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*The opinions expressed herein do not
necessarily reflect the views of the
Publisher.*

DICES Offers FREE SNACKS at AGM

COMMUNITY INFO

By DICES

LEAVES are falling, the days are getting shorter, and fruit is ripening beautifully on the vine. The Denman Island Community Education Society is having its Annual General Meeting on October 18th at 2:45 in the school library. DICES has three new staff who would love to meet you. We'll be serving tea, coffee, and snacks for your enjoyment. Come and find out what we are up to and how to get involved! Free snacks are always worth it.

DICES provides a variety of educational, support, and recreational services to children, youth, families, and adults in the community. Our programs include after-school programs, a school lunch program, Teen Night, Parent and Tot's, community internet access, the food bank, health and wellness education, continuing education for life-long learning, and recreational programs. We are always happy when folks come to help out. See you on Tuesday, October 18th in the Community School for free snacks! 🍷

Giant Charity Auction Hibernation

COMMUNITY INFO

By Stirling Fraser

• DIRCS

DUE to the wonderful generosity of the Denman community, the organizers of the Charity Auction/Garage Sale on September 24/25 wish to announce that they are leaving for Puerto Vallarta on the first direct Westjet flight in November.

We will be back in the Spring, subject to finances or the intricacies of extradition treaties for anyone with a grudge.

Seriously, we want to thank the Denman community once again for the fantastic results that accrue when a small community comes together for a good cause(s): the Activity Centre, the Denman Hall and the Preschool.

With many thanks from Stirling Fraser, Roxanna Mandryk, de Neen Baldwin, Evan Penner, Gloria Michin, Alisha White, Jackie Hipwell, Robert Fox, and a host of volunteers from the above and the community.

Hasta La Vista! 🍷

Food. Community. Resilience.

SPECIAL INTEREST

By Teresa Beers

I'VE been on the ferry a lot recently, and it's the perfect time to catch up on some reading. I read a really interesting article this week on Korean Natural Farming (KNF) in Island Farm & Garden magazine, September - November 2022 issue. It's worth a look, and is available to read for free online as well. The author, Beth Walrond, heard about KNF from Dave McIntyre, who was selling his Fierce Fish Fermented Fish Fertilizer at the Cedar Farmers Market. He recommended that Beth look up KNF, and also watch Chris Trump's youtube videos. I have yet to do either, but when I have some time I certainly will.

An extremely simple summary of KNF is that you can use what is naturally on the land, specific to your own microclimate, to create "a closed loop system (which) compliments regenerative agricultural practices." The cultures created to replace fertilizers and pesticides sound a bit time consuming to make, but the benefits to the land and to any crops grown are measurable. They can also be used in chicken coops and compost piles to reduce smells and speed up decomposition. "The driving idea in KNF is to work with nature." What could be more important than that?

I humbly and gratefully acknowledge that we live in the traditional territory of peoples of Pentlatch ancestry who lived, died, loved, mourned, worked and played here long before we did. 🍷

Phoenix Riting!

SPECIAL INTEREST

By Phoenix Bee

WE are currently blessed with one of those supernaturally golden, blissfully warm stretches of early autumn. Such days are underlain with a particular poignant sense of urgency, impending ending. We must soak up this sunshine!

What shall I write, dear Hornby? Someone suggested I should write about the 'Nothing But Juanita' show, which closed at the Hall yesterday. It's too late for you to see it, as the show closed on Sunday, but I'll tell you about it.

"Nothing But Drawings of Juanita" was a hall full of life drawings by the Life Drawing Group. This group has been meeting on Hornby for at least forty-five years, that being the length of Juanita's career as an artist model for them. In forty-five years, these artists have amassed an impressive collection of standout pieces. As an artist's model, Juanita is superb; relaxed, clearly at home in her body. This is shown in lush poses and reflective moments captured in charcoal, pencil and pastel.

Jo Lechay's amazing ink strips--long strips of paper with Juanita sketched from one end to the other, in forms both abstract and specific, showcase her masterfully spontaneous strokes. The longest of these pieces hung from the Hall ceiling and draped along the floor, with several shorter ones on display in the Round Room.

As well, the Round Room showcased a selection of pieces by several artists in the show, with a cheeky challenge to 'guess which artist did what' (I had no clue). The show featured representations from many in the artistic community, nearly twenty artists in all with a wide array of styles and approaches. The show was an education, not to mention beautiful and inspiring. I would suggest you not miss it, but if you did, you did. Life can be like that.

This is transition time in fall, when the brakes are applied hard on our pace of life. Suddenly everything moves in slow-motion, giving life a vertiginous wobble. New folk have likely moved here over the summer; others, perhaps, have moved on. It's like this every autumn. Who are we now?

Some prefer winter's slower rhythms, and I love that time of year, once I've adapted. Right now, I miss the excitement of summer. I miss the visitors, their smiles and bustle. I feel nostalgic for the spark and possibility of our busy, social summer season. Winter is coming, and is a different story altogether.

When, as in summer, every day provides a high of one kind or another, the opposite end of the year can be expected to feature an equivalent number of lows. Life moves in cycles. I have learned to expect seasonal depressions and to prepare. Here are some suggestions for strategies to navigate winter with mental health reasonably intact.

First, make sure to have regular recurring commitments. I take classes through New Horizons, I'm on the board of the radio society, I have two shows a week. Other possibilities could be volunteering at the Free Store or at the Kitchen, or forming a group around a special interest. It's about getting involved in things that provide a reason and opportunity to go out the door, to see familiar and friendly faces real time. If it involves exercise, so much the better. If your group is on Zoom, you may be at home, but you still see their faces. That's huge. It matters, to do something together with others, to form that group bond. But don't overcommit.

Second, leave yourself a lot of space. Don't be afraid to take that deep couch time. When you sink into sadness, melancholy or despair, do so knowingly and willingly: that makes the difference between painful 'wallowing' and deep, healing release.

Surrendering to emotions with intention allows you to face them, receive them, let them vibrate right through you, then understand and release them. There's nothing wrong (and a lot right) with some good healthy bouts of primal sobbing, screaming, moaning or what have you. I mean, if you never got snot smeared on over face while wailing like a brokenhearted child, have you even lived? Solidarity for sobbers!

And after you bawl those happy, healing tears, you can show up at your meeting, class or whatever with clear eyes, ready to engage. It works.

That's what I think. What do you think? Email me at phoenixonhornby@gmail.com. 🍷

TIDE TABLE

• Secondary Tidal Station Ford Cove •
• Source: tides.ec.ca •

2022-09-29 (Thu)		
Time PDT (m)	(ft)	
02:39	1.3	4.3
09:23	4.4	14.4
14:47	2.9	9.5
20:14	4.5	14.8
2022-09-30 (Fri)		
Time PDT (m)	(ft)	
03:20	1.1	3.6
10:29	4.4	14.4
15:38	3.3	10.8
20:44	4.4	14.4
2022-10-01 (Sat)		
Time PDT (m)	(ft)	
04:06	1	3.3
11:41	4.5	14.8
16:44	3.6	11.8
21:21	4.2	13.8
2022-10-02 (Sun)		
Time PDT (m)	(ft)	
04:59	1	3.3
12:57	4.5	14.8
18:09	3.7	12.1
22:11	4.1	13.5
2022-10-03 (Mon)		
Time PDT (m)	(ft)	
06:01	1	3.3
14:07	4.6	15.1
19:41	3.6	11.8
23:24	3.9	12.8
2022-10-04 (Tue)		
Time PDT (m)	(ft)	
07:09	1.1	3.6
15:06	4.6	15.1
20:56	3.4	11.2
2022-10-05 (Wed)		
Time PDT (m)	(ft)	
00:59	3.8	12.5
08:17	1.2	3.9
15:55	4.7	15.4
21:54	3.1	10.2
2022-10-06 (Thu)		
Time PDT (m)	(ft)	
02:29	3.9	12.8
09:21	1.3	4.3
16:35	4.7	15.4
22:41	2.7	8.9



David Graham for Trustee: *Resiliency*

POLITICS

By Anthony Gregson

Resiliency is David Graham's big theme as a Trust candidate with nine years of

previous experience as a trustee. For David, resiliency means three things: moving away from the top-down model where too much depends on decisions made by the Trust Council, building in resiliency on Denman in the face of extreme weather events due to climate change, and looking at land-use regulations that will encourage a broader demographic in the future.

One of the obligations of a trustee, in addition to the six meetings of the Local Trust Committee, is to serve on the Trust Council. The Council meets four times a year and is taken up with high level issues, such as Trust Policy, that are complex and time-consuming. In David's view, Council takes up far too much time in a top-down effort to impose uniformity on a population of only 26,000 people living on the Trust islands, each of which (as Peter Luckham, Trust Council Chair has pointed out), are fiercely protective of their independence. "I would like to see less emphasis on Trust-wide policy development and more resources allocated to Denman Island concerns."

David, who has lived for thirty years on a 150-acre coop shared with nine other resident owners, is a veteran of the independence he would like to see. He values the importance of sharing responsibility and making decisions in common with his neighbours. "I have my three acres where I can do what I want, but if I want to cut trees beyond my fence,



that has to be agreed between us all." As his lawyer pointed out, the informal code of agreements they make amongst themselves may not have the legal standing of bylaws, but they reflect the will and spirit of his micro-community. Small is beautiful. There needs to be more of that.

He feels that the burden of increased regulation on the islands has made the Trust less productive and points out that the budget has grown from \$7 to \$9 million with fewer decisions at the local level. Development permits and changes to bylaws have become dauntingly complex. Affordable housing initiatives face demanding standards in site preparation,

construction, water management, and energy conservation, compounded by political turmoil such as the recent dismissal of the chair and entire board of BC Housing. ("How can you not imagine that all those applications are going to come under review?"). He points to requirements in the downtown development area for amenities such as bike racks for each property as examples of needless micromanagement imposed from above, not surprisingly ignored.

David's experience as a trustee is a huge asset. What with the Local Trust Committee, Trust Council, and other committees that can add up to dozens of meetings a year, with extensive prep and public feedback, he knows the work, the slog, and the patience required. For instance, as a trustee, he wanted to allow secondary dwellings without the temporary site permit, only to face overwhelming public opposition, though the issue still festers. That takes staying power and recognition that a trustee is ultimately there to respect the wishes of the residents.



Wes Ritter for Trustee

POLITICS

By Anthony Gregson

NOONE can say Wes Ritter doesn't like a

challenge. I found him up in the Northlands, off Point Rd., putting a full basement under a log house up on tall pilings of railway ties. After cutting it in two down the length of the roof, he'd skidded it off the seafront at Komas Ranch on steel beams and dragged it a quarter of a mile through the woods to the road. It was a lot of work, but he was glad to rescue the "grand old lady", built in 1981, from the burn pile. Yes, it makes for affordable housing, but it's also about island heritage. For Wes, that heritage is not just about saving old buildings. Heritage is also about island independence and community involvement.

A 35-year Denman resident, Wes is running for trustee because he doesn't like the way the Trust is evolving. "Up until twelve or fifteen years ago, the Islands Trust conducted itself on its old foundations. They are trying to centralize all the power in Victoria and in the Executive Committee as well as the planning staff. The bureaucrats have taken over. Local trust committees are supposed to be autonomous and independent, and they have taken that away from us."

The infamous Temporary Use Permit is a case in point. "Denman almost adopted a system twelve years ago to up-zone so many could have a long-term rental, as opposed to an Airbnb shack. A housing agreement would be drafted, committing them to long-term agreement at rent that was market value or less, and with some sort of schedule about how rent increases would proceed." Wes thought the proposal was perfect but then the Temporary Use Permit was pushed by Trust planners. In Wes' view, it was a misuse of what was originally the Temporary Commercial/Industrial Permit designed for industrial and commercial applications, but never mind that. The rental housing agreement was rejected, not Wes believes, so much because of public opposition, but from the insidious objections of planners. "We got TUPed!"

Specifically, Wes' concerns about Trust proceedings boil down to two main points: what he believes to be a primacy given to the Trust Policy over the governing legislation of the Trust Act, and the stifling rigidity and formality of Local Trust Committee meetings as a way of shutting down public debate. He views both as tools of homogenization and centralized control, intended to advance the bureaucratic interpretation of bylaws by planners over community ideas. "I know people think I am some kind of conspiracy nut because I accuse the

Trust of being so manipulative, but they are.”

He is appalled at how many local trust committees have adopted bylaws in the last six months that comply with the unadopted policy statement. “They are just trying to install the new Policies in law before the new statement is even approved. If I was on the Local Trust Committee, I would challenge the chair, and the suits and the staff to prove that they have the authority and the moral high ground to demand that we follow their agenda rather than the Trust mandate and the Trust Act. That’s our senior document and it seems to sometimes be ignored. I wouldn’t think that many of the trustees have even read the Act and fully understand it.”



Wes is specially focused on the conduct of the Local Trust Committee, claiming that the customary Robert’s Rules of Order, by which meetings were conducted in the past, were abruptly abolished. “When we got our new chair (Sue Ellen Fast), at her early meeting, she brought in her version of meeting procedures bylaw which appear to hand all the cards to the chair. Now the chair is capable of controlling all meeting procedures. For example public input is “two-minutes-and-shut-up-and-sit-down.” Wes also maintains that, under the old rules, the chair got to vote only to break an impasse between the two local trustees. Now they get to participate in all votes. In addition, he objects to the fact that you are not allowed to criticize Trust staff, trustees, or the chair’s behaviour in the interests of a safe working place. Wes notes that a new updated meeting procedure bylaw has

been recently adopted by all 13 LTCs.

He goes on to point out the Trust has two types of laws: land-use and administrative. Land-use must always be approved by vote, administrative do not. “Because it is administrative law, they can just rubber-stamp the whole thing. But it’s not an administrative bylaw when it affects the community participation and knowledge of what is going on in the Trust”.

He holds up the 1997-98 Denman Community Plan and the review of land-use bylaws as an example of what he wants to see: real public meetings and community participation. “Over ten percent of this community showed up for four public hearings - unheard of today.” He also suggests that a first nations representative be part of the Local Trust Committee which would make the vote of an off-island chair unnecessary and get a lot closer to recognizing indigenous interests.

Wes sees himself as a renegade who refuses to drink what he calls the Trust Kool-Aid and can’t be “influenced”, but also someone who takes a serious interest in the law and community voice.

He quotes Tinkerbell’s warning: “If you say you don’t believe in fairies, one of them will die.’ Why doesn’t that work with bureaucrats?”



Sam Borthwick for Trustee

SAM BORTHWICK

POLITICS

By Anthony Gregson

is one of those people who can walk in and create their own job.

In the two years since he arrived with his companion Bronwyn Schuster (creator of the huge, wonderful mural on the Activity Centre) he has proved to be a real doer, jumping in with both feet to serve the island. He is on the board of DIRCS, lead stage technician for the Community Hall, has brought a successful show to the island for Concerts Denman, organizes Teen Night for DICES and Dungeon and Dragons role-play games for kids at the Community School, and last, but not least, Coordinator/Driver for the Denman Island Bus Service. What with helping people out with their gardens and some building projects, Sam is a very busy guy.



event organizer and crew chief, he has always seen himself as a facilitator, making things happen for others. Sam would rather train the spotlight on you than have it on himself. It is partly for that reason that he turned his back on an acting career, though there was no lack of encouragement from his father, a professional actor, and attended a school in England renowned for its drama program. His involvement spans major sporting events, festivals, and concerts in both Vancouver and England. Tellingly, he came to prefer cozier events like the Vancouver Children’s Festival and the Folk Fest with a warm, relaxed ambience. “Cities,” he says, “wear me out.” Hence the move the Denman.

An affable fellow, he likes attention for all the right reasons, like a pint poured the moment you walk through the door because they know who you are and what you like. But when friends began to suggest he run for the Trust, “I didn’t take it seriously until after the third one.” It is

not surprising. There is no question that Sam’s work in the community is well regarded. He has the qualities of a natural

continued on P.6...

So why the Trust? For a start, Sam is a great believer in public service. Though he has no background in formal public administration such as the Trust, in his career as an

...continued from P.5 leader: energetic, an organizer, well-spoken, frank but polite.

On top of that, Sam belongs to that cohort of Denman's demographic that is deprived of opportunity by the issues of affordable housing. These are the people who are badly needed on an island with an ageing demographic that will need services to care for themselves and their homes. Traditional reliance on rural volunteerism is no longer enough with an ageing population who are less able to help each other or are simply wealthier and less dependent on the shared economy of volunteer services. He is also well aware of the struggle of businesses on the island to find and keep employees because it is just too expensive to get a toehold.

Though Sam recognizes the limitations on the Trust's jurisdiction, he sees land use planning as a powerful tool. Out there on social media, and deeply involved in the community, Sam is ready to engage public opinion, and participate in what is historically the fraught debate around housing. He recognizes that the Trust is powerless to change the housing market and would like to see secondary housing incentivized. He is deeply interested in the governance review now getting underway and wants to see the individuality and independent spirit of each island empowered by increased

delegation of the Trust's authority. "We are blessed by an incredible number of talented people. There is no reason why we cannot craft local solutions."

Sam is of the generation that may start to suffer the more drastic consequences of climate change. He does not think the Trust can do much on Denman to make a significant difference to the big picture, but he does believe that Denman could do some things that are an example to others.

Sam is a newcomer who has demonstrated extraordinary initiative in becoming a part of the community in just two years he has been here. He appreciates the haunting contradictions of the Trust: a deep appreciation of the conservation efforts made possible by the mandate of preserve and protect, while trying to find the elusive sweet spot between privileged bucolic bliss and inclusive economic opportunity.

By all accounts, the role of trustee is a long, steep learning curve. Sam brings fresh energy and Time on his side, not to mention Dungeon and Dragons where his expertise may well prove surprisingly useful.



Ya Basta! February 11th,

ARTS&LIT

By CS#05943451 2007

POST lunch on an increasingly boring Sunday here at Camp Cuddles. While work has proven to be an exercise in frustration of late it sure beats the grind of trying to kill time through the weekend. Case in point, there is something wholly unsatisfying about reading the newspaper more than once. Yet abject boredom will reach a point that overwhelms and subsequently I'll return to perusing it as though it were the first time. Articles and columns that were initially glossed over or passed on for lack of interest will eventually prove to be a gripping read. In between, there are meals, smoking and the occasional billiard game. So again, I write.

An older fellow by the name of Hank I caught speaking to a few of his mates on the story behind the tattoo he has on his left forearm. The caption reads "It's better to die on your feet than to live on your knees." It's a quote from Emiliano Zapata. A Mexican revolutionary. I've got a couple of books in here whose subject matter is anti-globalization and one of the chapters touches on the Zapatista's struggle in the state of Chiapas, Mexico. Hearing Hank mention Zapata, I decided to fetch the book and read him and the guys a passage that resonated for me. I thought it might lend some texture to their understanding of the man and the movement he inspired. Tattoos notwithstanding.

The Zapatistas took their name from Zapata who was killed in an uprising in 1910. The leader of the Zapatista National Liberation Army (EZLN) is a man who goes by the name of Marcos. His identity unknown for the fact that he wears a black wool mask.



[He wasn't a commander giving orders, but a sub-commandant, a conduit for the will of the councils. He defers to the notion that he is a leader saying that his black mask is a mirror, reflecting each of their own struggles; that a Zapatista is anyone, anywhere fighting injustice, that "we are you." Most famously, he once told a reporter that "Marcos is gay in San Francisco, black in South Africa, an Asian in Europe, a Chicano in San Ysidro, an anarchist in Spain, a Palestinian in Israel, a Mayan Indian in the streets of San Christobal, a Jew in Germany, a Gypsy in Poland, a Mohawk in Quebec, a pacifist in Bosnia, a single woman on the metro at 10:00 pm, a peasant without land, a gang member in the slums, an unemployed worker, an unhappy student and, of course, a Zapatista in the mountains." When the Zapatistas took up arms and said 'Ya Basta!' (enough is enough) in 1994, it was a revolt against their invisibility. Like so many left behind by globalization, the Mayans of Chiapas had fallen off the economic map: "Below in the cities," the EZLN command stated, "we did not exist. Our lives were worth less than those of machines or animals. We were like stones, like weeds in the road. We were silenced. We were faceless." By arming themselves, the Zapatistas are "the voice that arms itself to be heard. The face that hides itself to be seen."] from the book *Fences and Windows* by Nancy Klein.

I thought the timing serendipitous and Hank was approving for the consideration. This prompted some deeper discussion which for me is always fun not to mention providing a mild respite from this whole 'boredom' thing. "Ya Basta! indeed!"

Well, I attended Reverend Ron's retirement tribute service this afternoon. The attendance was roughly 200 people by my count. The front half of the

auditorium was for correctional staffers, family and varied outsiders while the back half was seated by us boys in red. Several speakers got up to recount stories of Reverend Ron's fifteen years of service at Nanaimo Corrections Center and from what I discerned, he was quite a gem to a great many people. The admiration, love and respect for the Reverend could be measured by each speaker's attempts to summon their inner Edgar Allen Poe. Towards this end varying degrees of success were witnessed.

As might befit a man of the cloth upon his retirement, there were the requisite hymns and prayer interspersed among the speeches in honour of the Reverend 'short in stature' but 'big of heart.' I will admit my eyes got a tad heavy as the service wore on. Not unlike my remembrances of church as a child. Yes, the proceedings were becoming drawn out but the stifling air of a full auditorium with shuttered doors wasn't

Green Wizardries, *Exotic Foreign Holiday*

SPECIAL INTEREST

By Maxine Rogers

WHAT with **C o v i d** 19 restrictions shutting down the theatre and such in Vancouver, it had been a couple of years since our last exotic, foreign holiday to Vancouver. It takes eight hours to travel from Vancouver to Warsaw and eight hours to get from Denman to Vancouver so that makes it equal to an exotic, foreign holiday in hours spent getting there and it is also dizzyingly expensive to go from Denman to Vancouver so I suppose that makes it equivalent to a trip to Europe. Indeed, at times it was a trip to China.

You may not know this but we have a complicated little farming operation here on Denman Island. We produce about 85% of our own food. I would like to grow more of our own provisions but there is simply no way to grow chocolate and coffee this far north. I have heard of people trying to grow tea in greenhouses here. If that is you, let me know how the tea garden is going. I would love to do a story on it.

So, our first task when we want to leave for more than a few hours is to get a farm sitter who can do all the complicated jobs of opening, closing, feeding and watering a bewilderingly diverse set of projects. We managed to snag Erica Bland who is a real go-getter and a very conscientious person. We can leave our little place in her hands knowing all will be well. When we came, home, the place looked better than when we left. So, if you need an excellent farm or house sitter, you now know who to call.

We drove down Vancouver Island in our old car which rarely gets used. We stopped in Coombs so I could get some more cowboy hats. Last year, they were \$ 10 and this year they are \$ 20. The woman at the shop blamed Vladimir Putin for all the inflation and I didn't have the heart to tell her inflation was already very high before the start of the current flap in the Ukraine. This sort of thing is to be expected whenever governments just print as much money as they need without reference to sound economic policy. Yes, I mean you, Justin Trudeau.

A couple of hats and a few bottles of vanilla later, we rolled into Nanaimo where the nice lady at the ticket booth told us we had a two-sailing wait. We asked if they were very busy or just understaffed. She said both. She lamented that

helping matters. Pleas to open the gymnasium doors to aid circulation being a bit of a non-starter!

My lone issue with the service was how several of the speakers referred to us fellows in the back as 'Offenders.' Personally, I prefer inmates. The term 'Offenders' I find, *well..* offensive. Unnecessarily condescending given the context of the occasion. Opportunities for such condescension are simply too hard for the authorities to pass up, I guess. It. Must. Never. Be. Forgotten. Blah, blah, blah, blah. Still, if we are all in attendance for Reverend Ron *and all that he has done and stands for*, I posit that for that one-and-a-half hour block of time, we are all equal. If a delineation must be made between the blue-shirts and the reds as appeared to be the case, then these speakers could've done just as well with the no less accurate descriptive, 'Inmates.' 🍷

the Ministry of Transportation had mandated all BC Ferry employees had to be double vaxxed to work and were laid off when they did not comply. She said they had found other work and were not coming back. She declared next year would be much worse as so many Baby-Boomers were set to retire and no one is stepping up to take their places. I guess we shall see next year.

We had delightful weather and a calm crossing. We live in such a beautiful and blessed place. Indeed, the Ancients used to speak of the Western Isles as the paradise where the good went to spend the afterlife.

On our first morning in town we went to have Dim Sum with our niece who we adopted a couple of years ago. She had come up from Vancouver to visit us here and she was such a help and a delight that I started introducing her as our niece. I asked her if that was okay and she said, "I am honoured." What a lovely girl! She is from Canton and does not have aunts and uncles here so we supply that missing piece of the family.

Her parents had heard a lot about us and invited us out for Dim Sum. I am glad we had native guides as there was a bewildering variety of rice dishes from porridge to crepes with a sort of steamed rice and meat dish wrapped in lotus leaves. I asked if we ate the leaves but they are just for wrapping the treats. Our niece's parents don't speak much

continued on
P.8...

The Denman Island Residents Association

is hosting a Meet Your Islands Trust Candidates in the Community Hall on Sunday, October 2nd at 2:30.

The candidates are Samuel Borthwick, David Critchley, David Graham and Wesley Ritter.

"The candidates will let the audience know why they are running followed with Q&A."

EVERYONE WELCOME



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...continued from P.7 English but with our good girl translating, we found we had a lot in common, coming from farming families. Their family still has the farm in Canton but no longer farm rice, having gone into fish ponds instead. It was really fun and interesting to meet new Canadians in such a friendly and informal setting.

We spent that evening listening to Tchaikovsky's piano concert number one at the Orpheum on Granville street. Just getting there was exciting. Granville Street on a Friday night is full of revellers but they seemed more desperate than happy. Some of them seemed to be clearly the worse from narcotics and a very thin young woman staggered past us in a dream, clutching a grubby stuffed swan. We walked into the grand lobby of the Orpheum with its Roman-derived decor from a street that smelled of piss and despair.



the Vancouver Symphony Orchestra. What will they be like by the end of their year?

The next evening, we went to the closing night at Bard on the Beach to see *Midsummer Night's Dream*. The cast seemed as fresh as daisies and the dancing, acting and costumes were all fresh enough to pass for opening night and not the last night of a gruelling season. The play was all about magic so I enjoyed it hugely. We were there with our niece and her friend who is an immigrant from Russia and they found the play puzzling in parts. We did our best to explain the plot.

At the end of the play, they had a ceremony to honour their cast, crew and volunteers. They had their own volunteer Physician and said how wonderful it was to have a Doctor they could actually see in a city where you can no longer see a doctor.

The music was really exciting and the pianist so very accomplished. I was amused to see the double-bass players almost falling asleep with their arms wrapped over their huge fiddles as they waited for their turn to play. The French horn players were tipping the spit out of their curly horns on their breaks and the clarinetist was giving her flute a discreet pull through when she was not playing. One of the trombonists was nearly catatonic, emerging from his coma only to pick up a tube once in a while or play trombone, briefly, with the other guys. Then he returned to slumping on his stool and staring vacantly into the distance. It was the opening night of

I asked around and it seems that Doctors in Vancouver will no longer see patients at all, preferring to do medicine by phone. While this may be easier for the Doctors and possibly more lucrative, I doubt this is a good way to practice medicine. I expect a Doctor can gain a lot of knowledge by seeing a patient and doing a physical exam if necessary. What a strange new world this is. I had no idea before I went on this exotic holiday.



Memorial Run a Roaring Success

SPECIAL INTEREST

By Donna Wooley

Angela Robinson, Lindsay Hansen, Margie Gang, Rick & Ann Paisley, Rick Middleton, Steve Carballeira, Howard Stewart, and many many more. Our amazing supporters Denman Island Fire Department traffic safety & large cash donation; Denman Island water; Ayden & Stacey Guthrie of Top Level Paint and sandblasting & Roots Dojo for T-shirts. Gift certificates from Ima's kitchen, Barnacles bike repair, Magnolia healing, Spectra Health, Denman Craft store, Patricia Gordon, Inner Island Somatic, Seaside Electric, Chuckwagon, Bubba Pizza, General store, and Quality Foods. Lognest Retreat, Karin's Jam, Jean Cockburn, Stephanie Slater, Erin O'Brien, April Dawn, Bev Severn, Pat & Selwyn Corlan's Vineyard, Shirley Phillips, Patti Willis, Gwen & Steve Shulhan, Vali Majd, Sussan Thomson, Peter Thomson, Jana Schmidt Pokorna and more. We had enough prizes and gifts that everyone who volunteered or participated got a prize if they wanted from whoopie cushions, cake to gift certificates. The t shirts are still available at the Bistro for 30\$. Raising well over \$3000 helping island cancer people and children. Thank you from the bottom of our heart. 🍷

THE BENJAMIN NORTH REMPEL MEMORIAL RUN was a great success we had 60 adult runners/walkers and 6 kids too. The volunteers were wonderful Sue Stewart, Pelka, Kera McHugh, Michael & Olena & kids, Helen Mason, Leslie Gillette, Dennis Lavelle, Harold Birkeland, Sue Stewart, Ayden, Dan Hawthorne,



Revealing Racism Within Deferral Duplicity

OPINIONS

By Eartha Muirhead

remnant " (Jessica Clogg from West Coast environmental Law) puts Horgan on the level of an ecocide criminal. As logging of old-growth forests inside the NDP's impotent deferral areas is being exposed, we now have a very prickly premier to deal with, The deferrals were only made up at the last minute to try to stem a civil war in the streets and in BC's forest in 2019 and 2020. After they were pronounced, Grand Chief Phillip Stewart, head of the Union of BC Indian Chiefs, demanded a moratorium on logging in BC's old-growth forests. Also, about a year ago. Charlene Higgins, head of the First Nation Forestry Council has condemned the NDP's deferrals saying; "the council was not notified about the province's plan. The process itself is backwards. Once again, the government and others are telling nations "here's the priority areas we've decided." Chief Walas 'Naumugwis, David Mungo Knox, has stated that deferrals only scratch the surface of the changes he wants to see in Kwakiutl territory.

John Horgan has revealed yet again, his racism and duplicity. Last week he was quoted in the Tyee by Andrew McCloud, about his lack of action to save BC's old-growth forests from corporate extinction. I have added in capital letters what he really means to be saying. Horgan stated that many of the critics of his forest policy are disconnected from Indigenous people and fail to understand the continued role of logging in their communities. "To the critics, I say, get a life, (SHAME ON YOU FOR TRYING TO SOUND SO ULTRA INTELLIGENT WHEN I CAN BARELY READ THE BACK OF MY CEREAL BOX) to the critics I say listen to communities (LISTEN TO ME, NOT THE ELITIST SULKING ECO-TERRORISTS).....have you been in a community that struggled with poverty for generations (THERE IS NO SUCH THING AS COMMUNITY-WIDE INTER-GENERATIONAL POST TRAUMATIC STRESS DISORDER FROM 600 YEARS OF SYSTEMIC RACISM)

THE current, unbridled logging of "the very last of the last of the most at risk, the last

and when they see opportunity (WHEN BAND COUNCIL CHIEFS POCKET BRIBES FROM INDUSTRY) some do-gooder in a Tilley hat comes in (THOSE TREE-HUGGERS AND MILITANT INDIANS) and says you're all bad people, (BAD BOYS LIKE ME LOVE TO DESTROY THE NATURAL WORLD) the government needs to do this and the government needs to do that (I DON'T TAKE ORDERS FROM THE THE 85% OF BC-ers THAT WANT A MORATORIUM ON OLD-GROWTH LOGGING). People need to stand up (ACTUALLY SHUT UP) and support each other (DIVIDE AND CONQUER IS THE ONLY GAME IN TOWN)."

Yes, I know, I know, John Horgan is simply a figurehead at the tip of the melting iceberg when it comes to how corrupt and racist the colonial corporate powers remain to this day. Where do we direct our rage when this summer herds of lost Elk invade Lake Cowichan and Duncan, when the smoke from forest fires sickens the air and when Indigenous peoples continue to be persecuted for their defense of their homelands? See how it feels to give him a call at 250-387-1715, but even if you scream loudly or plead in a polite fashion, he will remain deaf to your pleas for sanity.

"Canada" is promoting a holiday for truth and reconciliation this Friday. Many would agree with this statement by Andrew McCloud, a Tyee reporter: "To compensate logging companies and not First Nations is the height of racism." Commit to taking one action, each day in an attempt to mitigate your white settler, generational privilege on this stolen land. See how you feel in a month.



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Marriage Commissioner

The Vital Statistics Agency, Ministry of Health, is looking for an individual to serve as a Marriage Commissioner for Hornby Island. The individual will perform civil marriages within their community on behalf of the agency. Applicants must reside on Hornby Island in order to be considered for this position.

For information and an application form
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Affordable Housing, Denman Island September 2022

OPINIONS

By Denise MacKean

of the year. Find a way to get them to become year-round affordable housing. Any decision of this significance should be taken up by the whole island when we can get comprehensive community input at public meetings. Remember "Preserve and Protect" and "allowable build-out"? Islands Trust areas are unique and march to a different drummer! 🍷

?

By Margie Gang

OPINIONS

September 23, 2022

Ref: 270776

Peter Luckham, Chair
Islands Trust
200-1627 Fort St
Victoria BC V8R 1H8

Dear Chair Luckham:

Thank you for your letter of July 8, 2022, requesting a recommendation to the Lieutenant Governor in Council to undertake a provincial review of the Islands Trust mandate, governance and structure. The Ministry of Municipal Affairs has responsibility for the *Islands Trust Act* and would be responsible for policy work to support any review that may be undertaken. I appreciate that there are a number of challenges facing the Islands Trust that you have identified in your letter.

The recent governance and management review undertaken by the Islands Trust has highlighted a number of actions the Islands Trust can take within its existing authorities to address some of the emerging concerns and pressures, and I encourage you to look at these opportunities. In addition, with local elections being held on October 15, 2022, the ministry wants to understand the perspectives and opinions that the newly elected Trust Council has on the requested review.

I look forward to learning of the measures being taken by the Trust in response to the governance and management review and in relation to the broader issues that are raised in the context of this request for a review of the Islands Trust governance, mandate and opportunities for alignment with the principles of the Declaration Act.

Thank you again for writing.

Sincerely,



Nathan Cullen
Minister



Focus on What Matters

OPINIONS

By Sally Campbell

WHEN my dear mum was in a care home with vascular dementia, she started wrapping things very carefully in Kleenex and then discarding them. Not problematic until it involved her denture. After the 2nd such discard, I spoke to a caregiver. She looked at me kindly and said: "Focus on what matters." That was a wake-up call for me, leading to a deep change of attitude. Those wise and simple words have rung in my ears for many years in various contexts. They took me from a place of fear to a place more calmly grounded in the real world. They continue to help me to see things as they actually are and not be swept away by my fear or discomfort with reality. That clarity was a game-changer and for me, a great example of the many lessons of dementia. Covid-19, with all its ramifications, also has many lessons to offer us, if we are willing to take the learning. A few of my takes:

1. We do better when we work together.
2. We feel better when we reach out and help others.
3. There is deep inequality in our world which desperately needs addressing.
4. The neo-liberal, capitalist system of "us vs. them" cannot and will not save us from disaster. In fact, it has led directly to our current ecological, psychological and social crises.
5. We are not independent of one another and our environment; we, our eco-system, and all the creatures within it are utterly interdependent.
6. Militarism takes money sorely needed for health care, housing, education and addressing the ever more urgent climate crisis.
7. Democracy is necessarily messy.
8. We treasure our freedom.

Let's consider that last statement. Nothing has only one aspect. So, with freedom comes responsibility. Just as with citizenship comes responsibility - to be aware of our country's actions in the world and our role in perpetuating wars, inequality, injustice and climate crisis.

This is a time to invoke that caregiver's words. With so much upheaval and turbulence, the temptation is to distract ourselves, avoid looking at what truly needs attention in our precious world, and fail to take steps to make a difference.

"And the world was silent." I saw this inscription written on the walls of Yad Vashem, the Holocaust Museum in Jerusalem. For Palestinians, those words are particularly relevant, given their legitimate struggle for freedom and equality since 1948. During the formation of the Israeli state, 750,000 Palestinians were dispossessed of their lands, homes and businesses. Those words become even more painful for Palestinians in these days of well-intentioned support for those suffering from the illegal Russian invasion of Ukraine. Israel's oppression of Palestinians is illegal under international law as well. Yet day after day, year after year, Israel's relentless siege continues, with nary a whisper of protest or censure from Canada's leadership.

When will we stop ignoring the violence of the world's only apartheid state, Israel? NDP leader Jagmeet Singh recently issued a bold 13 point set of demands countering Canada's support for Israeli oppression. Facing a

continued on P.12...

OCTOBER 15 ELECT

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...continued from P.11 torrent of criticism from Canada's Israel lobby, Singh deserves written commendation for his courage and clarity.

And to be sure, it is certainly not wrong to support Ukrainians under assault. How can we best offer that support? As hard as it is to face, we need to be aware of Canadian complicity in this war. This is not about "blaming" Canada; it is about seeing things as they actually are and taking responsibility for our part in a horrific situation. Canada, on the record, supports international law and diplomacy, yet is deeply embedded in a militant NATO. As a representative of NATO, then Prime Minister Boris Johnson travelled to Ukraine in March and is reported to have told Prime Minister Zelensky that NATO was not in support of negotiations for peace. Further, he indicated that were Zelensky to continue to seek a negotiated settlement with Russia, the western nations would not be supporting Ukraine. (Canadian Foreign Policy Institute webinar with Yves Engler & Ukrainian-Canadian Political Science Professor Ivan Katchanovski, 22nd August, '22.) If US-led NATO continues to be hawkish, why is our government not abiding by ITS declared values, and pushing for a negotiated peace?

Renowned musician/activist Roger Waters' message on

a World Beyond War webinar (8th August, '22) was clear: we all need to be activists. His mother's wisdom: Look into the question that's troubling you, read & learn, see all sides. Then, do the right thing.

If Ukraine is troubling us, and it should, we can see what Russia wants by learning about Minsk II, negotiated several years ago between Ukraine & Russia, with mediation from France & Germany. Ukraine did not implement its obligations under those signed Accords. Demonizing Putin does nothing to help Ukrainians. We need to reflect upon the US' stated intention respecting this war (Secretary of State Anthony Blinken): to "weaken Russia". Why? For US world hegemony/dominance. How many people will die for this goal?

Where is Canada's courage to dissociate from this dangerous kind of thinking?

And what can we do as individuals? Plenty!

(Part 2 next week) 🍷

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NOTICE OF ANNUAL GENERAL MEETING

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Migrating

by Leyah Kelly

Butterflies, drunk, on
the edge of flowers..
know where to go and
how to come back...
They must have a secret
jet stream..
soft and light..
Sweet
Songbirds have that
ticket ...
clever little creatures
sing their way south.

The New World

by Thomas Provençal

Considering the methods
utilized to claim this land
modern politicians have
no leg on which to stand.
Natives helped the Europeans
find their food and cope
with all the New World's mysteries,
filling them with hope.
In return they cheated
writing treaties wrought with lies
and stormed their reservations
killing midst the children's cries.
MacDonald, Lincoln, Washington,
all have bloodied hands,
encouraging destruction
of all the native bands.
Genocide atrociously
committed under law.
White boys were acquitted
when they raped a passing squaw.
The insult of Mount Rushmore,
a holy native site,
where sculptures of assassins
overlook the people's plight.
It's hard to stomach all the shite
we've put these people through,
backed by military might
that cuts the trust in two.



Jacobus Grond

June 18, 1927 – September 10, 2022

Jacobus (Jake) passed away at home on Hornby Island, British Columbia on Saturday, September 10th, 2022, in his 96th year. Loving father of Robert and his wife Christine of Toronto, Helen of Hornby Island, B.C., Nel and her husband Graeme Bain of New Westminster, B.C., and Bruce and his wife Paula of Hamilton. Cherished Opa of Kathryn, Jennifer, Laura, Léa, Lily, Jasper, Jac, Austin, Celeste, and Aurora. Great-grandfather of August & Roman. Predeceased by his beloved wife Wilhelmina (Willie) Grond; by his parents Petronella and Alfons Grond; his son Jim, son-in-law Steve McGrath; and brothers Theo, Jan, Ignace, Fons, and sisters Agnes & Annet.

Jake was a very loving and wise man, and a caring father, grandfather, and friend. He was born in Heerlen, Netherlands June 18th, 1927. He served in the Dutch army in Indonesia prior to immigrating to Canada in 1951, where he met his dear wife, Willie, in Toronto. Jake and his family lived on a farm in Bentinck Township, Ontario from 1961

to 2010. He was a past president of the Durham Horticultural society and a volunteer at the Rockwood Terrace. Jake worked for many years at the Durham IGA and at Interforest. His true labour of love was running the family farm. Jake was a talented painter and toy maker. His fondness for history and storytelling was unmatched. He was always appreciative of a hearty family meal, and lively discussion. He most loved being in nature, and often enjoyed bird watching and walking the trails in the Allen Park Conservation area. Jake will be remembered for the love that he had for his family, his cheeky sense of humour, and the remarkable courage he showed throughout the many adventures in his life. He will be, without a doubt, dearly missed.

A special thanks is extended by the family to the medical and home support team on Hornby Island that made it possible for dad to spend the last two years of his life at home with his family. These tireless and compassionate professionals became dad's dear friends and his care was often accompanied by riotous laughter and song. Dad did not fear death but looked upon it as an adventure and was absolutely excited at the prospect of reuniting with all of his departed family members. He was the last of his generation to make that journey.



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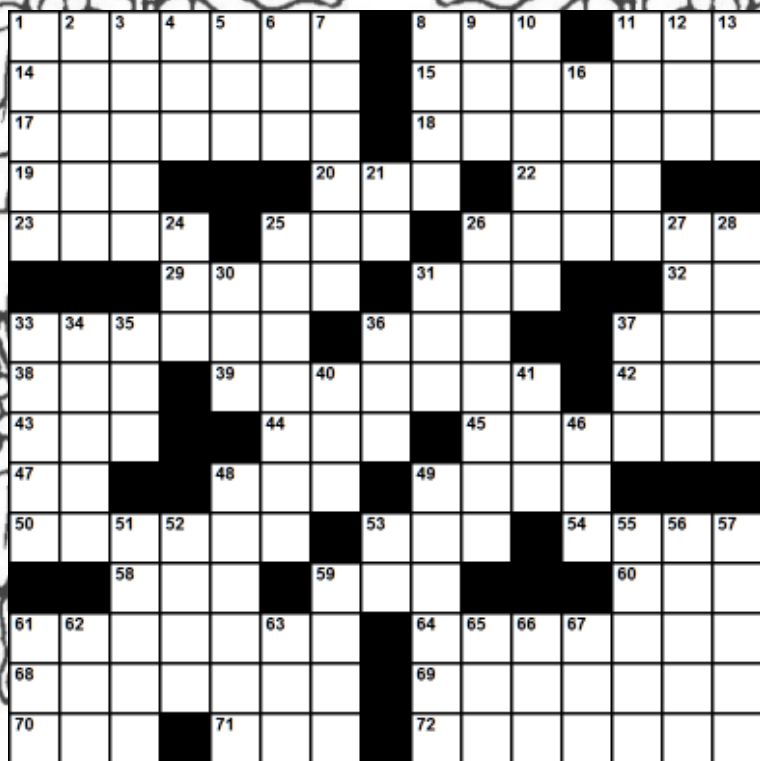
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Grumpism



“I lost my restaurant job because I couldn't slice the condiments properly. I just didn't cut the mustard.”

• LAST WEEK'S ANSWERS •

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APPLIANCES FOR SALE. Ranges, washers, dryers, fridges, dishwashers, gas/electric range. All fully restored and come with a full six month warranty. Call Rick Graham 335-0954.

WAGNER FIREWOOD. 2 cords to Denman, \$610 plus GST. Hornby, \$630 plus GST. Text or call Scott at 250-334-7323

• **LOST&FOUND** •

FOUND CARPENTAR'S LEVEL phone 250-335-1430 to id

• **COMMUNITY NOTICES** •

ALL CANDIDATES MEETING: Hornby Hall, Sun., Oct. 2. 10:30am: CVRD Regional Director Area A candidates. 12:30pm: Hornby Local Trustee candidates. Everyone welcome to bring questions and concerns. Hosted by HIRRA.

THERE WILL BE A ZINE (mini memoir) release party in the back hall Friday August 30th Potluck 5:30ish (we can use the kitchen to heat stuff), zine talk and reading 7ish, dancing to a queer anthem playlist starts 8 All welcome. Serendipity Uprising

COMOX VALLEY TRANSITION SOCIETY EMERGENCY CRISIS LINE: 250-338-1227 or Text: 250-218-4034 For more info visit <https://cvts.ca>

COMMUNITY SERVICES FROM DENMAN WORKS Projector and screen: Book with Abraxas Books and Gifts 250-335-2731 abraxas9@telus.net Zoom meetings (unlimited time and free recording): See denmanworks.wordpress.com/contact/

PLAN H Questions - Community Information Meeting

Hornby Island Housing Network has received \$15 000 to compile a community health profile for Hornby and Denman Islands. The goal is to create a data base for social planning on both islands.

You are invited to hear more about PLANH funding, the partnerships for this project, and to contribute our ideas about how this data base can be useful to your organization.

September 29, 2:00 to 3:00 pm, The Lounge, Activity Centre, DI

For more information, please email April Lewis (aprilslew-is42@gmail.com) or James Leslie (jamesleslie@telus.net)

• BUSINESS DIRECTORY •

• (H) Hornby • (D) Denman • (UB) Union Bay •
• (FB) Fanny Bay • (C) Courtenay/Comox •

• ACCOMMODATIONS & RENTALS •

- Denman Activity Centre (Seniors) Rentals 335-3027 (D/H)
- Denman Community Hall Rentals 335-3027 (D/H)
2 halls, commercial kitchen, new sound system
suitable for concerts, plays, meetings, weddings, etc.

• REAL ESTATE • INSURANCE • FINANCIAL SERVICES •

- Bente Pilgaard, RE/MAX The Islands 335-2510 (H/D)
- Cloutier Matthews LLP, Chartered Professional Accountants 338-7367 (All)
- Donna & Jenessa Tuele • Royal LePage Hornby 335-1720 (D/H)
- Sylvie Schroeder • Royal LePage Denman Island 335-2551 (D/U)

• BUILDING • CONSTRUCTION •

- Aquarian Systems • Water Cisterns • Ed Hoepfner 335-2037 (D/H)
- Cal's Bobcat Services • Auger, Grapple, Rake 613-447-8873 (D/H)
- Roc-Isle Drywall, Harvey Hodgeins • 35 yrs exp. 'certified' 334-4776 (D/H)
- Seaside Electric • Licenced, Bonded & Insured 702-0570 (D/H)
- Tandem gravel truck & transfer trailer • Grant Morrison 335-0702 (D/H)
- Shel Brodsgaard • Excavation & Services • 250-703-3898 (D/H)
- Excavator/Backhoe/Tandem Gravel Truck • Kenny Mather •
250-703-6512 (All) • John Isbister • 250-335-2565 (D)
- Ray Ulovec • Backhoe/Excavator Septic Installation • 335-3145 (D/H)
- D.L.J.M. Holding's LTD Excavation/Landscaping • Dakota
• 250-650-2593 (All)
- DB Excavations • Dorianbaker56@gmail.com • 250-465-1889 (D/H)

• SERVICES •

- Denman Works! • Tony Gresson 250-335-0287 denmanresource@gmail.com (D)
- Peter T. Mason • Land Surveying 757-8788 (All)
- Tree Service • Darian Chase • Arborist 218-0404 (All)
- Music Lessons & Piano Tuning • Scott Knight 604-779-9335 (D/H)
- Able & Ready Septic Pumping Service • 250-338-8822 (D/H)
- Home Town Shredders • Document Shredding • 334-7111 (D/H)
- Bottled Water Delivery • DenmanWater.ca • 250-228-7161 (D/H)
- Florist-Keep Floral (Emma) • 250-335-2746 (D)
- K9 Grooming, Boarding & Training • info@4pawseducation.com
250-335-1968 (D/H)

• HEALTH & WELLNESS •

- Acupuncture • Margot Davey, R.Ac • 778-992-0165
- Acupuncture • Jenny McCartney, R.Ac • 250-508-8160 • www.
heartwoodacupuncture.ca (D/H)
- Physiotherapist • Acupuncturist • TCM Herbs • Carmen RPT, RTCMP
335-2260 (D/H)
- Massage Clinic • 2796 Northwest Rd. • Leah Kelly 335-2584 (D)
- Chiropractic Care on Fridays • Dr. Dawn Armstrong, DC 465-8482 (D)
- Magnoliahealing • Deep Tissue Body Work • Kelly Hyllesfod •
1(250) 650-2405 (D/H)

FORTNIGHT EVENTS

THURSDAY 29

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE 4-7pm
- FOOD BANK 4-7pm
- FREE STORE 5-7pm

FRIDAY 30

- AA Meeting DI United Church 7pm
- Dora Drinkwater Library 1:30pm-3:30pm

SATURDAY 1

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FREE STORE 9-Noon
- FARMERS MARKET Old School 9:30-12:30
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 2

- AL-ANON United Church 7pm

MONDAY 3

- Dora Drinkwater Library 1:30pm-3:30pm

TUESDAY 4

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 5

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm

THURSDAY 6

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE 4-7pm
- FOOD BANK 4-7pm
- FREE STORE 5-7pm



FRIDAY 7

- AA Meeting DI United Church 7pm
- Dora Drinkwater Library 1:30pm-3:30pm

SATURDAY 8

- RECYCLING CENTRE 9-5pm
- BOTTLE DEPOT 9-5pm
- FARMERS MARKET Old School 9:30-12:30
- FREE STORE 9-Noon
- Dora Drinkwater Library 1:30pm-3:30pm

SUNDAY 9

- AL-ANON United Church 7pm
- ST. SAVIOUR'S CHURCH 10:30am

MONDAY 10

- Dora Drinkwater Library 1:30pm-3:30pm

TUESDAY 11

- Dora Drinkwater Library 1:30pm-3:30pm

WEDNESDAY 12

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- Dora Drinkwater Library 1:30pm-3:30pm
- HIRRA Zoom meeting 7:30pm

THURSDAY 13

- RECYCLING CENTRE 2-6pm
- BOTTLE DEPOT 2-6pm
- CAP SITE 4-7pm
- FOOD BANK 4-7pm
- FREE STORE 5pm-7pm

Mette Mey Andrea Schaal
Art Show for October

Art Walk Saturday 1pm
start @ Bistro



OPEN 8 TO 3 DAILY CLOSED MONDAYS.
BISTRO OPEN 7-7 FRIDAYS - 7-9 SATURDAYS
ESPRESSO DRINKS, BULK STORE, FROZEN DINNERS AND POT
PIES, CALL TO ORDER SANDWICHES
250-332-688

MESOPOTAMIA 5TH MILLENNIUM B.C.

