I'm not on Facebook either. Seven years ago I was. I had four friends (my two sisters, my sister's husband, and my niece). The sister with the husband, was like 100 friends. Every day, pictures of her walking her dog Poppy through the bucolic fields of East Sussex; cute animal videos; articles from the Guardian and on and on. Every day. The niece posted her artwork and wanted to be liked constantly. And then trying to ignore all those people (politely) that want to be your friend. It was exhausting. As Netflix founder Reed Hastings said, "A high sharing environment is my idea of hell. That's why I'm not on Facebook." It took me three months to get off Facebook. Not because I was hesitant, but because they kept on asking me...are you sure? Are you really, really, sure?

And no, I don't miss it. Especially, the mean-spirited behaviour on our local Facebook page. (I have an informant.) The more divisive the issue, the more engagement it generates, the more time it induces people to waste their time feuding on line. I dare you all to say it in person or if not, at least be nice.

And don't get me wrong I am not anti-technology. I'm just concerned with social media.* I love the internet. Emailing, online banking, ordering stuff -- it's great. I just wish I had more time to read all the blogs, listen to all the pod casts, watch the documentaries, and learn how to build a sauna.

*The best thing about social media? Uniting a lost dog with its owners after jumping off a boat at Tribune Bay. 🍷

March 23rd, 2007 Red, Blue & White

ARTS&LIT

By CS#05943451

TODAY it rained. As a matter of fact, it was the worst weather day we've had since my arrival here. This of course didn't keep us from work. We returned to the same stretch of highway from the previous day, continuing our way south, as the encroaching roadside alders are endless. Thankfully the day was short (being a Friday) as the wind and rain had us wet and cold within minutes. It was one of those days where you had to keep moving... or freeze! Despite the weather, we still put in an exemplary effort. C.O. Person is happy as a clam. The approach that Crew #2 is taking in their work of late makes his task easier and rather than being left to write negatives about we 'Reds' in his log book, he writes only complimentary words. Surely it must reflect well on him too, which only makes him happier. I gather that aside from the best way it is the only way to get him to go to bat for us over things like sad sack lunches and such.

As it turns out, Mr. Wight's sandwich from our lunch of yesterday must have given him indigestion. In truth, he was appalled at the meagreness of it. A dead battery drew him out to the work site and moreover his attention to our displeasure over lunches, up close and personal. Far better than a stack of inmate complaints ever could've accomplished. Upon return-



ing to the compound after fetching us, Mr. Wight went ballistic on the kitchen crew. Today's sandwiches were STUFFED with meat. Hell, there was even lettuce in them too. Okay, they weren't burgers as we'd prefer but, for now at least, the issue has registered with

the keepers of this fine facility. My verbose complaint forms are debatably sitting among countless others in a trash bin somewhere and despite my entertainment in writing them, I suspect the gears that churn in order to have something happen would've continued to sit about inanimate and rusting if waiting on action for them. We'll just have to see exactly how much movement a Senior Blue Shirt's tirade imparts to the process. If it were reliant upon Wight's physical girth, the impetus would be formidable but within the bowels of this prison there are those even bigger than he. Perhaps not in mass but in rank. And they are called the 'White Shirts.' 🍷

A Few Good Hydrants GLID

SPECIAL INTEREST

By Grant Cyz

FOR the discerning landowner and interested reader please find another important update concerning the ongoing and unnecessary Graham Lake water system issues - the status of its Fire Hydrants.

Recently, the five engineered Fire Hydrants in the Graham Lake Improvement District (GLID) subdivision had a yellow lockable "Out of Service" bag installed over each one. This was a result of vandalism and malfeasance to the previously installed bags and Public Safety Notice tags. *(see photo)*



Kudos and a sincere thank you to Mike Herschmiller (CVRD Manager of Water Services), for following through on industry standards, codes, policy, best practice, the June 12th Town Hall meeting and to various landowner emails.

What does the "bagging" mean? It means the new (as of January 1st

2023) owner-operator (CVRD) is taking our water system seriously. Awesome.

The GLID engineered Fire Hydrants are an integral component of the water system. When properly tested, maintained and operated, Fire Hydrants provide the ability to flush the water system as well as delivering near endless fire suppression water from the otherwise inaccessible Graham Lake.

Why are these engineered water operation and Life & Property Saving Fire Hydrants "Out of Service"? Good question.

Are the Fire Hydrants mechanically inoperable? No. Just over five years ago \$6,000 was spent on overhauling all of the five engineered Fire Hydrants by a certified third party.

Is there a hydraulic water flow issue? In order to obtain a conclusive answer, the Fire Hydrants need to be gravity flow tested with raw water. The pressurized treated water test has already been done numerous times.

Before many of us moved to the GLID subdivision there was a pumphouse piping upgrade. At the time, Operator Rob Manering had the vision and sense to install an elementary Emergency By-Pass that maintained the original full flow design. Awesome! Thank you Rob.

Any Emergency By-Pass is a critical component of a wa-

ter system's functionality and fire protection water flow. It's a key operational system component that requires proper development and upgrade, through testing, operation and maintenance. GLID is a high interface fire load subdivision and is experiencing ever increasing amounts of vehicular traffic passing through the neighbourhood. The idea of waterless fire suppression is criminal. The Provincial Minister of Safety has declared an Emergency State of Drought. Available water needs to be accessible water for local, mutual and Coastal Fire aid. Funding for fire water infrastructure improvement can be obtained.

The GLID Emergency By-Pass should be a key tool in the troubleshooting-discovering-solving of GLID's recent water system's flow shortage-blockage from the lake to pumphouse. Apparently it was not used, rather expensive divers were brought in with unsuccessful results. Very puzzling.

What does Island Health have to say? Island Health has had no issue with the operational flushing of raw water and raw fire water supply so long as the appropriate boil notices, bacteria testing and potable water flushing procedures are followed afterwards. Fire Hydrant flow testing can be done during what is now an annual four month "Boil Notice" period. Island Health recognizes that fire is detrimental to life and health so there is no excuse.

Water on Denman is to many, of utmost importance - for drinking and for fire suppression. There are no zippy Apple Store downloads or a Fire Underwriters certificate fix that replaces water-works operations. The solution to the "Out of Service" Fire Hydrants can be found in old school water-works functionality and pertinent technology, which considers the value of the whole system.

Again, thanks to CVRD's Mike Herschmiller for following through with the "Bag & Tag" of the Fire Hydrants.

Let the water-works dialogue continue for those landowners and interested parties that are concerned and engaged with the safety of their life and property.

Further reading on the subject can be found in the American Water Works Association (AWWA) January 2020 edition of Opflow - Small Water Systems Advice & Guidance under the article titled "Who's Responsible For Fire Hydrants?"

And as ever, the \$4,000+ per year water bill for each of the Graham Lake Service Area landowners remains unnecessary.

- Ask Questions - Be Informed - Share -



Hi Denman, my name is Renee and I'm looking for a rental for September 1st for myself, my 16 yr old daughter Kiah and our 16 yr old cat Cleo.

Our home is our sanctuary, we are quiet home bodies and love to nest, so private would be preferable, but we're open to possibilities. I'm a novice gardener, artist, soap maker and cleaner.



I've raised my kids here on Denman and would love to retire here too.

Great references and attitude. Please email me islandpur@protonmail.com or call 250 335 0171 thanks :)

FOIAs Submitted to the Islands Trust

SPECIAL INTEREST

By Will Thomas

*Special to the Grapevine
with important information for Hornby Island residents*

HAVE you attended a public meeting and received an information package from Rogers outlining their proposed 63-meter-high cell tower behind the old firehall?

On June 27, 2023, this writer sent a Freedom of Information claim by registered mail to the Islands Trust “Conservancy” head office on behalf of the Concerned Residents of Hornby Island. Our initial FOIA requested:

Copies of all correspondence sent to and received from Rogers Communications regarding their proposed telecommunications tower on Hornby Island, from initial contact to the present date.

Copies of all correspondence sent to and received from Site-Path Consulting regarding their client’s proposal.

Ditto from all proponents and facilitators of the Rogers cell tower, including individuals and organisations on and off Hornby Island, etc...

* * *

After Hornby residents rejected the Telus tower in 2017, CRHI members feel strongly that no matter your views on this latest egregiously arrogant attempt, you have a right to know what’s being proposed. And whether the Islands Trust has been fully transparent with your trust.

\ Toward this end, CRHI has retained Barrister & Solicitor, Carla Conkin to investigate any breaches of the Trust Act, local bylaws and/or other applicable regulations by the Islands Trust, our local LTC, and former and current Head Planners, Northern Region.

Hornby’s Model Strategy for Antenna Systems stipulates that for any proposed telecommunications tower exceeding 15 meters in height, “a public information meeting” is required. The structure near the old firehall would “tower” 63-meters — and can be extended without additional permits.

Recently rebranded ISED, Industry Canada’s federal cell tower lobby and the CVRD’s matching minimum Public Consultation Requirements stipulate:

“The Proponent is to host a public information meeting in order to share relevant information with members of the public who may be affected by the proposed development. The public information meeting: Should be hosted in-person.” [our emphasis] Exclusionary virtual PR doesn’t cut it.

On July 31, 2023, CRHI submitted a 2nd FOIA. This time for copies of all public liability insurance policies held by the Trust, including policy numbers, underwriters, and a listing of all coverage mentioning EMF radiation, electromagnetic radiation, electromagnetic interference, electromagnetic field exposure, pollution liability, schedules of exclusions, etc. Public liability insurance policies should cover Hornby’s LTC

members and Islands Trust Planner(s) for any injuries, damages or adverse health or environmental effects arising out of electromagnetic fields and radiation, wireless, microwave, millimeter and non-ionising radiation emitting devices and equipment (including induced or maintenance-related forest fires).

Importantly, in an email to the Vancouver Island Safe Technology Alliance (VISTA), with whom CRHI is affiliated, Innovation, Science and Technology Canada (ISED) admits to having no authority to override local governing decisions.

Under the Freedom of Information Act 2000, the Islands Trust has 30 days from date of receipt to fully respond to each FOIA. On July 14, Nadine Mourao, Islands Trust Legislative Clerk/Deputy Secretary (she, her, hers), acknowledged receipt of our first FOIA request. We are awaiting the Trust’s full response.

* * *

Hornby doesn’t need another permanent precedent even more ill-considered than the condos. With 94% of HISEEC survey respondents choosing “fibre” over a cell tower, and Starlink recently available here at half-price — a tower makes no sense. Not when our fire/rescue volunteers report they can clearly communicate by radio, even up the mountain. And not with more than 1,800 contemporary studies showing links between EMF radiation exposure and cancer, genetic damage, infertility, developmental impairment and cardiovascular health — even at very low levels.

Frank Clegg, CEO of Canadians 4 Safe Technology, reports that citizens in Russia, China, Italy and Switzerland “enjoy safety limits 100 times more stringent” than in Canada.

Swedish EMF researcher Dr. Lennart Hardell describes outdated Safety Code 6 as a “disaster to public health.” Despite no independent studies showing 24/7 exposure to microwave radiation is harmless for vulnerable humans and the environment, telco-compromised Health Canada has approved much higher-oscillating 5G millimeter emissions after zero testing.

What’s the rush? The Precautionary Principle called for by Canada’s Standing Committee on Health in June 2015 — and followed by our European counterparts — requires that proponents and purveyors of potentially harmful tech demonstrate its safety before installation.

As the HISEEC survey showed, most Hornby Islanders do not consent to our bodies, families, animals, pollinators and forests being exposed to electrosmog from an unsightly cell tower operating continuously on the edge of Mt. Geoffrey.

Even if you think wireless is great — and more electromagnetic radiation is better for health-challenged elders, infants, children, pregnant moms and pets — this threat to our most fundamental Human Rights, as well as to Hornby’s wildlife habitats by a Toronto telco with revenues exceeding 15 billion dollars in 2022 should concern us all.

How reputable is Rogers? On February 20, 2013, before a Superior Court of Quebec, Rogers tried to get expert wit

ness testimony and all other health references thrown out of court. Now Rogers boasts that their Canada-wide corporate strategy is 5G.

4G is the addictive gateway drug to 5G.

Regarding human climate impacts amplifying natural swings, with 5G piggybacking on 4th Generation tech, HCC, an independent body advising the French government on policies to reduce greenhouse gas emissions, warns that 5G alone will add up to 6.7 million tonnes of CO₂e (equivalents) per year by 2030. Whatever your stance on the weather, this cannot be healthy.

Denial is not effective against pulsating electromagnetic fields. Or energy-hogging 5G streaming everything everywhere all the time. With alternatives at hand, the rush to irradiate every niche of our island for corporate profit and social manipulation points to unelected technocrats run amok.

Letters to the Editor

it said: "fate, destiny; soothsayer, magical, unearthly, mysterious, odd, fantastic" to name a few adjectives. Further on, we were referred to being 'rather normal'. So, I looked up normal in said dict and found that we were 'perpendicular, regular, occurring naturally' and I started to feel better about myself as I enjoy being perpendicular, rather than horizontal and regular rather than constipated. But as the writer referred himself as an 'outsider', I of course consulted my weber and discovered he is 'a person not a member of some group', but, 'a contender not favored to win'. My humble conclusion therefore is: It is our destiny to remain regularly perpendicular to horizontal Hornby and leave the outsider to remain a contender between a rock and the Salish Sea.

With love, Bob Morley 🌸

OPINIONS

By Caitlin Johnstone · OP August 4, 2023

Disrupt the Culture Wars

ONE of the great challenges faced by westerners who oppose the political status quo today is the way the narrative managers of both mainstream factions continuously divert all political energy away from issues which threaten the interests of the powerful like economic injustice, war, militarism, authoritarianism, corruption, capitalism and ecocide and toward issues which don't threaten the powerful at all like abortion, racism, sexism, homophobia and transphobia.

This method of social control serves the powerful in some very obvious ways, and is being used very effectively. As long as it remains effective, it will continue to be used. The worse things get the more urgent the need to fight the class war will become, and the more urgent the need to fight the class war becomes the more vitriolic and intense the artificial culture war will become in order to prevent political changes which inconvenience the powerful. This is 100 percent guaranteed. And what's tricky is that all the vitriolic intensity will create the illusion that the *culture war* has gotten more important, when in reality the *class war* has.

It's just a straightforward fact that the more miserable, impoverished and disempowered the public becomes, the more hateful and all-consuming the artificial culture war will be made to prevent revolution. That's what's been happening, and that's what will continue to happen. You can hate hear-

And unexamined technologies out of control.

"No," however, works wonders.

For more information, including this letter's links, please see: <https://willthomasonline.net/hornby/hornbys-cell-tower-fight.html>

If you would like to contribute toward our legal fees, kindly direct your donations to CRHI's co-signing treasurers, Gary Burtinsky or Christiane Brown, at any firstcu.ca branch, account number #870 436.

Thank you for taking action to protect Hornby's future,

William Thomas for the Concerned Citizens of Hornby Island



Dear Editor,

UPON coming across a 'weird' article by Alex Allen, I decided to look up weird in my Webster's dictionary and found that we were 'perpendicular, regular, occurring naturally' and I started to feel better about myself as I enjoy being perpendicular, rather than horizontal and regular rather than constipated. But as the writer referred himself as an 'outsider', I of course consulted my weber and discovered he is 'a person not a member of some group', but, 'a contender not favored to win'. My humble conclusion therefore is: It is our destiny to remain regularly perpendicular to horizontal Hornby and leave the outsider to remain a contender between a rock and the Salish Sea.

ing it, and you can hate me for saying it. But it is a fact, and I think we all pretty much know it's a fact.

So what's to be done about this? Obviously it's not an option to just throw disempowered groups to the wolves and ignore the abuses they're suffering under the directed hatred coming after them from the right. And obviously it's not an option to run to the other side of the artificial partisan divide and play along with the mainstream faction which says we should focus *only* on culture war issues, as in Hillary Clinton famously arguing that breaking up the banks won't end racism and sexism.

As with most problems, the first step toward finding a solution is to bring consciousness to what's happening. Draw attention to the fact that marginalized groups are being used and abused by mainstream narrative managers to keep the public from turning their gaze on the abuses of their rulers. Draw attention to the way rightist narrative managers direct hatred toward marginalized groups to keep hatred away from our rulers, *and* to

continued on P.10...



B.C. LAND SURVEYOR

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...continued from P.9 the way liberal narrative managers seize on that to direct their herd away from issues that can inconvenience the powerful and toward exclusive focus on the culture war.

Stop letting people get sucked up into the performance, and instead draw attention to what's really going on here. Act like a loud jerk at a movie theatre who keeps yelling "None of this is real! Those are actors on a movie set!"

Can you imagine how hard it would be to get lost in the narrative of a movie if somebody was constantly doing that to you? After a while you'd stop seeing *Oppenheimer* and you'd only be able to see Cillian Murphy.

Basically all you're trying to do is take all the emotional heat that's being diverted into partisan feuding over issues whose outcomes will never inconvenience power in the slightest, and steer that emotional heat toward the people who are directing all this. This is both easy to do and completely honest, because how fucked up is it that they're doing this? How fucked up is it that the most influential voices in our society on both sides of the mainstream partisan divide are facilitating the abuse of marginalized groups in order to protect the powerful?

It's about as loathsome a thing as you could possibly come up with. They're pitting human against human at the expense of society's most vulnerable members and watching them fight

OPINIONS

Apology

By Sally Campbell

WHAT makes the simple act of apology so hard? Why does a poorly-timed apology make matters worse? When I explain why the wrong happened, shouldn't that make it okay?

These are a few of the questions surrounding the "ouchy", often complicated realm of apology. As children, we were often taught to say we were sorry when we didn't feel sorry. We learned that if we refused to apologize, things were going to get worse. We might've felt righteous (& rightful) indignation at the idea of apologizing, convinced that the other was at fault, not us. To add to our sense of injury, the adult(s) involved might not even have cared who was right, who was wrong. They simply wanted the matter resolved and they saw an apology as a public act of contrition that the other party was obliged to accept, thus putting the dispute to rest.

Alas, the world does not really work that way. Sometimes an apology is given in a *tone of voice* that merely heightens the acrimony. Lack of genuine remorse from the offender gets communicated nonverbally to the aggrieved person. Sometimes the apology is followed by *minimization* of the offence, or detailed *justification*. These kinds of responses erase the value of the apology and can easily create more inter-personal distance. The overt conflict may be considered to be "done with", but really the conflict has just gone underground, or more dangerously, into the body, rather than being resolved.

from on high like Greek gods. Can you think of anything more vile?

Draw attention to how disgusting what they're doing is. Draw attention to how deeply evil this behaviour is. Keep shouting in that movie theatre and drawing attention to what's really going on to highlight how profoundly depraved these monsters really are.

Draw people's attention to this dynamic wherever you see it. When right wing "populists" babble about LGBTQ conspiracies and shriek about wokeness, mock them for the ridiculous sheep they are for playing into a dynamic that directly serves the elite power structures they claim to oppose. When liberals are ignoring economic injustice, war, militarism, authoritarianism, corruption, capitalism and ecocide to focus on culture war battles whose outcomes will never even slightly inconvenience the powerful, highlight the disgusting way they themselves are feeding into a dynamic that imperils the marginalized communities they claim to defend.

People on both sides of the divide will object to this message. The source of their objection is the exact programming I just described. The truth hides just beneath that objection. On some level you all know this is happening.

Keep breaking the spell and drawing attention to what's really going on, and you can stomp out the abuse at its source. 🍷

If the apology is given *too quickly* in an attempt to convince the offended person to "just get over it", its value is lost. We live in a general culture that is busy and driven, that expects things to move quickly and efficiently. Matters of the heart move in *kairos* time, not *chronos* time. They are related to the spiritual and emotional aspects of our being, not the mental/rational aspects. This may be why we feel those old hurts, that unfinished business so strongly, even though they may be years in the past. The memory of the cut, the wound, is as if it occurred yesterday. An apology given before one is ready to really hear and receive it can go right over the offended person's head. Timing matters.

There are many ways to deliver an incomplete apology; certain expressions or turns of phrase mark it as such. Here are a few examples:

"If I did something to offend you, I am sorry."

"I am sorry you feel that way".

"I'm sorry you got so upset about it".

None of these apologies show the speaker taking responsibility. They don't acknowledge what was done or said that caused offense, they merely show regret that offense may have happened.

Aaron Lazare, MD, head of Psychiatry at University of Massachusetts Medical School, has some wonderful insights on apology. He outlines what he sees as necessary steps to constitute a complete apology in his book, *On Apology* (Oxford University Press, 2004). Here they are in the context of pri

vate rather than public apologies.

1. Acknowledging the offense.

When we acknowledge we were wrong, both we and the offended party are assured we share certain values. Effective acknowledging includes a fair and complete remembering of what happened, and *how* it was offensive to the other person. He says: "This places high demands on our truthfulness" (p.80), as there is often temptation to distort or to minimize.

2. Communicating remorse

If we don't feel genuine remorse or regret about what happened and our part in it, we may not be ready to apologize. As well, this aspect of an apology entails communication of a resolve to do something differently. Looking back, the apologizer accepts responsibility for the offense; looking forward involves commitment to avoid repeating the offending behaviour (forbearance).

3. Explanation

An explanation often helps the injured party understand the context, and can go a long way toward mending a torn

relationship. "...explanations demystify offenses committed against us by telling us whether an offense was a random act, ...how much responsibility we share for the offense and whether we should expect similar offenses in the future" (p.120). It is critical that the explanation not be given as an excuse or seen as an *attempt to minimize* the harm done. When that happens, the value of the apology is lost.

4. Reparations

Apologies often place us in the position of "one-down". In order to restore balance to the relationship, the offender may need to offer reparations, either symbolic or real. Sometimes this is the most important aspect of an apology – to find ways to restore the loss. Other times, reparations are not enough, because the other critical aspects of apology have not been adequately addressed.

One of the most helpful points of Lazare's book is the idea that an apology is actually the beginning of making amends, not the end!

(Next week: Part 2) 🍷

Stop Passing the Buck

OPINIONS

By C. Urquhart

IT'S time to stop passing the buck when it comes to housing.

Many of you reading today's Grapevine will be sitting in your comfortable home, possibly sipping your morning coffee while you periodically gaze out your window at the beautiful view. If you were able to have a shower this morning with hot water, or do a load of laundry, or reach into your fridge to choose from a variety of different foods, you can consider yourself one of the lucky ones. And if you own the property you are living on, then you are in the highest echelon. But for many people, their morning routine is quite different. They may wake up cold and/or hungry. They may have to go to a neighbour's or walk to a public place to get enough drinking water to last the day. They may have to ask a friend if they can use their shower or washing machine. They are visiting the freestore or free shack for everyday items that most people take for granted. They are going to the food bank in order to eat but may run out of food before the end of the week. Many of the places they live have no hydro, no running water, and some have no heat. These are just some of the people who are precariously housed and you might be surprised to learn that there are many of them living right here on Denman.

"Where are these people and why don't I ever see them?", you might ask. Well, it could be that you are just not moving in the same circles but more likely, it's because many of them are living "illegally" on someone else's property and the fear of being discovered or even worse, having the person who housed them punished with exorbitant fines, can cause them to live very discreet lives.

Now, you would think that most people would feel compassion for these individuals and families and would do what they can to help. But believe it or not, that is not always the case. There are people who take advantage of the anonymity of the IT complaint system and report the by-law infractions. So, we have a compound issue of antipathy here: the first being the ability to complain without transparency and the second being the viciousness of wanting to punish the most vulnerable people in our community as well as the kind souls who are trying to help them.

For all of you who have been waiting for one of the two housing projects to come to fruition so that you can feel better about not getting involved, one of those projects has already succumbed to the seemingly unending battle with bureaucracy and the other is still swimming upstream and could still be years from completion.

So, what's the good news? The good news is that our Local Trustees have put a moratorium on enforcement on housing (which doesn't include STVRs) and have created a housing APC which is looking at ways to amend the OCP and the by-laws to allow legal secondary dwellings. We are still a long way from seeing the by-laws changed to reflect the housing need on Denman (and elsewhere) but we are definitely see

continued on P.12...

**SLEEPING DRAGON
MASSAGE THERAPY**

Dan Last
Registered Massage
Therapist
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...continued from P.11 ing a light at the end of the tunnel.

And what can you do to make a difference? If you have a secondary dwelling that you have been reluctant to rent because of fear of neighbours reporting it, **please consider renting it now**. There are single mothers in need right now. There are many people living in unacceptable conditions, including seniors, *right now*. There are people who might be able to help you in exchange for rent doing things like gardening, home care, carpentry, pet care etc. However, most importantly, please do not charge more than what is reasonable. Yes, it costs money to maintain a property and a liveable unit but keep in mind that, at the end of the day, you still own the property and any money you invest in it will add value to the property whereas there is no financial return for the renter in the short or long term. Not only that but you might find a perfectly symbiotic relationship with your tenant(s) that is fulfilling beyond the monetary value. This is an issue that needs to be embraced by the entire island, not just the handful of individuals who are currently carrying the load. It's easy to think that we don't need to get involved when there are others who are working so diligently to make things happen but that's just not true. Even if you're not someone who can sit through an IT meeting or stand up and protest, there is one way you can make a difference *right now*: house someone.

The time has come for people to start utilizing their secondary dwellings, and the more people who do, the easier the transition will be from the antiquated by-laws to the new, inclusive by-laws. I look forward to the day when "status" is about what each individual has done to alleviate the housing crisis; the highest status going to those who not only created housing but also made it affordable for their valuable tenants.

One more note: please don't advertise your unit off-island. This is one of the main components that has contributed to the problem here on Denman. Of course you will find someone to rent your place at the price you are asking because the situation in the Comox Valley and elsewhere is dire but remember, for every unit that gets rented out to someone from off-island, that's one more person or family getting bumped who already live on Denman.

A big shout out to all the people who are already housing people! You know who you are and I hope you know what a big difference you're making.

Instead of being the island that waits for change, let's be the island that creates it!

For more information, feel free to contact me, C. Urquhart, at studiobythec@yahoo.ca. 🍷

"We're Only as Sick as Our Secrets." • **Stephen King**

OPINIONS

By Helen Grond

THE world has been grasping for the truth for a long time. It is not helpful to label everyone who does not agree with the politically correct narratives, as "conspiracy theorists". Particularly, as previously labeled conspiracies are falling apart all over. Calling people names is bullying and has always been one way some in society suppress others; lately, about uncomfortable subjects that many people feel are important to talk about. It's very effective and destructive.

Government secrecy has always been a fact of life and I'm sure it's sometimes necessary. It's gone way too far, though, and what we need right now is transparency and the return of caring communication. We need to return to trust; trust that has been compromised by political overreach at every level. This demand must come from the people as the leaders and their partners - the media, are refusing to engage in dialogue. There is a breaking point coming. There's way too much secrecy about important issues bearing down on us and creating destabilization in our society. Unaddressed homelessness, rampant illness and disability, never ending fentanyl and suicide deaths, Inflation, recent (2021, 2022, 2023), unexplained and shocking-worldwide, non-COVID

excess deaths, (>20% above 5 year averages). Why are small children and young healthy athletes dying in record numbers of unexplained, previously almost unheard of, heart attacks? What is being covered up? Trusted sources of vitally important data analysis are Dr. John Campbell on YouTube and analyst Edward Dowd who recently authored "Cause Unknown".

What about all the wars our sociopathic Western leaders keep dragging us into for no good reason? The threat of "weapons of mass destruction" was invented so the invasion of Iraq could be justified. Too bad millions of innocent people had to die so that peeing contest could happen. What about Libya - no justification was even given for that massacre. Notice how there is never any accountability? The back-story to the Russian/Ukraine war needs to be aired. It puts a completely different slant on the official narrative which is placing the whole world in danger. It's astounding that anyone would believe anything the powerful say after these and many other repeated military catastrophes!

It's not enough to just find a good source and trust that alone! It can help but the path to truth is littered with multiple steps of unravelling the lies and deeply understanding how propaganda works. Above all, follow the money and if that doesn't resonate - look for power and control as motivation. Nothing ever changes. We got lazy and let others do our thinking.

We gave over to trust and forgot that not everyone who wins an election deserves that trust. Politicians and bureaucrats are employed by the public to serve. Let's see how they do when finally forced to answer the uncomfortable questions they cannot deflect anymore.

I think we could begin to fix our broken world if the whole of society had easy access to all information sources. The tiny contingent of biased government funded experts and scientists who control world narratives are a mere drop in the bucket compared to the massive body of world class expertise that has been brutally silenced through widespread censorship. Bill C-18, recently passed by Justin Trudeau, gives the highly unpopular Prime Minister unprecedented control over what information Canadians can access on the internet. It can't get much worse than that...

What we need most is open, public debate that can be trusted and which must be accompanied by data, evidence, facts and reliable research. We aren't seeing any debate right now. Period. Instead, we are being inundated with propaganda to tightly control narratives. Opposing views are nowhere to be seen. The good news is that the propaganda machine is faltering and the private/public partnership of the powerful has resorted to the clumsy distortion of reality by absurd repetitive messaging (natural immunity doesn't exist, natural climate variability doesn't exist, a woman doesn't exist, grrrr, etc.) to push their bizarre agendas. Do these agendas hold up under scrutiny? Apparently, we'll never know because scrutinization is not allowed under our current regime! We

are being told to ignore obvious, long established facts and instead, to trust politically generated nonsense. That should be setting off alarm bells.

The truth does exist out there and it's exposing enormous political indiscretions. The problem for the public is access to that truth. It's getting harder and harder to find alternative news sources as they are constantly being censored off large corporate platforms. We badly need freedom of speech and the free flow of ideas. We need public debate that seeks to bring the best minds together to solve complex problems. That sort of independent debate happens all day, every day, all over the world. It's focused on facts - not fearmongering headlines. It's scandalous that the political hierarchy is keeping it out of reach of all but dedicated researchers.

I am very curious to see if the called for, public vaccine debate between Dr. Scruton and Dr. Malthouse will take place. Dr. Scruton seems to be an excellent candidate to represent the official government narrative. Dr. Malthouse is known and admired by millions of people worldwide for having a deep insight into the alternative narrative. Everyone deserves to know the truth. Have some faith that if presented with clear facts and evidence, you will be able to see it for yourself. Debate is not about who talks the loudest or who demonizes others the most. It's about who comes up with the evidence, the data and the proof that best ties the known facts together. That's the only way to truth.



You're Invited:

Museum & Archives Summer Thank You

COMMUNITY INFO

By DSMS

NOT everyone wants to be invited to a place with a giant Garbage Monster outside but that's the Denman Museum & Archives for you. Those who thrilled, pre-Covid, to the Denman Wetlands Ukulele Orchestra led by Jenny Balke

dressed as a giant newt will know exactly what to expect.

Each year we express our appreciation to our visitor hosts, exhibitors, and supporters with an event at the Museum. Please come join us for refreshments, snacks, and a talk by Andrew Fyson on August 15th, at 7:30 PM. ADIMS has graciously provided us with a wonderful environmental display this year which includes Andrew's Beach Odyssey, a sumptuous photographic record of his legendary circumambulation of Denman Island in 2014. If you like to complicate simple pleasures for posterity, you will learn something!

It's been a big year for the Museum & Archives, with our outdoor exhibition place up and running, a very popular talk on Denman geology by Steve Carballera, refurbished display, archive interviews, and plans for a Denman Island chronology and timeline. There's more in the works with plans for a history of Denman Island, a sequel to the popular video Looking Back, the potential for greater cooperation with the K'omoks First Nation on protection of indigenous history, and significant accessions to the archives. All these things take time, of course - but time is our business!

As an integral part of the Denman Seniors and Museum Society, we also take this opportunity to express our wholehearted thanks for the support of the Board through difficult times and with exciting plans for the future. 

Please note a correction to the Sunday services at the United Church this month.

Aug. 13th - service led by Elaine Julian

Aug. 27th - service led by Julianne Kasmer,

**Both start at 10:30 a.m.
Services in September will resume on the usual 1st and 3rd Sundays of the month.**



Wonders of the English Language

- * There is no egg in eggplant nor ham in hamburger; neither apple nor pine in pineapple.
- * English muffins weren't invented in England or French fries in France.
- * Sweetmeats are candies while sweetbreads, which aren't sweet, are meat.
- * We take English for granted. But if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.



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- or -

we can print it:

\$7.84/100 (letter-sized - one-side)

\$13.44/100 (letter-sized - two-side)

Poetry

by Thomas Provençal

*Some believe that poetry
is austere, solemn sound
with imagery and metaphor
weaving thoughts profound.*

*Some condemn a poem
that holds a simple rhyme,
even though it brings relief
and feels like it's in time.*

*Poetry is language
that encapsulates a thought,
fewer words the better,
concise and finely wrought.*

*Poetry's a medium
that feels good on the tongue:*

*Words in their fluidity
adapted to be sung.*

*Poetry's a picture
using words instead of paint.*

*I prefer to play with it
to hearing what it ain't.*

DEADLINE MIDNIGHT MONDAYS FOR THE FOLLOWING THURSDAY ISSUE

**REMINDER
THE ISLANDS
GRAPEVINE**
*we will be taking
next week off
from publishing.*

*We will return
on August 24th.*

CORRECTION
*St. Saviours No service
on Aug.27th*

**THE ISLANDS GRAPEVINE
CALENDAR**

**DEADLINE FOR
SEPTEMBER
SUBMISSIONS IS
AUGUST 25TH**

*Send details of your event to:
calendargrapevine@gmail.com*

First Edition
Deadline for September issue.
August 19 11:59.59 pm.
thefirstedition@protonmail.com

THE ISLANDS GRAPEVINE EDITORIAL POLICIES

Whether covering events that entertain us, presenting issues that concern and affect us or highlighting the many interesting and gifted people we call neighbour, the Grapevine celebrates the diversity and inclusivity of our shared island life. The following is our policy on content:

- Profiles of individuals, history, reviews and op ed are published free of charge.
- Literary content including poetry, stories, belle lettres are published free of charge.
- Promotional content for products, services, programs, and events will be published at going advertising rates.
- Public service announcements, notices of meetings, and news releases will be published for a fee. Exceptions will be made for emergencies where the public is immediately endangered.
- With regret, no exceptions can be made for non-profit status.
- Letters to the Editor are published free of charge.

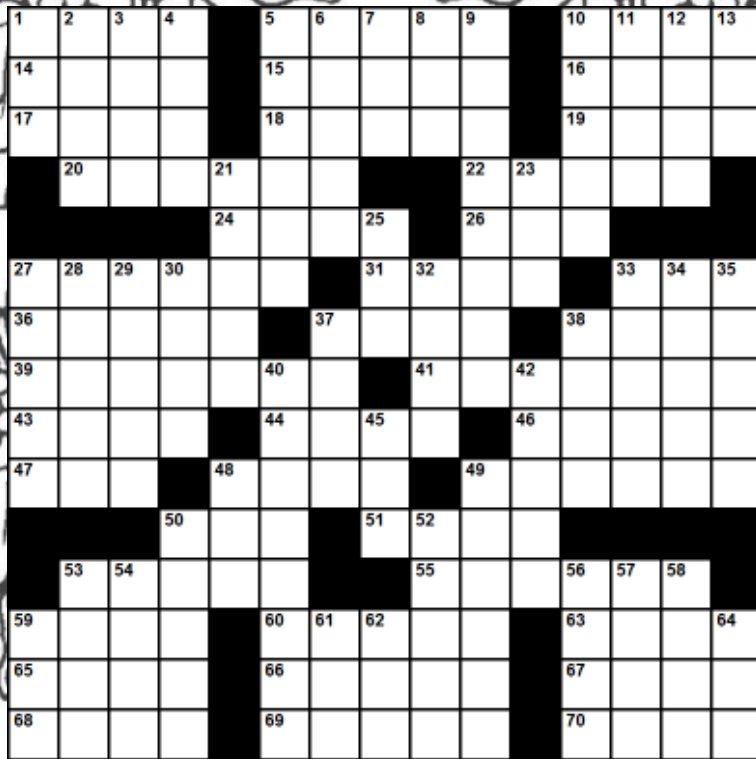
The Grapevine is happy to provide an open, public forum for all islanders to speak and be heard. We are steadfast in our commitment to uphold freedom of expression. Opinions expressed in the Grapevine do not necessarily reflect that of the Publisher.

As the record of our times, every issue of the Grapevine is a compilation of that week's submissions. We do not editorialize content, nor do we censor. We ask that writers moderate their own content. The Grapevine reserves the right to edit for brevity. Inciting violence, hate speech and pejorative language will not be tolerated.

We are open to contributions from all Denman & Hornby Islanders. If you've something to say, send it our way! No copy and paste submissions. In your own words, please!



• GRAPEVINE CROSSWORD •



• ACROSS •

1. Predicate part
5. Dwelling
10. Baronet's wife
14. Brain wave
15. Corn or wheat
16. Bakery fixture
17. Sponsorship, var.
18. Poet Conrad
19. Coat, in a way
20. Put in a mausoleum
22. An oil source
24. Asian weight unit
26. Andy Taylor's aunt
27. Brilliant successes
31. Fiber from cocoons
33. Bio-pouch
36. Nary a soul
37. At leisure
38. Angel's circle
39. Uneventful way of proceeding
41. Optimally
43. Depression migrant
44. Chalky cheese
46. Low end
47. Far Eastern money
48. Crowning point

49. Tokyo's island
50. A pair
51. Brad or spike
53. Mix-up
55. Whine nasally
59. Asian cuisine
60. Hydrophobic
63. Discharge
65. Emulate a lark
66. Cool place
67. Adidas rival
68. Polo need
69. Anxious
70. Trace

• DOWN •

1. Be a contender
2. Apply rickrack
3. Bridle line
4. Matting fiber
5. Colorful lizards
6. Illegal gift
7. Acorn bearer
8. Be left on base
9. Exalted
10. Motherless calf
11. Tel ----
12. Fille's mother
13. Author's last word
21. Fur type
23. Albanian currency
25. Dr. Tim's drug
27. Take pleasure in
28. Sam or Alistar
29. Gain computer access
30. Add to the pot
32. Bones in pelvises
33. Discount events
34. Islam's deity
35. South American rodent
37. Agenda component
38. German chemist Otto
40. Sure
42. Salmonella cousin
45. Addition column
48. Wiedersehen preceder
49. Thwart
50. Grocery section
52. Digression
53. Begone
54. Indian flat bread
56. Market
57. Abu Dhabi leader
58. For example
59. Cookbook meas.
61. Caught ya!
62. Black sheep's trio
64. Two year old sheep

• TEST YOUR MATH SKILLS •

						3	6	
	6		2		4			5
5							7	2
	8				3		4	
		6	9		5	2		
	5		1				3	
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9			4		8		2	
	2	5						

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9	2	5	6	4	8	1	7	3
4	6	8	3	7	1	2	5	9
2	8	3	9	6	4	7	1	5
5	9	1	7	3	2	8	6	4
7	4	6	1	8	5	3	9	2
6	7	4	5	1	3	9	2	8
1	3	2	8	9	6	5	4	7
8	5	9	4	2	7	6	3	1

Grumpism



“How was the appointment at the optometrist? Eye opening.”

(Thank you Jana)

• LAST WEEK'S ANSWERS •

A	R	G	A	L		E	L	S	E		A	G	E	S
M	I	A	M	I		L	E	A	L		F	U	Z	E
A	D	R	E	N	A	L	I	N	E		F	I	R	E
H	E	B	R	E	W	S		I	G	U	A	N	A	S
			C	A	N		S	T	Y	M	I	E		
S	T	E	E	R		S	P	Y		B	R	A	C	E
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P	A	P		T	I	T	U	L	A	R		I	D	O
O	R	A	T	O	R		R	A	T		A	G	E	D
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			H	A	S	S	L	E		Y	O			
T	R	I	P	O	L	I		K	U	R	D	I	S	H
B	O	Z	O			A	C	C	E	P	T	A	B	L
A	B	E	T			V	I	O	L		I	D	I	O
R	E	D	S			S	T	O	P		A	S	S	E

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tear off, demolition. High grade
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• **FOR SALE** •

WAGNER FIREWOOD. 2 cords to
Denman, \$680 plus GST. Hornby,
\$720 plus GST. Text or call Scott
at 250-334-7323

• **COMMUNITY NOTICES** •

COMOX VALLEY TRANSITION
SOCIETY EMERGENCY CRISIS
LINE: 250-338-1227 or Text:
250-218-4034 For more info visit
<https://cvts.ca>

COMMUNITY SERVICES FROM
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and Gifts 250-335-2731 abrax-
as9@telus.net Zoom meetings
(unlimited time and free record-
ing): See denmanworks.word-
press.com/contact/

• **EMPLOYMENT** •

THE D.I. GENERAL STORE needs
another cashier/stocker, starting
as soon as possible. Cashier ex-
perience required. Must be 19 or
older. Please drop your resume
at the Store or call 250 335-2293
and ask for Jennifer.

• **WANTED** •

LOCAL WEAVER is looking for a
studio space on Hornby. If you
have an unused outbuilding
which could be suitable to rent,
please contact Melanie at 335-
1129 or email melanie.groep-
per@gmail.com. Thank you!

LOCAL BAND SEEKS VOCALIST -
Classic, Funk, Surf, Prog, Punk, In-
die, Psych, More! We have some
songs down, your tastes will help
us pick more! Covers for now to
get going. We're sounding good
but none of us wants lead vocals.
Please call Steve at 335-1330

• BUSINESS DIRECTORY •

• (H) Hornby • (D) Denman • (UB) Union Bay •
• (FB) Fanny Bay • (C) Courtenay/Comox •

• ACCOMMODATIONS & RENTALS •

- Denman Activity Centre (Seniors) Rentals 335-3027 (D/H)
- Denman Community Hall Rentals 335-3027 (D/H)
2 halls, commercial kitchen, new sound system
suitable for concerts, plays, meetings, weddings, etc.

• REAL ESTATE • INSURANCE • FINANCIAL SERVICES •

- Bente Pilgaard, RE/MAX The Islands 250-792-0128 (H/D)
- Donna & Jenessa Tuele • Royal LePage Hornby 335-1720 (D/H)

• BUILDING • CONSTRUCTION •

- Aquarian Systems • Water Cisterns • Ed Hoepfner 335-2037 (D/H)
- Roc-Isle Drywall, Harvey Hodgins • 35 yrs exp. 'certified' 334-4776 (D/H)
- Seaside Electric • LEO207455 • 702-0570 (D/H)
- Shel Brodsgaard • Excavation & Services • 250-703-3898 (D/H)
- Excavator/Backhoe/Tandem Gravel Truck • Kenny Mather •
250-703-6512 (All) • John Isbister • 250-335-2565 (D)
- DB Excavations • Dorianbaker56@gmail.com • 250-465-1889 (D/H)
- Cal's Bobcat Services • Auger, Grapple, Rake • 613-447-8873 (All)
- Tandem Gravel Truck & Transfer Trailer • Lora Mercieca
• 250-650-9986 (D/H)
- Ray Ulovec • Backhoe/Excavator, Septic Installation • 335-3145 (D/H)

• SERVICES •

- Denman Works! • Tony Gresson 250-335-0287 denmanresource@gmail.com (D)
- Peter T. Mason • Land Surveying 757-8788 (All)
- Able & Ready Septic Pumping Service • 250-338-8822 (D/H)
- Home Town Shredders • Document Shredding • 334-7111 (D/H)
- Tree Service • Darian Chase • Arborist 218-0404 (All)
- Bottled Water Delivery • DenmanWater.ca • 250-228-7161 (D/H)

• HEALTH & WELLNESS •

- Acupuncture • Margot Davey, R.Ac. • 778-992-0165 (D)
- Physiotherapist • Acupuncturist • TCM Herbs • Carmen RPT, RTCMP
335-2260 (D/H)
• www.heartwoodacupuncture.ca (D/H)
- Massage Clinic • 2796 Northwest Rd. • Leah Kelly 335-2584 (D)
- Acupuncture • Jenny McCartney, R.Ac. • 250-508-8160
- Jessi Schlegel • Personal Training & Fitness Classes • 604-329-3466 •
online & in-person (D/H)
- Dan Last • Registered Massage Therapist • 250-335-1270 (D)

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FORTNIGHT EVENTS

THURSDAY 10

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30pm-6pm
- LAUGHTER IS MEDICINE jcdonaghey61@gmail.com
- SUMMER ART GALLERY opening 7pm



FRIDAY 11

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

SATURDAY 12

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FREE STORE 9-Noon
- FARMERS MARKET Old School 9:30-12:30
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 13

- ST. SAVIOUR'S Graeme & Verna Isbister
leading 10:30am

MONDAY 14

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

TUESDAY 15

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 16

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm

THURSDAY 17

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30-6pm



FRIDAY 18

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

SATURDAY 19

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FARMERS MARKET Old School 9:30-12:30
- FREE STORE 9-Noon
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 20

MONDAY 21

- Dora Drinkwater Library 1:30pm-3:30pm
- AA Meeting DI United Church
Gathering Place 7pm

TUESDAY 22

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 23

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm

THURSDAY 24

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE Hub Comm. Hall 4-7pm
- FOOD BANK Hub Comm. Hall 4-7pm
- FREE STORE 4:30pm-6pm





2023 Blackberry Faire



The BLACKBERRY FAIRE, a self-replicating mostly unorganized organic Denman tradition is under a month away! **Sunday September 3, 2023** at the Community Hall

Vendors welcomed!

The events:

0830-0930: drop off your flower/vegetables for judging in hall

0900: Benjamin Rempel 8.5 km run/walk adult start

1000: Children run start

11:30: Parade starts organizing itself at guesthouse parking lot

Anyone (human or animal) can be in the parade or watch it

Wanted: Floats, small children on decorated bicycles, antique cars, farm tractors, eccentrics in weird clothes, clowns, people on stilts, domesticated animals, etc

12 noon: Parade starts, goes past store, Community Hall and then dissolves

1:30: Zucchini races (Rules: axle must go through the Zucchini and there must be a Zucchini)

2:30 or so: (immediately after Zucchini races): **Tugs of "War"**. **This is a brand new event!**

Rules:

- Team size: 6 humans of all/any genders. This is not Florida
- Footwear: no cleats or heeled shoes/boots
- Theme: all ages fun. Costumes/themes are encouraged.
- "Winning" is not really the point we hope. The most disciplined team is often the best.
- No maximum age except the ability to walk unassisted
- Format: single knockout in early rounds, then best 2 out of 3 pulls for the semi-finals and finals.

Entry deadline: Wednesday, August 30th prior to midnight

To enter: submit a team name, contact name, phone number, and email address to Scott Macdonald at ocean-lovr9@gmail.com **Entries by email only!**

Individuals or groups of less than a full team are invited to enter and will be matched with others to form teams as needed.

Prizes: several categories of prizes to be won. Perpetual Trophy fame for the winners. Denman's Stanley Cup! Scott may make up other rules as he sees fit and limit the number of teams. Or call it off if no one is interested For more information or questions email Scott not this poster!

All Afternoon: Admire vegetables and flowers in hall

All Afternoon: Buy something to eat, mill about, and then go home

Food and drink all day **if** enough vendors show up!

DENMAN CRAFT SHOP

30TH ANNIVERSARY PARTY

SATURDAY,
AUGUST
19TH
1-4 PM

